



GOOD
LOOKS
ARE ONLY THE STORY

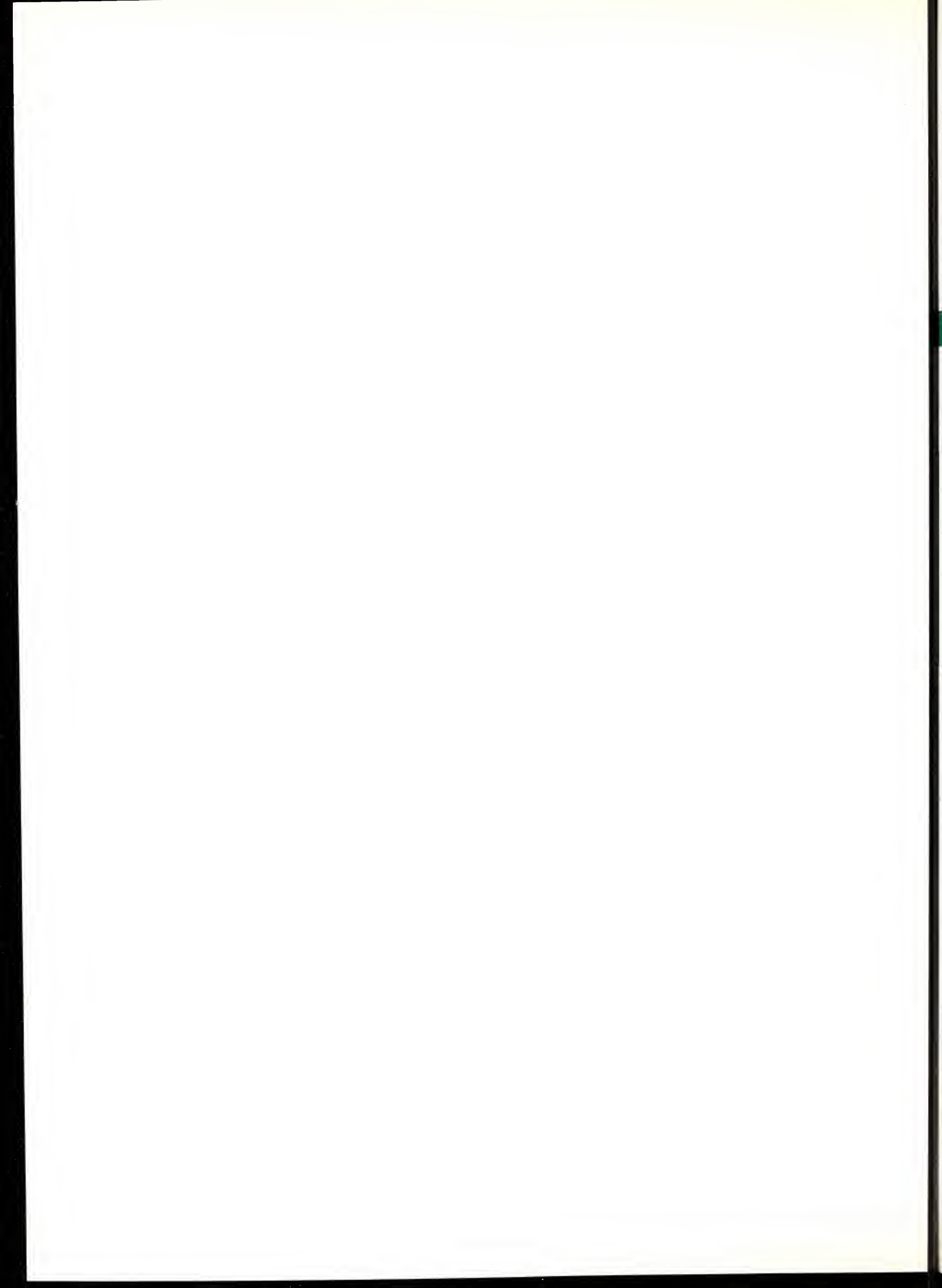


THE INSIDE STORY

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RANGER
REGIS COLLEGE
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GOOD
LOOKS
ARE ONLY
HALF
THE
STORY

The Ranger Station wasn't just a place to socialize and relax, many students including junior Jeff Wentworth took advantage of the humorous video games during his spare time.



GOOD LOOKS ARE ONLY HALF THE STORY

When you think of Regis College what do you think of? Do you think of the image of Jesuits teaching students or of a school close to the mountains where skiing is only a few short minutes from campus? Do you think of how nice it would be if your classes were small or if you knew everyone on campus? What about how beautiful our newly renovated campus looks, or how active our students are in the community? Well, we hope not. Regis is much more than what you see and for those of us who go here . . . Good Looks Are Only Half the Story.



During his accounting class, John Moore receives help from Dr. Bob Lacey. Students often took advantage of extra help from their instructors either during class time or during office hours. Tutoring programs were also available through individual departments or from volunteer students.



There wasn't much time to relax during Fall orientation festivities but Nancy Obrian and Paris Loyle take some time out to talk over their class schedule.

For many students, Good Looks Are Only Half the Story. Here at Regis we pride ourselves on the people who make Regis what it is. We are not just pretty faces that stick out of crowds. We don't all own exotic cars and houses on the coast, and we don't all have expense accounts. But rather we are students who wish to make a difference with our lives. Regis offers students the guidance and leadership that is required to make it in this chaotic world. While there are 1100 different stories to tell, each one is the reason why they are at Regis today.

It was a sight to see sophomore Vicki Hillman a saint representative and Taran Freitas watch the new freshman class play acquaintance games. A majority of the orientation activities were held on the quads. The activities sponsored by play air and a barbeque were held in the quad.

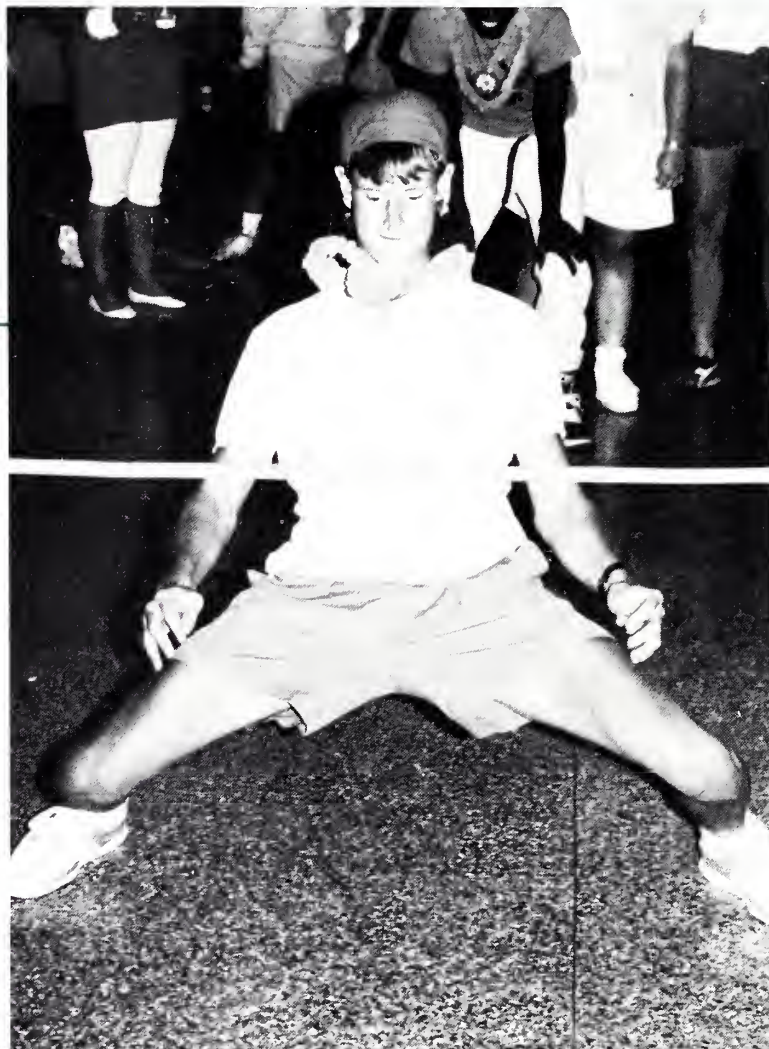


GOOD LOOKS ARE ONLY HALF THE STORY

Although many could get the wrong impression by looking at the campus—impressions such as a country club are not uncommon—there is definitely a story to tell within the campus walls.

This year was different for many reasons. The incoming freshman class was one of the largest in years. Returning residents found their convenient mailboxes located in the residence halls were moved across campus to Main Hall. Another significant change was resident hall leadership with senior resident directors taking charge of building events.

It was a blancing act as well as a strain on the stomach muscles but for John Stewart the limbo game was a success with the help of supporters at the Hawaiian dance held in early September. The Hawaiian dance was held as part of the welcoming and orientation weekend. Many of the incoming freshmen and transfer students took advantage of the time to get to know one another.





When he wasn't in class Chris French takes time to look over his beginning Spanish assignment. Students can be found studying in the Boettcher Commons by taking advantage of the unseasonably warm weather to study and play outside.

Resident hall changes weren't the only changes students noticed when they returned in August. Colonial light posts were installed adding much needed light to the quad. Whatever reasons students had for attending Regis, they most likely found many underlying stories. Some stories were worth repeating and spreading and some weren't. Most would most likely agree that there were plenty of good stories to tell. Though each year there were changes, some would complain about the change some would welcome it. But whatever changes most would agree, Good Looks Were Only Half the Story.

At the starting line Lee Smith and his special games partner prepare for the Wheel Chair game. The Special Games day was a success with over ninety kids coming to participate from around the Denver area.



GOOD LOOKS ARE ONLY HALF THE STORY

With parties almost every Friday night and games in the resident halls there always seems to be something going on every night of the week.

"When I get through studying in the late evening, there's always something to see or do on campus, whether its a movie in the amphitheater or go to Thursday Thrills," sophomore Will Smoak said.

Although there always seemed to be scheduled-in events, there were a lot of events that were unplanned or unscheduled.

"We have parties for almost any reason, usually on Friday night," senior David Cummings said. "People have a great time, before the cops come."



It was a blancing act as well as a strain on the stomach muscles but for John Stewart the limbo game was a success with the help of supporters at the Hawaiian dance held in early September. The Hawaiian dance was held as part of the welcoming and orientation weekend. Many of the incoming freshmen and tranfer students took advantage of the time to get to know one another.



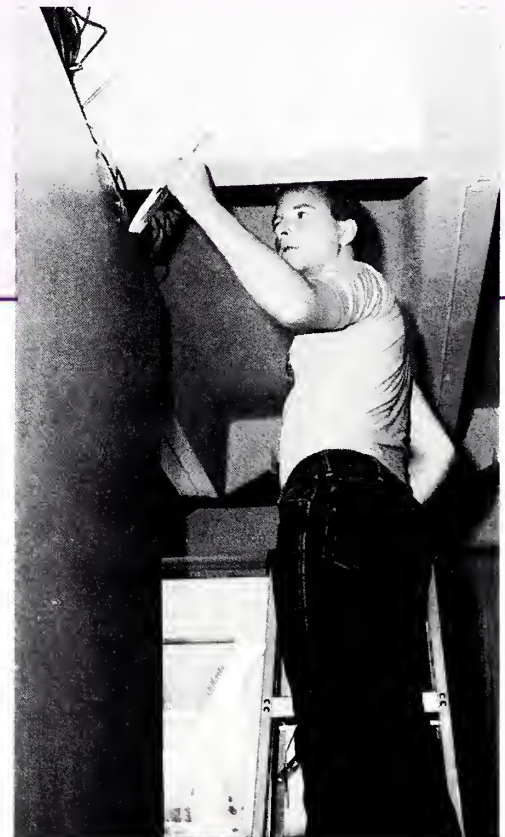
Phones could be heard ringing throughout the residence halls. Freshman Shannon Kerr's phone was not exception.

Although partying was a major part of the student and campus life, some students could be found attending certain events around Denver.

"Me and my roommate like to go to the downtown 16th Street Mall and see the Christmas Parade of Lights," senior Naoko Mori said.

While activities off campus kept many students busy there were also plenty of things to do on campus. One of the more popular events was the roommate game held in early November. Other popular events included resident olympics and enjoying the Life Directions Center.

One of several summer renovations was the painting of the computer labs. Computer technician Chuck Steigerwalt puts the finishing touches on the lab.



It was a Hawaiian dance combine with a mainland flair. Sophomore's Wendy Hayes and Dana Boyd dance to the latest rock music.



At fall orientation Father Adam Bunnell leads a group of students in a discussion that was geared to get students acquainted with each student.

Moving into a home away from home a student moves his personal belongings into DeSmet Hall.





O

rientation

Fall Orientation introduces students to Campus Life

They arrived with anticipation, with fear, and with confusion. The class of 93 had come to Regis College. The campus offered a warm, hospitable environment, trying to ease the initial adjustment procedures. Most of the Freshman, as well as the new Transfer students found this to be quite comforting. It all began with the long process of moving into their new homes, meeting roommates, and just getting situated. Soon afterwards, special connect groups were formed; pairing up the students of 8-10 with their academic advisor and an upper-classman peer. A highlight of the Orientation was Playfair. Playfair is a national tour that specializes in letting new people meet new faces. Other events included in this year's Orientation were: Bar-b-ques, Hall meetings, a trip to Elitche's Amusement Park, the Orientation Banquet, a community mass, and of course, placement testing.

Also, available for Parents throughout Orientation weekend, was the popular Hospitality suite located in the West Hall lounges. Here, Parents were able to relax while their son's and daughter's participated in various orientation activities. All things considered, Orientation came over very well. The SAINTS (Students Assisting Incoming and New Transfer Students) were a great help during the entire weekend. They truly helped make it the success that it was. The students who participated in the Orientation seemed quite impressed and satisfied. Shannon Tacy, freshman said "It was fun!" Shelly Gagnon, a sophomore transfer thought "it was very well organized since I've been through it before at my other school. Actually it was better organized." Greg Arana, a junior transfer, said "I learned a lot of new things about the college."

LIFE GOES ON

for

ORIENTATION



S

pecial Games Day

75 handicapped kids come to play games and eat

You always hear about Special Games sponsored by some group or organization that are held throughout the community; this year one did not have to venture far to hear of these events because it happened right here on campus. On October 1st, 62 physically and mentally handicapped children arrived on campus to participate in the first annual Special Games Day.

The idea for this came up from last year's freshmen leadership retreat where they had to build an organization or club from start to finish. Sophomore Sam Patterson stated, "I was really surprised how much interest and concern for handicapped people there was." Between eighty and one hundred students volunteered their time to be paired up with a child and act as their coach.

The students were asked to have already have spent some time with the child they were paired up with, so the child

would feel more comfortable and have more fun. After a few minutes of time to get reacquainted, each child received a free T-shirt from Coors, and then it was off to the activities. There was face painting, an obstacle course, softball toss, 50 yard dash, and plenty of drinks for everyone throughout the day. As the afternoon drew to a close, all who participated were treated to free bar-b-que and music. It was really incredible to see the relationships that had grown in only a few short hours.

For many students this is the first opportunity they have had to be exposed to these special children. Over all the feeling was of success. Many students can't wait for Special Games Day next year. Director of College Relations, senior, Greg Kolomitz said "The students were involved because they generally care. Students had just as much fun as the kids."





After taking advantage of the tennis toss Molly Firth and her Special Games day child stop to talk to Hamburgler.

Along with the freesby toss and wheelchair race Special Games participant Maggie Polombus gets her face painted by junior Don Connor at the first annual Special Games day.

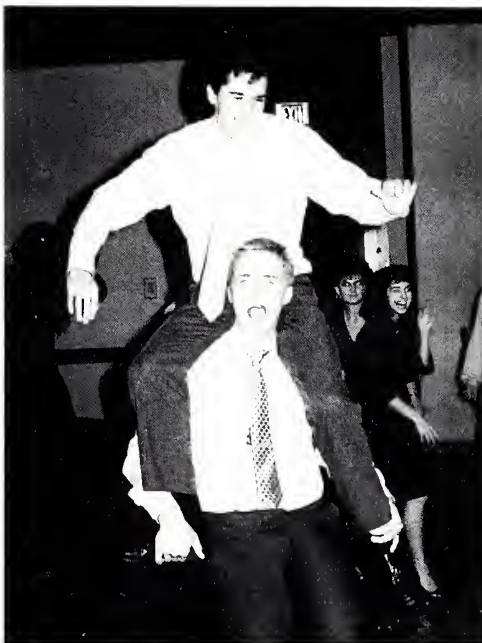
LIFE GOES ON

for

SPECIAL GAMES

As the night wore on at Fall Frolic junior Kevin Kearney and sophomore Mike Lynch entertain the crowd on the dance floor with some original moves of their own.

After spending most of the evening at Fall Frolic on the dance floor sophomore John Findley, freshman Maureen Kelly, and Allicia Swanson stop for a breather before hitting another song.



Junior Libby Hintz, and Junior Carlos Muhletaler had no problem kicking their heels up at the annual Fall Frolic dance held at the Downtown Marriot.



F

all Frolic

First dance kicks off the fall season

On the night of September 29, 1989, as the sun began to set, the men and women of Regis College began the transformation from the average student to sophisticated adults. The purpose of the transformation was this year's Fall Frolic.

As the night went on, the streets of down town Denver became blotted with Regis College students as they made their ways from dinner, to the Downtown Denver Marriott. One student commented "That although we do not have a football team, Fall Frolic makes up for the lack of a homecoming dance."

This year's dance had a very good turn-

out and everybody seemed to have a good time. The music ranged from classic rock to new wave and gave students the chance to dance to music that is not at many other dances.

Fall Frolic had a little more meaning this year because the outcome of damages would determine whether or not there would be other off-campus dances. Even though there was some common area damage, the college was not charged for anything! This year's dance turned out to be an evening of fun, excitement and good times for all.

LIFE GOES ON

for

FALL FROLIC



R

esidence Games

Competition heats up between residence halls

It was a sight to see, residence from all three halls gathered together to fight for the title of 1989 champions. The sack race along with an egg toss, two legged race were to name a few.

It was a wam sunny day on September 22; the sunny bright day was ideal for the tense competition. In the sack race, West hall came in first place with 500 points followed by O'Connell with 300 and DeS-met trailing with 100 points.

Although West came away as the big winner of the events, both O'Connell and DeSmet gave West a run for their money. In the three-legged race DeSmet came out with 500 points while O'Connell and West trailed 300 to 100 points respectively.

The olympics which are held annually are intended for students to get to know each other and to create a team-like atmosphere.

LIFE
GOES ON
for
Residence Games





The competition was rough during the residence olympics, but sophomore Wendy Leonard and dorm counselor Stephen Belt get ready for the tug-a-war.

Trying his best to keep his balance Freshman Tony Montez strives to hop toward the finish line in the sack race at the residence olympics.



P

ub Activities

Weekly pub event offers on campus party

The Ranger station, the Regis College Pub, is the site of many social activities and get-togethers. Thursday Thrills is held there nearly every Thursday. Students can enjoy a warm and friendly atmosphere in the pub. One student exclaimed: "It is a place where you can go to unwind after a tough day. It is almost like a real bar, except better . . .". This seems to be the general consensus on campus. "I feel the pub activities have been successful even though they lack turn-out" remarked one student about the shows and activities held in the pub. One problem that has occurred this year is that too many activities have been scheduled either at the same time, or back to back. Many students would like to go to most of these events but are unable to because they can't afford the time. The best example of this was during Women's

Week when these forums were going on the same time that Home Boy's Week events were occurring.

It really is a great place, housed in the Student Center, students can go "unwind", while eating Pizza and enjoying company. 3.2 beer is sold to those students over 21 or who meet the "grandfather clause". Another student said, of the Ranger Station: "It really doesn't matter that everyone can't drink, it's just a place to go and hang out, and be with your friends". The pub not only houses Thursday Thrills, but also such events as Monday Night Football, and special residence hall dinners. Any of the Clubs or organizations are also able to use the pub for their social events that they are required to sponsor. The Pub is a different kind of place where you can go to "eat", "drink", and "be merry!".



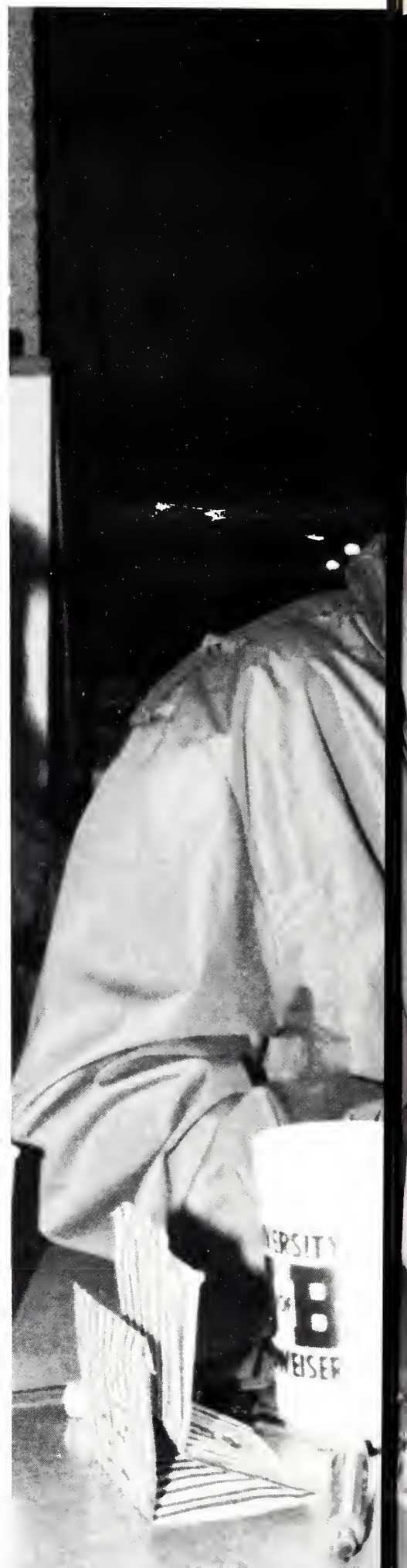
Thursday Thrills was often a time to listen to amateur comedy works or concerts. Or for those who are of legal age to drink. Juniors Eric Hemmer and Jeff Harris laugh while listening to an amateur comedian.

LIFE GOES ON

for

PUB ACTIVITIES

When he wasn't collecting a dollar at the door sophomore Stephen Maloney makes posters for a Thursday Thrills.





Activities in the pub were sometime lively and sometimes not. Sophomore Terry Bell takes a breather while listening to a comedian.

Freshmen Christina Ramirez, Gus Findorff, and Kathleen Rozmiarek enjoy the Roomate game at Thrusday Thrills. Although none of them participated in the event, they all had fun watching their friends on stage.



A

lcohol and Drugs

Awareness weeks make students aware of drug and alcohol abuse

You couldn't miss the totaled light blue Honda Accord right in the middle of the quad. The car, a result of a drunk driving accident was donated by a local wreck-age company. The car was a harsh reality that carried a strong message, one that brought about quite a bit of controversy on campus.

"A lot of people had mixed feelings about the ideas of our displays (both a coffin and a totaled car) but I think it had an eye-opening effect on the campus. Some people were upset at the displays because it brought some of the experienced death in their families close to home," Shantel WoonSue said who is a work study for the Career Counseling Department.

The week was organized around these visual displays, as well as various round table discussions, movies (such as "Clean and Sober") and Thursday Thrills activities. "We served non-alcoholic drinks ("mocktails") in the Pub and it was a real success," commented Shantel.

While Alcohol Awareness Week stirred up a lot of emotions, Drug Awareness Week wasn't much different. Each week was designed to make students more aware of their surroundings, their choices, and their consequences when drugs and alcohol are involved. All of the events held were effective in making Regis students think a little longer about these serious drug issues.

"Many people were stirred up because it was so realistic," Shantel said. Drug Awareness Week also provided movies, such as "Less Than Zero". "The movie was shown to show the effect of drug abuse on kids our age who are very wealthy," Shantel said.

One of the biggest attractions during Drug Awareness Week (and possibly the most effective message) was the performance by the magician Bob Fellows. A major part of his act was hypnotising students and having them experience how it felt to be in a different state of consciousness.



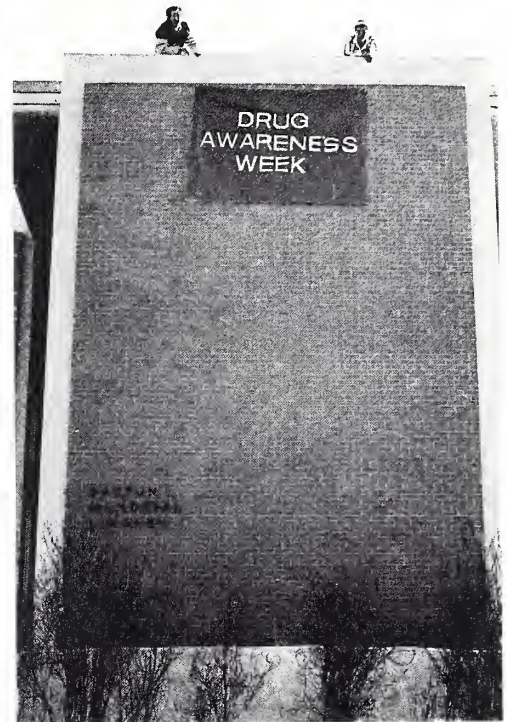
Magician's Bob Fellows presentation was one of the more popular presentations during Drug Awareness week. Mr. Fellow looks at a key given to him by sophomore Luzmarie Gimencz and attempts to bend it mentally.

LIFE
GOES ON
for
AWARENESS WEEKS

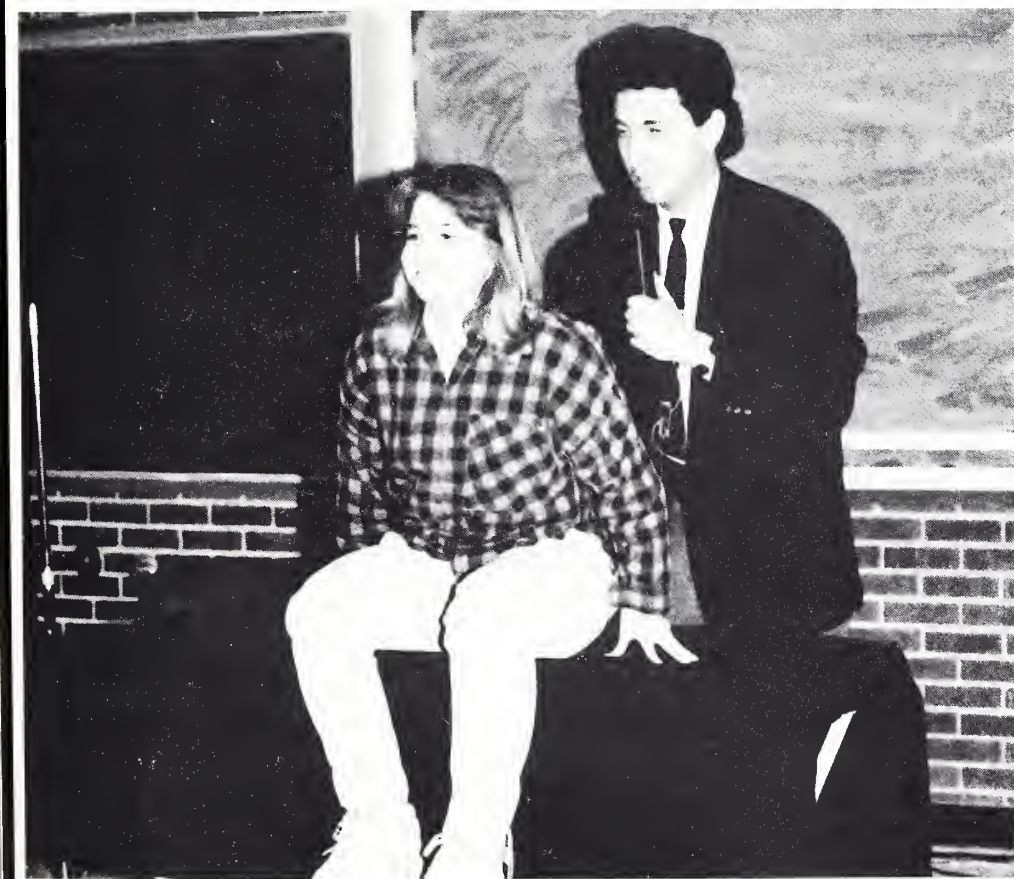


The Honda Accord was the most visible sign that Alcohol Awareness Week was here. Many students protested the visual aids that the Career Counseling department used.

In perfect view, a huge sign hung from the Dayton Memorial Library kicking off Drug Awareness Week in late February.



Falling victim to levitation, freshmen Christi Strickland prepares to be levitated by magician Bob Fellows during Drug Awareness Week. The act was one of the most popular put on by the magician.



L

eadership Retreat

Retreat offers class leaders additional leadership skills

The campus was quite, the sun was shining, and summer had not yet come to an end . . . at least not for most. However, for the leaders on campus, things were starting up a bit early. This year was the first year for all the leaders on campus to get together before school started to discuss issue that would be important to the up-coming. This retreat was an opportunity for the executive board to get to know those people who would be most influential to the Regis Community. Senior Julie Ford stated "The retreat was a great concept: it brought everyone together before the year started." For many who attended, the feeling was much the same. Junior Robben Edelmann said " It the retreat was a great experience and a great way to start off the year."

The main purpose for the retreat was for all the leaders on campus to set some

goals that they felt were the most important to the Regis community. The group managed to come up with three goal that they felt were most important. The first goal was to improve administration-faculty-staff-student relationship, the second goal was to improve communication among student leaders, and the third goal was to make General Assembly more issue-oriented. After setting these goals the leaders on campus spent the remainder of the year working towards those goals. Sophomore Jenelle Martin commented " zthis is a perfect example of how excutive board is working with students and how the leaders on campus work together to make Regis a great place to be."

Drawing stereo types of modern society leadership member John Findley draws a picture of Mexian culture in American society.

LIFE GOES ON

for

LEADERSHIP RETREAT





Outdoor events were a major part of the leadership retreat. Senior Lisa Moore climbs rocks during free-time at the retreat held at Estes Park, Colorado.



Pretending the ground is an acid swamp with Teen-age Mutant Ninja Turtles, members of the leadership group practice blancing and teamwork skills at the summer leadership retreat.


While riding her stationary bike at the fitness center freshman Tana Travillo and Thesesa Bartlett adjust their bikes and read magazines.

Doing two things at one time freshman Monica Lemieux reads the latest issue of Glamour while riding a stationary bike.

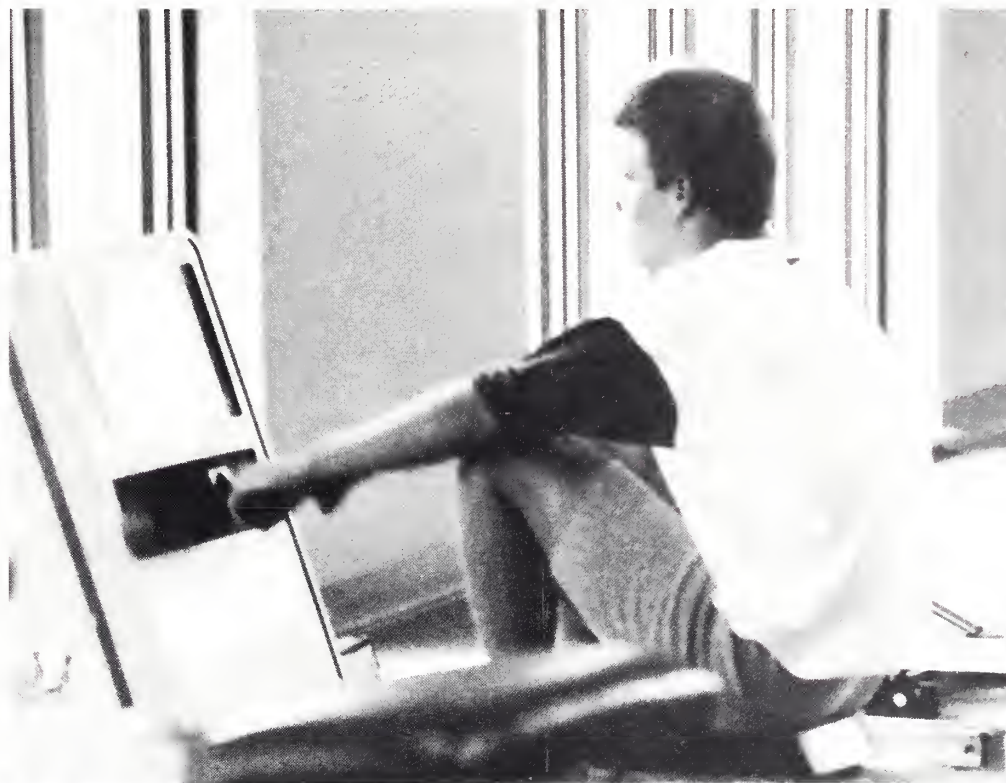


LIFE GOES ON for FITNESS





The computerized rowing machines are just one type of equipment that is computerized in the fitness center. Freshman Dan Vinnola prepares for a series of laps.



Fitness Student's take advantage of wide-range of equipment

Just like everyone else across the country, the Regis College Community is getting into the "Fitness Craze". With the addition of the Coors Life Direction Building, it is more prevalent than ever! As one student said, "It makes it almost TOO easy to not get in shape." And that is the general feeling around campus. Freshman Nora McAndrew said "It made me feel obligated to get in shape." With revised hours, to serve the community better, the "Wellness Center", is finding itself being very actively used. "It's a great asset to the college" states Senior Liz O'Flaherty. For many students, the Fitness center is a great place to go and work-out after a long day of classes. Some students even work out as early as seven o'clock in the morning, this helps them get a better handle on their day. No matter when you work out, the Fitness center is a great place to relieve the

stresses of college and get your mind off all the homework you still haven't done.

Aerobic classes are held daily, as well as full-time staff of trainers. The Fitness Center is equipped with everything you would need to help you lose weight or just tone up. With the computerized nutra—calc you can find out how much nutrition you are getting in the foods you eat. There are old concepts such as free weights and, Cybex Eagle equipment, mixed in with the new; the Life Cycles and the computerized Life Rowing machines. The Fitness Center is equipped to grow with the changing times. There is plenty of room to add new equipment as it becomes available. Also housed in the Coors Life Direction Building are the hot tub and meditation room. These allow for a cool-down and relax after exhilarating work-outs. So, keep in shape and keep up with Regis!

L

ibrary

Dayton facility serves as a haven for students

It was quiet Monday evening, a few sounds could be heard in the far corner in the library. On the other side, students could be seen checking out books and other materials for research projects.

Many of the students used the library to find information ranging from biology to literature. Along with the periodicals and magazines are also computer services such as Info-Trac and automated card catalog services.

"The collection of volumes they have and the ability to network with other libraries for the things they (Dayton Memorial Library) don't have," Senior John Fennell said.

Finding the right book or trying to figure

out the computer system was often a bit trying for some. According to senior Steve Clemente having the help handy was a great advantage. "The people who work in the library are great. They assist you above and beyond what is required."

While many of the students used the computers many also used it for the media services it offered. The media center houses many educational films that teachers and professors often required for homework assignment.

"The media department is awesome because they have many talents and equipment to assist in any type of production," junior John McDonald said.

LIFE
GOES
ON
for
LIBRARY



Looking up some information on the Info-Trac System sophomores Dave Pinsinski and Tina Closken search for additional information on a class report.

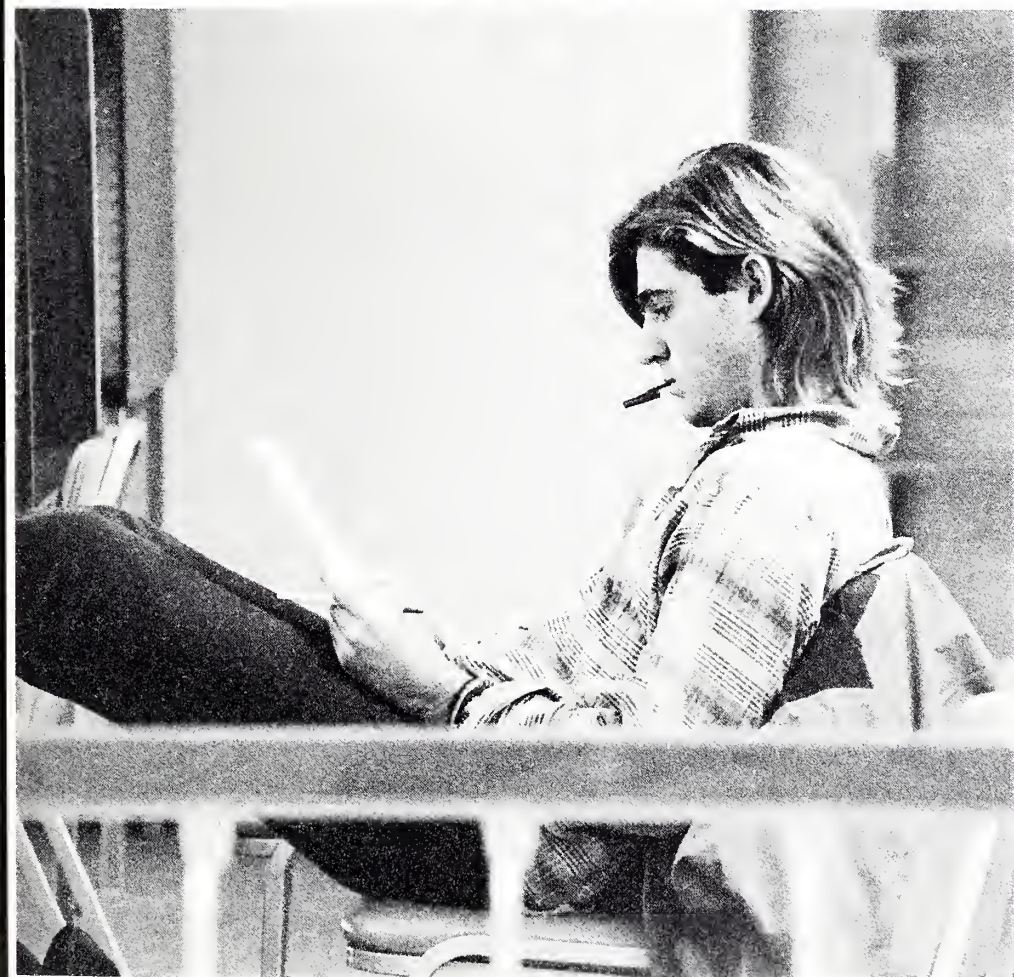


Study groups could be found almost in all corners of the library. Junior Beth Stone and sophomore look over data compiled from the Carl System.

After looking at several books freshman Amy Morrison finally chooses a book for her class project.

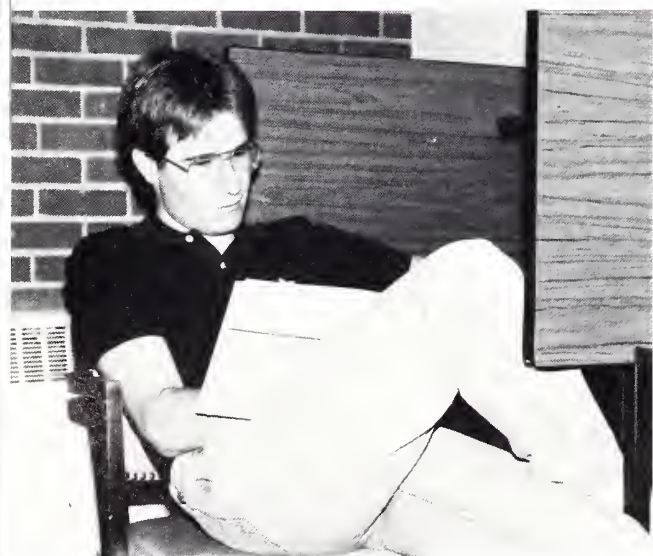


Studying in the library was often a quiet alternative to the residence halls. Junior Javier Canto looks over the final copy of a research paper.



Often with minutes before class begins students could be seen frantically running about in the halls. Freshman Kendra Mondragon combs her hair before going to class.

Laundry was a dreaded time for many. For sophomore Nick Jackson the laundry pile is his dorm room because to much to bare. The laundry chore wasn't just sperating whites and darks but trying to find enough quarters.

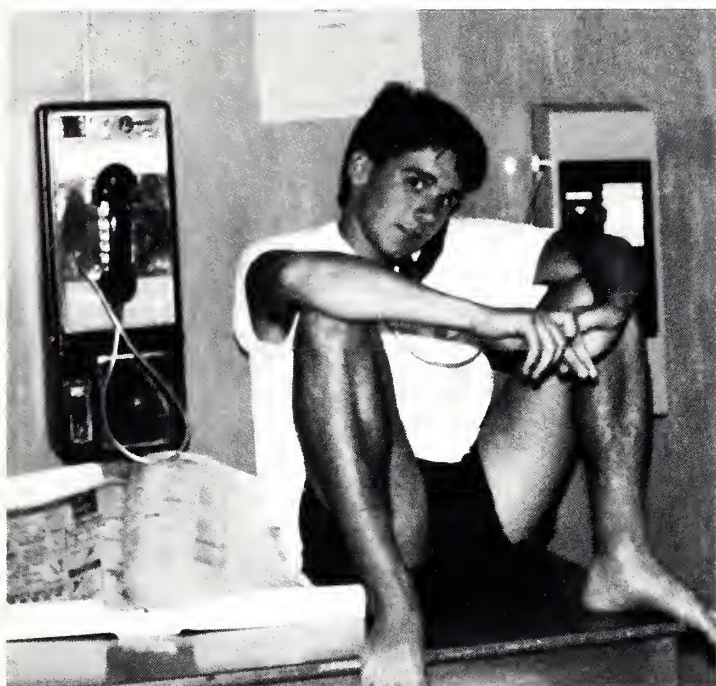


Taking a heavy load, junior Tom Newton prepares for a psychology exam in the DeSmet Hall study lounge. The stuey lounges in all three lounges were often filled with students.



If students didn't have phones in their rooms, many depended on the pay phones in the dorm lobbies as their link to the outside world. For freshman Corrie Callenbach he talked to a friend back home.

Taking advantage of neighbors academic ability, junior Greg Arana helps freshman Chris Johnston on his biology in the O'Connell study lounge.



LIFE GOES ON

for
RESIDENCE HALLS

R esidence Halls Halls prove to be flurry of action

With stereos blasting and fire alarms going off frequently, the residence halls buzz with activity.

The students have many opportunities to learn the ins and outs of coping with people from all over the world. In addition, residents have a chance to find out that living on campus has its complications and advantages. "It's just too much to be around students twenty-four hours a day," said junior James Flanagan.

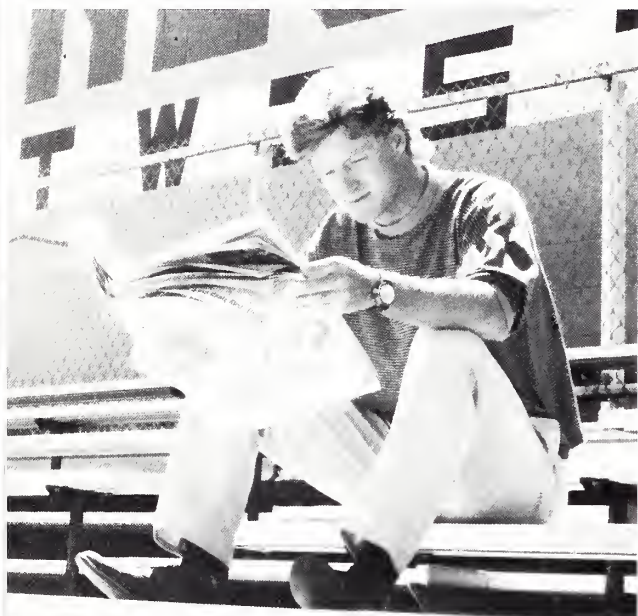
However, people who do like living on campus realize that getting to class in six minutes or less can be very convenient. Transportation is never a problem. "I don't have to brush the snow off my car to get to school," said Naoko Mori, a senior.

Some people also like living on campus because the constant surroundings of students can encourage them to find study groups or get help from friends on difficult assignments. Many students are seen studying together and exchanging notes to prepare for upcoming tests.

People that have the experience of living on campus understand that being close to college life enhances their ability to become active with many campus organizations. This spirit keeps the residence halls full of activity, and the halls will continue to buzz as students strive to enjoy residence life and acquire new friendships.



Community Service Coordinator Todd Waller takes a few moments to catch up with the news before heading out to down town Denver to feed the homeless.



Packaging cheese and ham sandwiches senior Kathleen Beutner along with other volunteer prepare to haad out and personally feed the homeless.

LIFE GOES ON for COMMUNITY SERVICE

C ommunity Service Students experience social responsibilities.

Sometimes it was early Saturday morning, other times it was after school for a couple of hours. No matter what time it was many students felt the need to get involved in community service near the school and throughout Denver.

According to junior John McDonald who is the student coordinator for community service was for students to see the problems of poverty in the metro area.

"The purpose for community service on campus is to recognize and raise the level of social consciousness within themselves," John said.

According to John and other members of the comunitty service program the projects which range from taking part in the tutoring program at a local elementry school to passing out food to the home-

less in downtown Denver that if the volunteers do not participate out of a genuine care for the poverty problem.

"You have to love what your doing and understand the problem and care about the people your helping or it's just not worth it," John said. "It has to be critical for you, it takes a commitment."

While the community service program is a major part of GA's community service involvement, John says he hopes that the student body will become a indivisual volunteer basis program.

"Community service can't just be on a club or organization basis. It needs to be a part of your everyday life. People need to realize there are problems and become a part of the daily consciousness."





As part of the community service project many students such as junior Patti Kato helps a Denver elementary student with a math problem.



Although some volunteer were a bit leary of feeding the homeless, junior Sheila Hatch prepared for the big day of volunteer work



Before bedtime, senior Darryl Ng-A-qui checks his appointment book for an upcoming Vertebrate Anatomy class. Many students who lived off campus kept appointment books to remind them of upcoming exams.

There was no time for play when it came to exams; senior John Fannon studies in his kitchen, often the quietest place in his apartment.



Having an apartment meant enjoying the simpler things in life. junior Julia Coffey takes time out of her busy day to put a puzzle together in her living room.

For junior Sean Lehmkuhle, quiet hours weren't a factor. Often during his spare time, Sean practiced his electric guitar whether it was 3 am or 3 pm.





O

ff Campus Many Students Enjoyed The Free- dom Of Living Off Campus

Why would any student give up the ideal location, being close to their friends, and all the late night fun of living in the dorm. Living on campus is a real learning experience for just about anyone. You have a new person sharing a room with you, and you also share the floor with many other students. You quickly learn how to deal with people and survive.

After a couple of years of this lifestyle, most students would like a little change. It's time to start looking for a place to live off campus. Those who do move off campus really want to have a place of their own as well as a place to get away to. Is it cheaper? People may tell you that it isn't, but in reality it is and it has great advantages. You will have your own kitchen so that you can cook what you want and eat it when ever you want to eat it (that is if your roommate doesn't eat it all first!). Another good thing is that you don't have to worry about the fire alarm going off at three on the morning. And for those who are very busy at school, it is advantages to look into the meal plans that the Marriot system offers. You may not think that the food is very good, but you will find the

convenience a big plus.

If you are contemplating the idea of moving off campus, remember that it is a lot of fun as well as a lot of responsibility. It does have its advantages for those who are looking for a change.

Anthony Godoy, a transfer freshman from the Los Angeles beach area lives off campus at what is called "The Club-house". And according to him, off campus lifestyle isn't for everybody. "You may hear people say that they are going crazy living with so many others, but if you put them in their own place they go crazy by themselves. They need people." He lives across the street from the campus and is nearly within ear shot of the dormitories. So if in fact he does want to participate in dormitory shenanigans, he can.

"The mornings are super quiet. The bathroom is all mine and if I want to sleep on the kitchen floor, I can. Sometimes I get the feelings of loneliness. but not bad. I've lived in a dormitory situation before, it's fun but the older you get the more you need yourself. You have to pick what you really want."

LIFE GOES ON

for

Off-Campus

The choice of food such as hamburgers, fries, pizza, ice cream and cokes enticed many students to eat in the snack bar. Juniors Chris Maley and Mary Ann Mailer eat lunch before heading to their next class.

Groups of students with their friend often hung out in the snack bar. Sophomore Romona Ellyen and freshman Dan Moore eat and talk about the upcoming soccer game against Oklahoma Christian College in October.



Before heading off to her class Melodei Polidori stops by and takes a quick bite to eat in Saga.



Discussing an upcoming class assignment in the snack bar junior Emily Carbaugh, Stephanie Carl and senior Liz O'Flaherty toss around some education ideas for her education major.



LIFE GOES ON

for
HEALTH

F

ood Services

Marriot provides food service in both SAGA and snack bar

All students on campus are required to carry a meal plan. These meal plans can range from all meals in SAGA (the Marriot Cafeteria) to Munch Money in the Marriot Snack Bar. This year the Marriot staff is trying to make strives in the way in which students are dining this year.

Because we are in a health conscious age, Marriot has developed a "Wellness and You" program. These meals consist of low calorie and low fat food items, that can be recieved in the regular cafeteria line. Students really like this idea. Students nowadays, are just as concerned about their bodies and their health as is the rest of the world. Some of these meals can range from Lowfat casseroles to delicious lowfat yogurts.

Another way in which Marriot is taking the concerns of the students seriously, is by creating different settings for the students to dine in. They will often bring in a jazz band to play during lunch. At dinner time, Thursdays are special. The cafeteria is transformed into an elegant restaurant. It's Steak Night. Students can enjoy entres that include steak, broiled chicken, or grilled fish. Without doubt, Thursday's are the most crowded in the cafeteria. The staff also gets together and puts on other special nights, such as Artnight, Sportsnight, and Holiday Festivities. All in all, the Marriot is doing a fantastic job at satisfying the dining needs of Regis College.



R

eligious Life

Spiritual awareness raised throughout the campus community

Here at Regis College, we pride ourselves on being a Catholic, Jesuit college. With the presents of Carroll Hall, the students are continually reminded just how influential the religious life is here at Regis.

Although not every student on campus is Catholic, the majority of the students do have some kind of faith. With the presents of such things as Campus Ministry, Christian Life Community, and the Jesuits scattered throughout the campus programs, students have the opportunity to get involved in many religious types of activities such as the many prayer groups, masses and celebrations throughout the year.

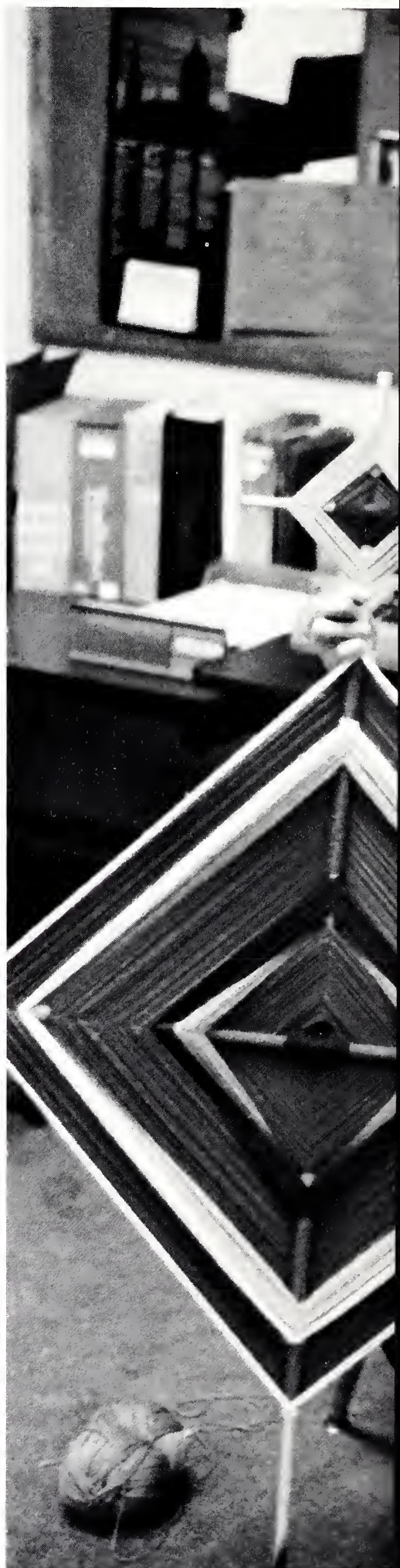
Campus Ministry has a team of interns that work very hard to make campus activities

come together. They not only work on putting on the masses, but also do a lot of community service such as working at soup kitchen's and gathering food for the poor through Oxfam (Oxford Committee for Famine Relief). Students were given the chance to donate up to three meals and in return Marriott would give Oxfam that money to purchase food. There was also a day of fasting to provide the students with the opportunity to learn what it was like to be hungry, and how good it feels to help other people in need.

There are plenty of other activities that you can become involved in such as singing, reading, and just helping out with mass activities. Anyone is welcome to join, and you will find the time that you put in is very fulfilling.

LIFE
GOES ON
for

RELIGIOUS LIFE





Junior Michelle Hubert puts her talent and patience, along with other Campus Ministry students towards making gods eye for Advent masses.

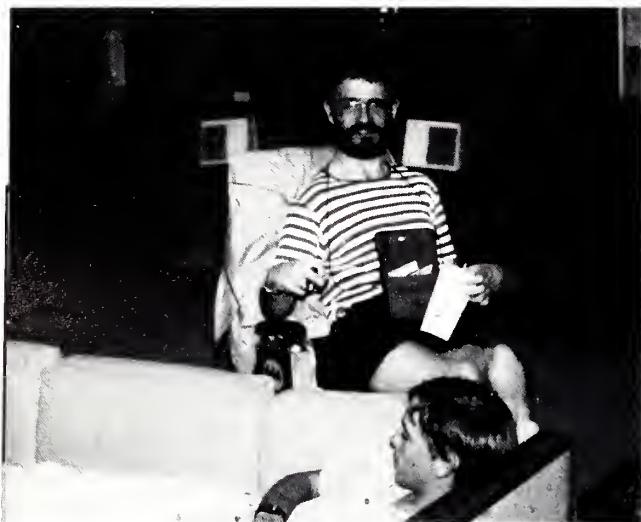
Sophomore Chris Bollinger and senior Bob Sweeny volunteer their time for the Oxfam (Oxford Family Committee for Famine Relief).



Fr. Kevin Burke motivates the Campus Ministry volunteers and likes the work on the God's eye decorations.



After a long day it wasn't uncommon to see students in resident hall lounges watching television and socializing. Sophomore Nick Jackson and continuing student Chris Nichols find time for themselves to socialize.



Before her morning classes Nora McAndrew looks at a photo book.

Experiencing warm temperatures through much of the fall semester freshman Ethan plays a volleyball game in the quad.



After spending most of the day helping with the Special Games day Tammy Lee relaxes to eat dinner by Marriot.



un Time,

F

Freetime was often spent in many different ways

Ok, lets face it, before you entered college, you had a lot of free time. As one enters college, this "excess" of free time suffers a severe cutback. The time that was once used to go see a movie with friends, talk on the phone for hours at time, and the most popular, just being a couch potato, has found new meaning in the world of the college student.

Having free time has now become a luxury that is few and far between. According to one of the many important books that all of us are supposed to read, college students spend one to two hours a day on each of their classes. Even though the average time one spends on his or her homework is not always one or two hours, studying takes up a lot of time.

For those students both on and off campus, there are many opportunities to become involved in one of the clubs and/or organizations. If you're not the type of person who likes to belong to any of these, there is always something to do somewhere. During the warm days, there is always a game of football, frisbee, or hackysack going on in the Boettcher

Commons. Even when the weather does turn cold and there's about four or five inches of snow on the ground, there is a group of die-hard football fans that are more than willing to get a game going in front of the library. There is always some type of intramural team to play on whether it's football, volleyball, basketball, floor hockey, or even soccer. If you don't like to play sports, the Program Activities Council (PAC) has a film every Tuesday night, and you can't forget those Thursday Thrills. If you are one of those people that like to ski, you're definitely in the right place! There are more than enough ski areas within an hours drive of campus so that everyone can find one they like. As the ski seasons starts, the weekends become a holiday and silence falls over the campus until the skiers return.

Having free time is a luxury, and there are many opportunities to find something that you like to do. Even though there are times when everything seems to be occurring at the same time, you can always find time to do even a little bit of everything.

LIFE
GOES
ON
for

FREETIME

The bookstore wasn't just for those who needed to buy books for their classes. Junior Brigid Swanson looks at the wide variety of pens for sale.

LIFE GOES ON

for
BOOKSTORE

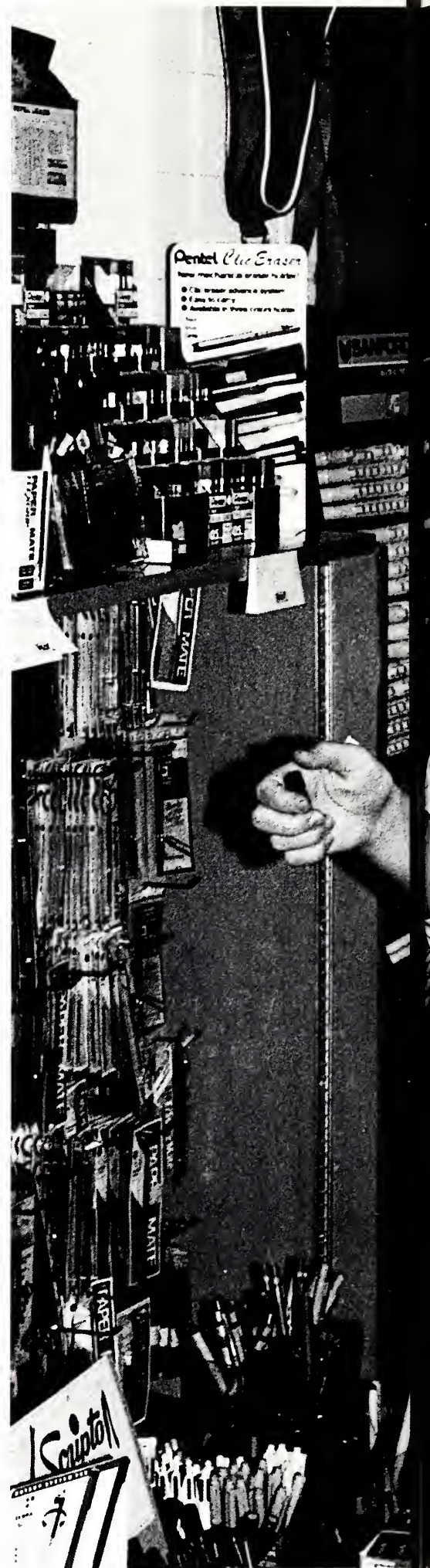
B ookstore Store offers convient shopping

When was the first time your experienced the college bookstore? Most likely, your first experience was to purchase all of those wonderful textbooks. After standing in line for what seemed like a lifetime, the last thing you want to do is stand in another line with twenty or thirty pounds of books in your hands. As you finally get to the front of the line and your last book is being added in, there is a small pause as the computer totals up your books, and then your ears burn as you hear a nasty three digit number. I think there's a good possibility that Regis students hold the record for spending the most money in a single day!

Even though the prices are a little high and you sometimes have to wait in line for

a while, the bookstore is a convenient place for students to get just about anything they need. Over the summer, the bookstore expanded a little to give themselves more room, but soon filled up this open area with more items for the students to choose from. There are very few times that you can't find an item in the bookstore, and if you can't find an item, all you have to do is ask for help. The women in the bookstore are very nice people, and are more than willing to help you find something if you can't.

No matter what you need, the bookstore has got items from A to Z, and you are more than likely to find what you desire.





The choice was either check, cash, or charge. For many the temptation of putting it on their student charge was too great to handle; although many of the students heard from their parents afterwards. For sophomore Scott Kramer the consequences were too great, so he chooses to pay cash. Bookstore workstudy, freshman, Taryn Freitas doesn't care how students pay, just as long as they pay.



Shortly after the stock market crashes in late October, freshman Steve Varhola looks at the latest issue of Business Week to check how much damage was done to his stocks.



Junior Emily Carbaugh looks through a card file to find a student's identification number at the student center.

Although work studies have responsibilities toward the different departments, when the job was done many students opted to work on their homework.



Taking a break from her life guard work study job sophomore Wendy Leonard looks over some life guarding regulation.





W

ork Studies

Jobs Offers Student's Extra Cash

"A workstudy's job is never done." This is an accurate statement because workstudy students tend to hold great responsibilities and are some of the most hard working students at Regis. "Workstudy" is the term given to students who are employed in one of the many offices or departments on campus while also attending classes, usually at a full-time enrollment level. Students are offered work in nearly any office. Workstudy students tend to have a reputation for being hard working and responsible for several reasons. Students holding workstudy positions have the opportunity to work up to a maximum of twenty hours per week. Students must be responsible for fulfilling a certain number of specified hours along with adhering to the times that they are scheduled to be at work. Because workstudy positions are considered to be just like any other job a person might hold, the

student must be on time, be responsible, and complete his or her assigned tasks, or run the risk of being fired.

Many students take on workstudy positions in order to gather spending money, others apply their workstudy salaries toward tuition costs. Whatever the case may be, students need the money for some cause, and tend to be very careful about not jeopardizing their jobs.

Probably the most difficult aspect about holding a workstudy job is that the student must complete his or her hours between classes or in the evenings. However, some offices are only open until 4:30 pm, which forces some students to complete their hours during the day. These students' schedules can become very hectic because they must attend class, hurry to work, go to another class, hurry back to work, and so on. So, remember to be nice to your local workstudy.

LIFE GOES ON

for

WORKSTUDIES

At the General Assembly meeting in November, junior Gina Arangua tells members about some possible community service projects for individual club and organizations.

G

eneral Assembly

Members gather to discuss events

It's monday night at nine o'clock, do you know where your campus leaders are? Odds are if you can't find them they are in the science amphtheater at the by - monthly General Assembly meeting. General Assembly is the body of students that deals with issues that affect the student population. This year some of the main issues that General Assembly is working on are : One, to improve administration, faculty, staff and student relationships two, to improve communication among student leaders, and three, to make General Assembly more issue oriented.

General Assembly is made up of a wide variety of students on campus, such as all presidents of the halls, all class officers, and all presidents of clubs and organizations. The pupose of General Assembly is

for all the campus leaders to have a chance to get together to discuss many campus activities. This year the main focus for the finance committee on the General Assembly was to seriously crack down on the debt that General Assembly has incurred over the years. In so doing, this committee explains its actions and is able to get feed-back on their ideas and explain where they are coming from. The General Assembly is a voting group that decides on the budget for all the groups, clubs, and organizations. By bringing all of these campus leaders together, it also allows and excellent basis for communication to tell of any upcoming events. Many students don't think it's very important, but it does play a vital role in the life of organizations here on campus.



LIFE
GOES ON
for
GENERAL ASSEMBLY





Preparing for Monday's General Assembly meeting, Vice-President Kathleen Beutner considers the schedule for organizational review for each club and organization.

General Assembly Executive board members, Pete Louree, Donald Conner, Aileen Barker, Chris Lewis, Greg Kolomitz, Liz O'Flaherty, Gina Aragua, and Kathleen Beutner.

Guest speakers often came to General Assembly meetings to talk about various topics. Father David Clark S.J. discusses the future of Regis College to the members at a November meeting.



Chris Sieber, Jim Caddello, and Tessa Martienell play their hand at the Blackjack table where there concentration is high.



Sean Lehmkuhle at the gambling table hopes to win.



Visiting student and sophomore Nick Jackson enjoy dancing at the Casino Night.





P

arent's Weekend

A taste of Vegas at casino night

This year's Parent's Weekend was a great success. Sponsored by the Director of Campus Life, the Parent's Association and the Student Executive Board, the event, took place Nov. 3rd through Nov. 5th and came off virtually without a hitch. Activities planned for the parent's weekend included classes with their student, a hospitality lounge in West Hall, several delicious buffets in the Marriott and the Circle K International club sponsored Casino Night. Parent's also had the opportunity to attend a Jesuit reception, workshops, a welcome by Father Sheeran, and a Forensic Team demonstration. ON Sunday, Nov. 5th, parent's and students attended a 9:30 a.m. mass and went to brunch at the Brown Palace. For many parents this is the only opportunity they have to spend some quality time with their children.

This may be the only time parents get the chance to really see how their children are doing at college and have a chance to meet their friends.

Here at Regis, Parent's Weekend gives the administration and faculty a chance to meet some parents in the non-academic atmosphere.

Many parents felt that it was a good time to visit with the students because they had already had over two months to settle in. It was a welcome visit by the students due to the fact the homesickness was beginning to hit. Overall, the weekend went well, and was enjoyed by everyone. Not only did the parents leave with the satisfaction of seeing how their son or daughter was doing but most were taking home a few prizes from their earnings at Casino Night.

LIFE
GOES ON
for
PARENT'S WEEKEND



Junior Jason Nelson and Freshman John Gehan enjoys Casino Night betting their chips on the number line to see if they could win one of the variety of prizes.



Q

quad Activities

Quad offers variety of activities

On a warm sunny day they're there in droves. On cold days, only the die hard ones are there. They are the people who hang out in the Boettcher Commons. Now for most people this means quad activities. For years Regis students, who just can't make themselves sit in the library and study during that one hour off, hang out in the quad. For many students the quad is a great place to meet and talk with friends. On warm days you will find that most people enjoy eating their lunch out in the newly remodeled quad. With the changes made last year, the quad looks better than ever, and what better place to just hang.

Although there is no official coordinator for quad activities on the Program Activities Council, you can always count on someone in the quad for the upcoming events both off and on campus. The quad

frequenter is easily spotted by the mountain bikes, the roller skates or the new puppies who are learning just how far they're allowed to run before getting yelled at. No matter how they look, anyone who hangs out in the quad has a story to tell.

Throughout the year, there are activities going on in the quad and not all of them were students spending their free time outside. In the spring, the faculty hold their annual Bar-B-Que that always draws a lot of people. Campus Ministry also starts the Easter mass in the quad, and there are also other groups that hold activities such as the gathering for the slain Jesuits in El Salvador. There is no way around it the quad is a big part of Regis College and every person who has gone here has something special to share about one quad activity or another.

LIFE
GOES ON
for

QUAD ACTIVITIES





Taking time out of her busy class schedule, this freshman take a moment to read the National Enquirer in the quad.



Junior Joe Adducci enjoys the warm weather of September by playing barefoot volleyball in the quad.

While walking across campus, Liturgical Director, Ken Philips carries plants from the Campus Ministry office to the student center.



Taking a break from the dancing, juniors Amy Flaherty, Brigid Swanson and Keith Jones look on as others dance. The dance was held at the airport Hilton. The dance was just one event to mark the Christmas Season.

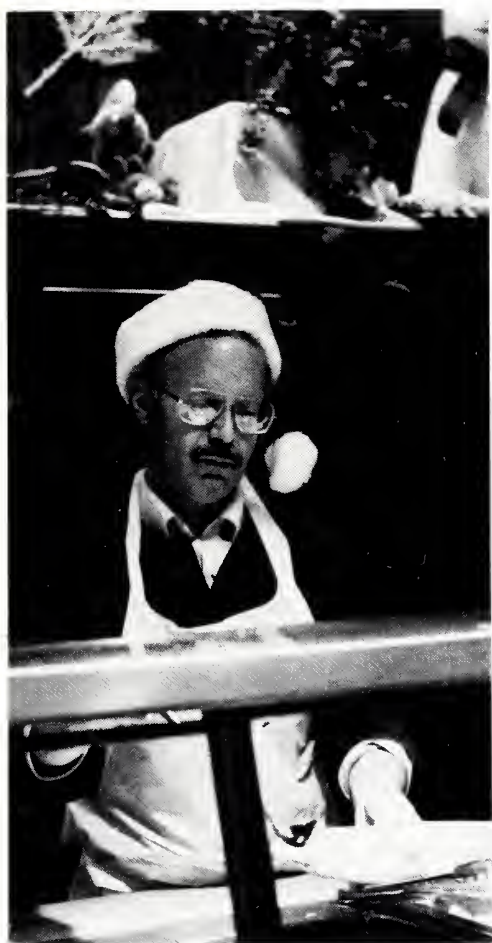
By dancing most of the night, many of the students worked up a sweat. Senior Don Theilen has his sleeves rolled up while he dances with his date.



Enjoyment of the music is witnessed on these students' faces as the Winter Ball comes to a close.



Taking time out from studying for finals was a much welcomed event. At midnight, the staff, including Life Directions center Director Joe Giacalone serves breakfast to stressed students.



C

hristmas Festivities

Week Provides Christmas Season Events On Campus

As the month of December rolled around, the Program Activities Council puts on it's second annual Christmas Festivities Week. This year's festivities started on November 27th and sponsored Amateur Comedy Night in the Ranger Station. Unfortunately, due to a lack of interest from the students, and a conflict with the time the general assembly got out, the event was canceled.

On Tuesday Special Events Coordinator, Amy Flaherty, planned a Christmas movie and a cookie decorating party in the Ranger station. The movies showing were a cartoon, "The Small One" and "One Magic Christmas". The turn-out for this was dissapointed because only ten to eleven students attended the event. Flaherty commented, "I think it was a bad night to have it all around. It was to soon after Thanksgiving to be in the Christmas mood.". Flaherty also said, "It was hard to put on the event when I was not in the Christmas mood myself." Wednesday night brought a Spirit Night to the pub with the combined effort of off-campus coordinator Lisa Moore, and sports activities coordinator Shellie Dyman. This event started at the men's basketball game and was followed by free drinks and pizza in

the pub. Once again attendance was not very good because of the conflict with the conflict with Campus Ministry's Christmas Tree lighting.

Thursday night was the traditional Thursday Thrills which brought in the Comedy Works. The entertainment was very good but attendance was once again poor with about seventy-five people attending.

As Christmas festivities week draws to a close and everyone is getting ready for finals, the annual Winter Ball gives everyone a last chance to get everything out of their system. This year, the dance was held on December 2nd at the airport Hilton. To give the dance a little twist, the dance coordinators got a Disk Jockey instead of the usual live band. Amy Flaherty, who was in charge of the dance says, "Students want to hear the songs that they usually dance to, and they want to hear it from the original artist."; about 150 students attending.

During Festivities week, many of the events suffered from poor attendance and conflicting times with other activities, but for those students who did attend, a great time was had.

LIFE
GOES
ON
for

Christmas Festivities

C

andlelight Mass Mass Kicks Off Christmas Festivities Week

As the decade was coming to a close and so much talk was of the future, the Campus Ministry team looked to the past to regional history and culture for inspiration for its Advent celebrations. With various images, customs, decorations and music from the rich Spanish and Mexican cultures in which Denver is rooted, the liturgical framework for a rich season of waiting and joyful expectation was set early in the fall.

Beginning in October, Campus Ministry interns and workstudies began making dozens of "ojos de dio," the "eyes of God" decorations from Mexican tradition. Using tons of yarn and pine dowes, many elaborate creations were invented from the basic star-like ojo pattern. The arts and crafts fever caught on as unsuspecting victims entered Campus Ministry work space in life directions and asked the wrong questions of "what are you doing?" Such innocent types soon found themselves with yarn and sticks in hand learning the pitfalls of Campus Ministry madness. Nearly a hundred of these stunning ornaments hung from the Regis chapel ceiling like a rainbow constellation of woven stars. These decorations

were only a part of the efforts which helped to decorate the space for the annual candlelight liturgy in December the week before finals.

Becoming a tradition of the holiday season for many from the Regis community, the ten o'clock liturgy drew a crowd of several hundred and found a gathering of nearly thirty musicians and vocalists to sweeten the night in both english and spanish. Following the liturgy, CLC hosted again the post-liturgy reception and a grand spread of home-made holiday goods and hot cider. Towards the end of the liturgy, the strains of "Silent Night" illuminated the gathering along with the hundreds of candles lit and held by the congregation. Students left the chapel near midnight down the walkway lined with the soft glow of the luminaria into the beginning of Exam Week. There was a special feeling in many. Call it "Christmas spirit," "goodwill," or "grace," the late night mass was part of a deeper experience for the Regis community that was a little bit different from what the malls and the shopping centers have to offer to the holiday season.

LIFE
GOES ON
for

Candlelight Mass





One of the biggest events during Christmas Festivities week was the campus wide mass. Many students came and participated by carrying lighted candles symbolizing the birth of Christ.

Another of the big highlights was the Christmas mass was the amount of student participation. Senior John Fennell and sophomore Kelly McInerney read the gospel.

A group of friends, Shellie Dyman, Maribeth Winston, Sean Shanahan and Joe Turok take time-out from dancing at the Sadie Hawkins dance. The dance carried on a tradition of over 15 years. The dance was semi-formal, a change from the original dances of casual attire.



At the Sadie Hawkins dance, sophomore Julie Clayton dances to the live music provided. The dance, held at the Sheraton in Lakewood also offered food and a open bar along with a live band.



Playing primarily dance music, the band Confidentials play "Under the Board Walk" during the dance. The dance, held from 9 p.m. to 1 a.m. gave students plenty of time to kick-up their heels before heading to the parties held at the hotel and around town.





Sadie Hawkins Annual Dance Proves Success For 16th Straight Year

Just as all of the students are getting settled into their spring schedule, the first dance of the semester comes just three weeks after schools starts. Sadie Hawkins is the one dance that all of the guys on campus look forward to. Why? Because it is now the girls turn to not only ask a guy to the dance, but also to pay for the night's activities. For most guys, this once a year occurrence of the female leading the way is always a thrill. "It's really great to watch the girls struggle to make all the arrangements and scrap for the money rather than it always being us guys" stated senior John Carney.

After a couple hours of preparation, the two of you are ready to head out on the town. There is quite the range of taste in what kind of dinner everyone plans. This year's dinner plans ranged from a simple pizza delivery at home, to the more formal eating establishments around the area. The most popular and also the most convenient place for students to go this year was the Black Angus which was located

directly across the street from the hotel.

As everybody finished with their dinner, it was time to head over to the hotel and dance the night away. This year's music was provided by the band "The Confidentials" which everybody seemed to enjoy. Amy Flaherty, who was in charge of putting this dance on says, "I was very happy at how successful this dance was, and glad to see that everyone had a great time.". Flaherty goes on to say, "I think it was the one of the most successful dances I've seen.". The only complaint about the band was that they took too much time for their breaks and didn't use any filler music while they broke which was about 20 min. each.

All in all, everyone seemed to have a great time. For most people, the celebration didn't end when the music stopped. Some students had gotten a room, and for those who didn't, they made there way to a local Denny's or Perkins to have some dessert and unwind.

LIFE GOES ON

for

Sadie Hawkins



EASTER WEEK





With a week to spend in the little town of Nuevo Rosita, Mexico, sophomore Katie Masterson spent much of her time painting and helping with the remodeling of an old church. Approximately 12 students and faculty went down to Mexico to aid a poor Catholic community over Spring Break.

Although it was Spring Break, that didn't stop the blizzard that struck the Denver area in the early part of the week of March 3rd. Many students missed the massive snow fall by heading to the beach or home.



A final supper. Members of the Mexico Spring Break trip eat to celebrate a weeks worth of volunteer work that consisted of building and repairing church facilities.



S

pring Break

Week Activities vary from fun in the sun to volunteering.

This year's Spring Break experienced the worst snow storm since 1982. Those who's fate (and bank account) left them stranded on campus, or in the Denver area, saw this part of the country covered by more than two feet of snow. However, after four days of hibernation, the skies turned to blue and the temperatures rose to the 60's, not bad for Colorado in mid-March.

Some of the Regis students found themselves in Cancun, Florida, or even back home for that long-awaited sun and/or relaxation. Yet for those that found the thought of leaving the campus a bit too painful, they stayed in —watching videos, eating one too many delivered pizzas, and catching up on some much-needed zzzz's.

Freshman Paula Hart, of California, found the conditions of the break a new experience and an entirely different world apart from her sunny home near the Los Angeles Harbor.

"I skied for some of the break with friends, and the rest of it I spent storing up for the big storm and praying hard that the lights wouldn't go out." Paula was one of

a few survivors that lived in DeSmet Hall watching movies and playing a couple rounds of Twister. As far as study or sleep she said, "I dreamed that I studied a whole lot!"

Father Kevin Burke and a group of Regis students and staff trucked it down to Nuevo Rosita, New Mexico for a little missionary work. The town down there needed assistance in constructing a wall for one of their parishes and painting a couple chapels. "Everyone needs an experience like this trip," Sophomore Sam Patterson said. "It's hard to put into words just exactly how I felt. One thing that sticks out in my mind is the fact that the things I thought were the most important in my life are actually the things that are the least important," Junior Melissa Coram said.

So while most of us were baking in the sun or skiing down A. Basin, there were a few who were experiencing a whole other culture in an entirely different world.

Most of the returning students showed off their pictures as well as their tans all refreshed and geared up for the second and final round of the semester.

LIFE GOES ON

for

SPRING BREAK

I

naugural Ball

Newly Elected Board Kicks Off Year With Ball.

Out with the old and in with the new. On Saturday March 24th the old Executive Board turned over their positions to the new board. This "changeing of the guard" takes place a month before the end of the year so the new officers have a chance to get used to their new positions.

The night started out with dinner at El Rancho's and then it was on to the dance. The dance was held in Marriott and all were invited to meet the new board.

"It was fun; I had a great time. It was a great opportunity for all of the new members to get to know one another." Executive Board Tresausurer Anne Bonelli said.

Although the the elections were for the upcoming year, the new officers officially took over at the General Assembly on Monday March 26th.

"I had a great time at Inaugural Ball and I have a really great feeling about next year," Student Executive President Amy Flaherty said. "I look forward to working with the new Executive Board, I think we have a really great bunch of people who have a lot to offer."

While the ball was the official kick-off of the new board, most of the members began their duties immidiately following their election. Newly elected Director of College Relations Matt Gambs began his possition by heading up the communications board which consisted of the campus' three media departments; KRCX, Brown and Gold and the Ranger year-book. Aside from his duties on the board he also spent time planning and organizing events such as Parents Weekend.



Taking their official oath to serve the students body, the new 1990-91 Student Executive Board was sworn in and began duties on March 24th.



Kicking up their heels, sophomore Bridget Porter dances with her date at the Inaugural Ball dance held in the cafeteria. The primary purpose of the dance was to swear in new Executive Board members and to introduce them to the student body.

LIFE GOES ON

for

INAUGURAL BALL



Regis Awards Ceremony Honors Top Achievers

The annual Regis Awards ceremony bestowed honors on students, faculty and staff for the 1989-90 academic year for achievements in a variety of areas. The awards covered Event of the Year, Organization of the Year, Alumni of the Year, Female and Male Athlete of the Year, Woman and Man of the Year, Service Awards, the John Patrick Riordan Christian Peace Award, Brown & Gold Outstanding Person of the Year, Administrator of the Year and Faculty Member of the Year.

The Awards Ceremony was held in the President's Lounge with student, faculty and staff in attendance to honor their peers. Each recipient accepted his/her award with style and an eloquent accep-

tance speech.

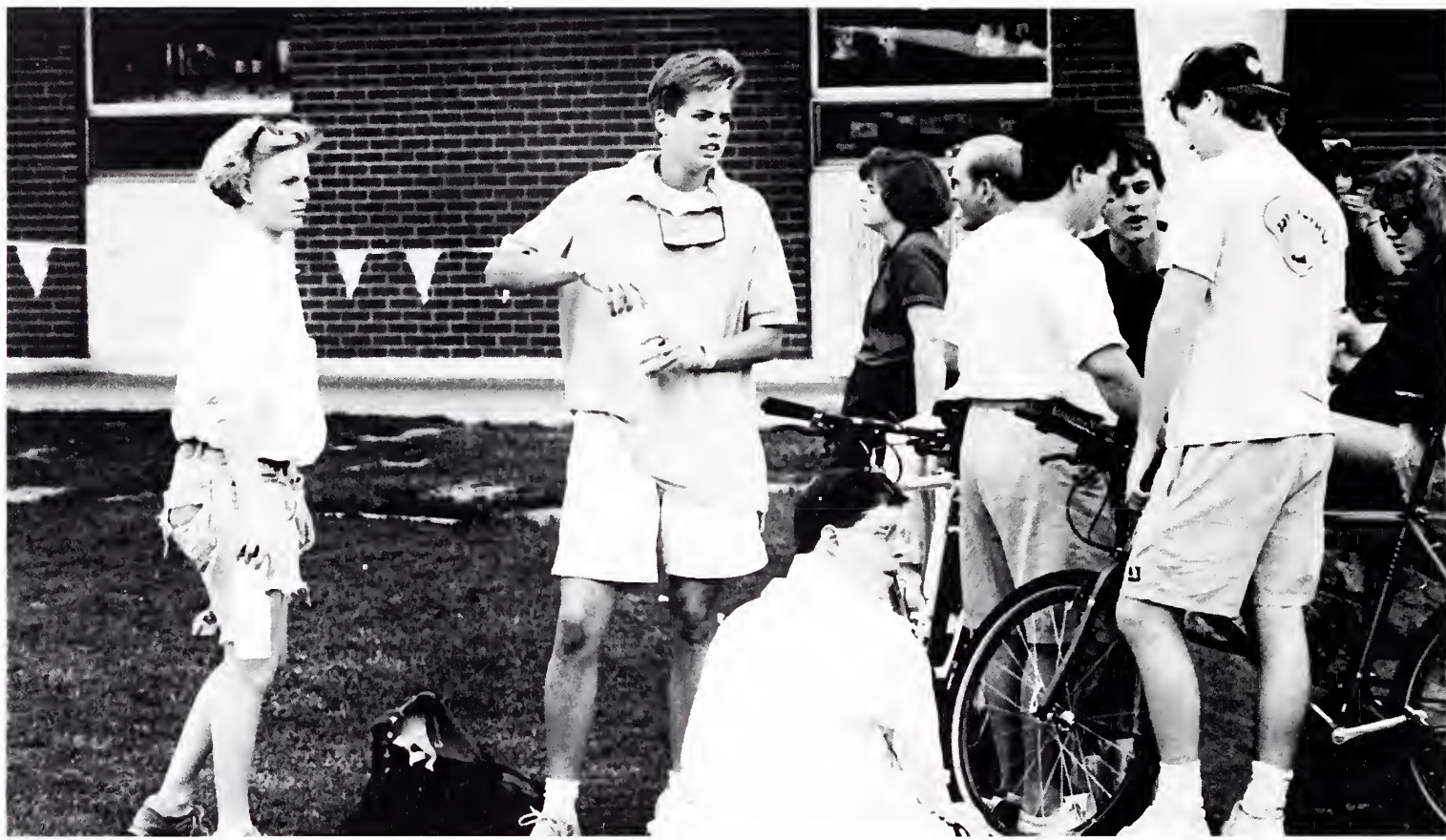
The honorees were:

Event of the Year: Special Games; Faculty Member of the Year: Dr. Charles Brace; Organization of the Year: Student Executive Board; Administrator of the Year: Dean William Hynes; Alumni of the Year: John Conway; Female Athlete of the Year: Peggy Gladbach; Male Athlete of the Year: Lee Smith; Service Awards: Mary Jo Acke, Greg Kolomitz, and Circle K; Man of the Year: Pete Louree; Woman of the Year: Marietta Eccher; the John Patrick Riordan Christian Peace Award: Sam Patterson; and the Brown & Gold Outstanding Person of the Year: Don Connor.





RANGER WEEK FESTIVITIES





1990 BACCALAUREATE





1990 COMMENCEMENT





PROM





PROM





GOOD LOOKS ARE ONLY HALF THE STORY

One who attends Regis College and say there is nothing here to get involved in couldn't be more wrong. With over 14 clubs almost everyone could be catered to any one interest. From skiing club to pre-law many, many have found their niche.

No matter what your going to major in there was a club to join. The objects of the clubs are to not only bring students who have the same interest together but plan activities in which students can utilize the growing talents. For instance, the English club gathers poems and short stories from students and faculties and publish a book called "Reflections". The chemistry club puts on a chemistry show for local elementary schools. The business club offers a tax assistance program for the local elderly and low income families.



The Campus Ministry office in the Life Directions Center was often the sight for action when it came to religious activities. Secretary Barbara Howard was no exception. Along with running the office she often was there to help answer questions to students and faculty who wandered in.



Sitting at a table during a business club sponsored Thursday Night Thrills, sophomore Robert Burton and George Callahan look at the newly arrived yearbooks.

Each club and organization that is sponsored by General Assembly is required to preform one social event and one community service project. Senior Tammy Rolloff comments, "I like the fact that clubs are required to preform a community service; it is a great way to get out and help those in our community." Along with community service and social events, many clubs had meetings of significant interest to its members. The pre-law society had meetings about topics of interest of law, while Circle K International sponsored the annual Casino Night, held during parents weekend. For many students, on-campus organizations are the only way they meet other students. These events helped unify ideas and people. Clubs and organizations help students to make sure that "Good Looks Are Only Half The Story."

With children arriving from several different homes for the disabled, campus relations director Greg Kolomitz begins the day's activities by using a microphone to relay his directions to the crowd. The quad was filled with different games and events.





During the Christmas party in the pub, junior Debbie Stoffel props her feet up as she waits for more people to sign up for an Nintendo set.

COMMERCE

Business Experiences Real Life Situations

It wasn't a room filled with Alex P. Keatons at the monthly business club meetings, it was just a room with students who had an interest in business. Some of the activities during the meetings were discussions about stock market activity. They often discussed exactly what the market was going to do.

During the first semester, the club held a brown bag lunch hosted by Dr. Cathrin Baird on "What you should know about a lease." The purpose of this lunch was to offer to all the students on campus, a chance to familiarize them with the leasing systems such as apartment and business spaces.

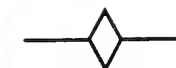
Along with on-campus events, the club also went to the Coors brewery plant in Golden to observe the companies operating procedures.

"The club trip to the Coors plant was a good opportunity to see actual hands-on operations. The company managers also talked to us about their management styles," club president David Cummings said.

The club also participated in their annual Tax Payer's Assistance program in conjunction with the Colorado Association of Certified Public Accountants. The program allowed senior Accounting students to help the elderly and the poor of the community, free of charge.



Brewery Complex



The business club wasn't too serious. The club found time to go on field trips to such places as the Coors Brewery Plant in Golden. For the members who went on the trip, they got a taste of the beer brewing industry by listening to a management lecture about their skills and the company. Along with the field trip to Golden, the club also helped out with the tax assistance program in conjunction with Colorado Association of Certified Public Accountants.



Casino Night, one of Circle K's biggest events of the year was held during Parent Weekend. Freshman Stephanie Roller and Crios Munnings hang posters to promote the event. Some of the big events featured were the horse races, black jack, poker and the wedding chaple. At each table there could be seen cigarette girls giving gold poker chips to gamblers. Aside for being Circle K's biggest event, it also was the main event for Parent Weekend.



During her visit to Mt. St. Vincents, member Katie Master-son plays games with the children. Katie, along with other members, visited the home for orphans twice in the fall.

COMMUNITY

Circle K Has City Concerns In Mind

The Regis Circle K International club is compiled of three basic tenets: leadership, fellowship, and service. This organization is sponsored by Capital City Kiwanis club of Denver. A main project they've accomplished this year was monthly visits to Mount Saint Vincents Home, an institution for children from 4 to 13 years old who starve for attention. They also work at the Safe House for battered women and children, supplying some of their essential material needs. On campus CKI works with the SAINTS, Regis Games, and the CKI Casino Nite, which successfully raised money to support both off-campus projects. Another fund raiser is the 'love on a stick' valentine cookies sold for Regis valentine loves. One final fund raiser for this year is the "final food" idea, the selling of snacks during finals week. One particular goal of this club is that they would like to be referred to as CKI so as to stop the confusion with the convenience store.



They didn't just talk about biology, the biology club went to a park to kick back and relax at the club picnic in March.

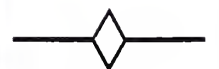
BIOLOGY CLUB

For some students, hitting the books and going to class just isn't enough. Those who want more than books to read have the opportunity to join the Biology Club. The purpose of this club is to bring together students who are interested in the field of Biology, and to allow them to participate in various activities to help them and the community.

This year the club went on their annual camping trip in the mountains and let students get close to nature and experience how it all works together. At Christmas time, they went to a local nursing home and sang carols for the patients. Another activity which was recently started was a litter pick-up at Rocky Mountain Lake. The club also wants to start hiking and skiing trips during the spring semester.

As a student, you will undoubtedly become part of a club or organization of some type on campus. The Biology club offers a lot of ways for a student to grow and help themselves understand the world around them while also helping the community.





The unusually warm weather in March was the perfect time for the Biology Club to get out doors and roast some hot dogs. At the club picnic, two members sit back and drink pop while waiting for their hot dogs to come off the grill.



Putting out the campus news paper twice a month was often a trying experience for the members of the Brown and Gold. Sports Editor sophomore Nick Jackson uses an exacto knife to trim a story before going to the printer. On nights of deadlines, the staff often worked into the morning hours to complete a deadline. Along with stories being written about campus events, there also was community events that effected Regis.





Sometimes it came from push to shove for space but for staff members Michelle Hyman and Liz Howard lack of time provided an incentive to share space at the light table.



JOURNALISTIC

Brown & Gold Delivers Bimonthly News

For many Regis students, the Brown and Gold newspaper is the only way they find out what is happening on campus. Many a Tuesday night, the staff stays awake with scissors in one hand and pizza in the other, waxing, cutting and laying out the newspaper for distribution on Thursdays.

"I think the newspaper is one of the few opportunities for a student to see what the business is like . . . it's like an internship, that's how I see it." explains co-editor senior Liz Howard.

With over 1200 in circulation, the Brown and Gold is an excellent opportunity to advertise and publicize an idea, dance or service. Through 16 issues this year, the Brown and Gold provides students with the essential information for upcoming lecture series, guest speakers and clears the air for any incorrect information on campus that is simply hear-say.





During a Peer Support meeting, freshmen Karl Eichelberger discusses his ideas for an upcoming event.

SUPPORT

Peer Support Group Provides Counseling

They could be spotted in their rooms during the day giving helpful advice or just listening. Members of the peer support group found that helping students was rewarding.

"I was encouraged to join," junior Keith Jones said. "We went on the leadership retreat and I liked what I learned. I like to listen and counsel with people."

Although many of the students had experience working with some type of counseling, many said the leadership retreat in early August was helpful in learning additional leadership skills.

"Training helped me become aware of my actions towards other people and to show I care," said Keith.

According to advisor Susan Richardson, the counselors serve as a liaison between the student and the Resident Life staff. "The peer support group is an informal group that live in the Resident Halls to serve as a counselor and liaison with the RA and the counseling center."





Ideas were always discussed in regularly scheduled meetings for the members of Peer Support. The group often met in the Life Directions Center or in sponsor Susan Richardson's office. Topics of the meetings were often events that directly effected Peer Support members. Member Julie Chauvin discusses with other members about the past weeks events. Members of Peer Support were trained and taught to work with students problems.

Extra Pictures







Radio Broadcasting wasn't KRCX's only function, manager Carlos Muhletaler prepares to play another tune at the stations sponsored welcome back dance.

AIR WAVES

KRCX Offers Musical Diversity

Despite some changes in regulations this year, KRCX has stayed alive and even expanded throughout the campus with the determination of dedicated students. With Carlos Muhletaler as Station Manager, Will Smaok on engineering, and Dave Woessner and Brian Pinder as programmers and advertising coordinators; the station is solely run by students. Even without G.A. assistance in the financial area, the station managed to purchase their first compact disc player, and offer reception to the three dorms, Marriott, and even some off-campus houses in the neighborhood. They have also been able to subscribe to the trade magazine, CMJ, which provides tapes, compact discs and records from many record corporations.

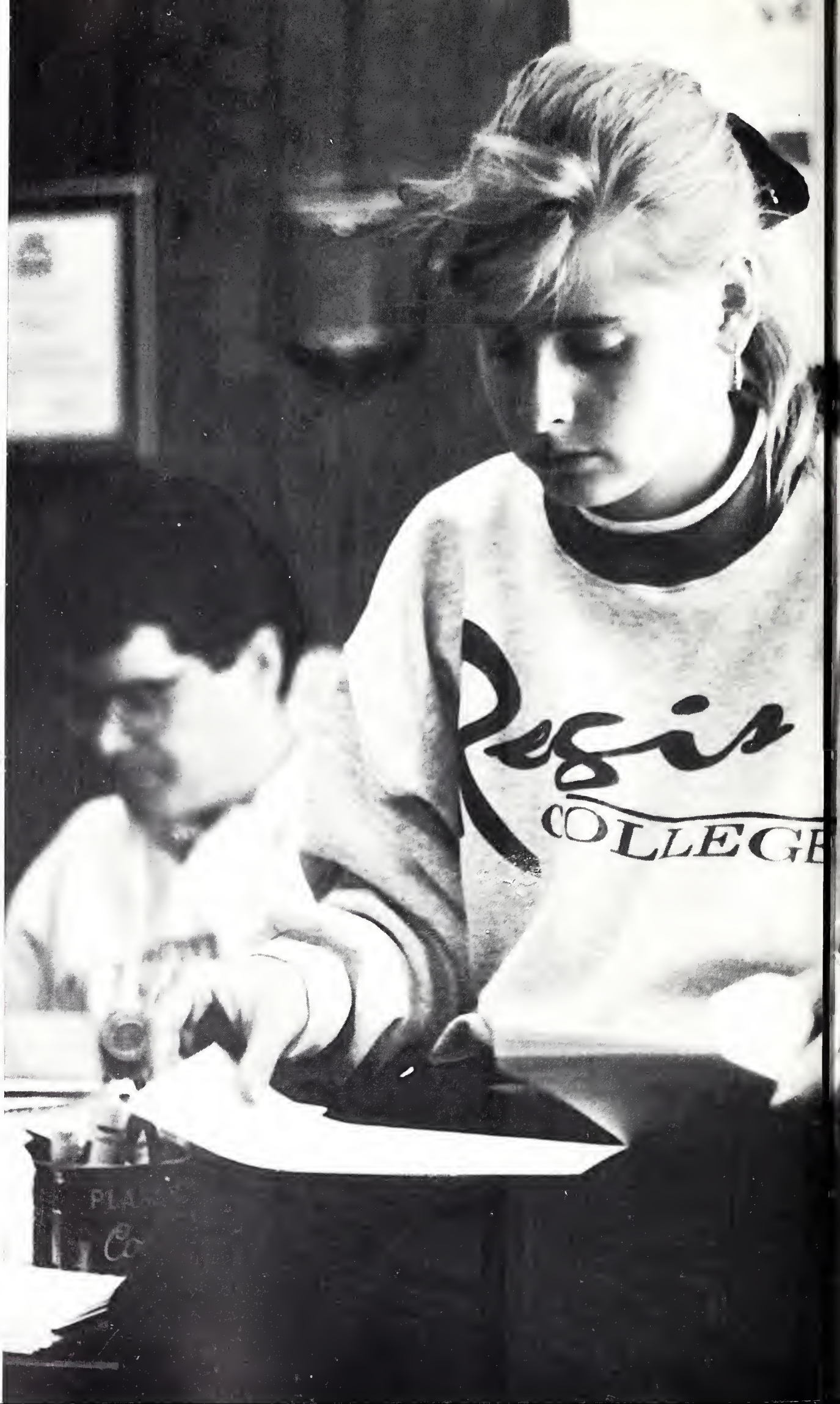
This year's on air personalities (disc jockies), talented and ready, consisted of John Fennell, Andrew Brutacco, Tessa Martinelli, Anna Rice, Todd LaSala and Jenelle Martin. "It's great to reach out to students, and it's fun!" said freshman Todd LaSala.



Being a DJ took a lot of time to put on one show. Choosing songs as well as formulating dialog for the show often proved to be a major task. Freshman Todd LaSala chooses an album for his show that he co-hosts with Jenelle Martin. The duo drive time name was dubbed Beauty and the Beast. The show could be heard every Thursday evening for the dinner crowd. The station extended its audience by reaching the three resident halls in early November and often encourage listeners to call in their request.



It was all stress and no play, most of the time for staff members of the Ranger Yearbook. Staff member Elizabeth Tennesen fold letters for the staffs annual pledge drive held in March. It wasn't uncommon to see staff members working on different projects into the night, even on weekends, to finish up a deadline. During the year, the staff worked to complete a series of six deadlines before completing the book in early May. This years staff initiated some new design and layout concepts.





During a work night, freshman Anthony Godoy finishes up copy for an upcoming deadline. Each staff member usually had six copy assignments per deadline.



COVERAGE

Yearbook Staff Provides Year In Review

Music could be heard blaring from the upstairs students center. Often the loud music was a clear signal that a yearbook deadline was looming around the corner. Many of the staffers worked well into the nights to meet the deadlines set by their publisher, Herff-Jones.

"It was funny to see Elizabeth Tennesen walk into the room on deadline day with her slippers and a suitcase. You knew, she was here to stay," co-layout editor David Lowe said.

While spending many late nights working, the staff also spent many days organizing and designing the 1990 edition.

"It seems like much of the first part of the year was spent on designing and figuring out what goes where," co-layout editor Kim Kos said. "All the work was worth it though, we really had a good staff this year. We really had a good time, most of the time."





Looking over his notes, Prelaw President Eric Oswald, prepares for an upcoming meeting.



LEGAL

Pre-Law Society Covers Legal Issues

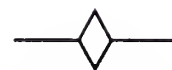
The legal 'mumbo-jumbo' made sense to the members of the pre-law society club, but for others, it may as well have been a foreign language. The pre-law society uses their meeting time to have a chance to learn and interpret ideas of law.

"We give people (members) a chance to better familiarize themselves with the world of law," club president, sophomore Eric Oswald said.

Although many students involved in the club are pre-law majors, many are members to gain information about the law profession. During the meetings topics such as philosophy and speeches from experienced lawyers, often took up the agenda on the Wednesday night meetings.

"The club is really interesting because it is a club that is specifically designed to one's profession," Eric said. "For the pre-law majors, they get information and help from professionals in the field. We have had DU law professors as well as students from the law school come and give us speeches about their experience."





During a meeting, Vice-President of the Prelaw club, Shawna Houser listens to Eric Oswald discuss ideas for an upcoming meeting. Many of the Prelaw meetings, sponsored by Dr. Jim Riley, had speakers such as, Dr. Ron Disanto, who lectured about the ethics of law. The groups also took field trips to the capital and experienced justice in the making. Although this is the club's first year, several law majors and political majors took an interest in the club.



Hard work and organization seemed to be the motto for Campus Ministry. During Christmas Festivities Week, ministry members visually prepared the Chapel by making "God's Eyes". The God's Eyes were displayed at the Candlelight Mass, kicking off the week. Aside from arts and crafts, the ministry also worked on an all campus retreat held in the spring.



Finishing up his God's Eye, sophomore Chris Bollinger prepares to display them in the High School Chapel for the Christmas Mass.



SPIRITUAL

Religious Activities Sponsored By Campus Ministry

The Regis Campus Ministry program was designed for students who have wanted to further develop their relationship with Christ and/or wanted fellowship with their peers. Over the past four years, the program has "... more than tripled," according to Ken Phillips. Not only has the participation and involvement improved, but the work studies and internships have doubled. With Sister Ann Gogin, Father Kevin Burke and Ken Phillips coordinating the activities, it is easy to comprehend where all the charisma and enthusiasm comes from. Some of the events Campus Ministry produces are: Soup and Scripture on Tuesday nights, individual Hall prayer groups held weekly, numerous retreats, various weekly Masses, collecting funds for Oxfam, and of course, individual counseling for students. "It's the student participation that keeps us as involved as we are," claims Ken Phillips.



One of the major events for the Young Republicans was the flag raising ceremony. Member Shauna Vollmer and Colorado State Treasurer candidate Dick Sargeant say the Pledge of Allegiance.

POLITICIANS

Young Republicans Voice Political Positions

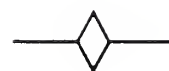
The Young Republicans group at Regis has had a busy year trying to gain their charter with the General Assembly and the State College Republicans. The year started off with elections with senior Chris Pieroni serving as chairman.

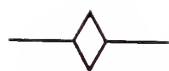
One of the main goals of the group for the year was to increase its membership. Along with the membership drive the group also participated in the the Morton Blackwell Leadership Workshop and the St. Patrick's Day Parade for the State Treasurer candidate Dick Sargeant.

During the spring members were a part of the State College Republicans convention held in Denver. At the convention some members ran for state office.

"Overall, the club has had a good year. We hope to build in the fall and work to win plenty elections."







Taking a break from the competition, freshman Todd LaSala, sophomore Kelly McInerney and freshman Jeff Pass take a breather before heading back into a second round of speech or heavy interpretation. The Forensics team spent a majority of their meets in such places as Wyoming, Utah and Kansas. Some members of the team also advanced to mini-nationals held in Sacramento California in February.



After a successful tournament in the Springs the Forensics team celebrates another win before heading back to school.

TALKATIVE

Forenzics Continually Surpasses Competition

If you're real careful and listen closely, you might hear one in a practice session rehearsing for a weekend tournament. The Forensics team's efforts consistently paid off throughout the year. First place trophies set new records including a second place out of 80 schools at the Great Salt Lake City mini-nationals (GSL).

"GSL was an accomplishment. It was encouraging to watch our freshmen dominate the junior division," coach Dr. Vicky Bradford said. "The whole tournament was truly an effort of the entire team."

Freshman Jeff Pass attributed much of the team's success to their family-like philosophy. "It's not so much a team as it is a family and it's not so much competition as it is just something we enjoy doing."

The traveling and spending many weekends on the road was challenging but always worthwhile.

"I'm just excited that I never have to go back to Wyoming," senior member Liz Howard said.



During the Regis College Singers concert in Main Hall, junior Heather Litwhiler sings a solo with the music of Ken Phillips on the piano.

HARMONY

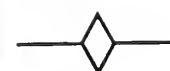
College Singers Sing With Diversity

As if the last few years didn't have enough changes for the Regis College Singers, yet another one faced them this year. Therese Schroeder-Shaker who was the director of the singers for one year moved into the area of music to teach harp and sobla centorium.

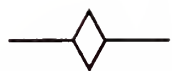
The singing group continues its hard work in the unaccompanied (accapella) style of music which even though it is more difficult, forces the students to learn much faster. They have also continued their wok in the area of foreign languages which contains Latin, Spanish and French and even the occassional African music. This year the group focused on medieval music and performed that music at concerts.

The group continues to perform one concert per semester on the second floor of Main Hall. Ken Phillips continues to use his musical talents to decorate the stage and bring about the theme of the concert.





Perhaps one of the biggest events for the Regis College Singers is the concert in Main Hall held during the fall semester. The group lead by Therese Schroeder-Sheker sings a song during the concert. Accompanying the group are singers from the weekly mass held in the Regis Chapel. The musical group could often be heard practicing from the the basement in Main Hall during the week. Although the group was primarily vocal, they also were supported by talented musicians.



During the initiation process, Alpha Sigma Nu members Meghan Stewart and Liz Howard listen to another member read out the applications for potential members. The club makes the decision process in April. To be accepted into the club members must maintain a cumulative average of 3.3 and show service and loyalty to the school. Many of the students in the club were active in other clubs and organizations on campus and within the Denver community.





Alpha Sigma Nu member senior Heather Beran listens to another member discuss plans to work for the annual dinner with the Jesuit residence.



EDUCATED

Alpha Sigma Nu Strives For Scholarly Excellence

Alpha Sigma Nu, the National Jesuit Honor Society was founded at Marquette University in 1915 and currently has a total of 29 chapters; one in every Jesuit college and university campus throughout the world, including Regis.

One might just ask how a student is eligible for membership in this prestigious honor society? Scholarships, loyalty and service are the three fold requirements for membership in the society. Even though there are many students here, membership is highly selective and it is based on the recommendation of the local chapter, with the approval of the Fr. Clark. Outstanding undergraduate juniors and seniors are eligible. Membership in Alpha Sigma Nu is prided as the highest honor a Jesuit college or university can bestow upon a student. Any student associated with this is considered to withhold great respect, and is looked at as an outstanding role model.





Freshmen and transfer student orientation was a major part of the S.A.I.N.T.S. activities for the year. Sophomore Wendy Hayes looks through the schedule of events at the orientation banquet held towards the end of the weekend of events.



SAINTLY

Saints Stay Busy With Activities

This year one of Regis' most known groups became a club. S.A.I.N.T.S. took the plunge and joined many who have taken well attended groups to the status of a club or organization.

S.A.I.N.T.S. stands for Students Assisting Incoming or New Transfer Students and their purpose is to help new students adjust to campus life as easily as possible. The club is chaired by Melissa Noon and she is trying to get more interest in the newly formed club.

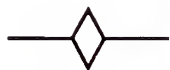
"Although we are just starting out, we want more people to get involved in what happens here at Regis. Our main activities are Orientation, Parents Weekend, and Special Games Day. It is here that we spend most of our time," Melissa said.

Melissa also commented that the reason S.A.I.N.T.S. decided to become a club was to give stability to on campus events, so that faculty would have specific students to contact when an event is coming up.





It was hot and short sleeves were required. S.A.I.N.T.S member Laura Siqueiros participated in Orientation games held in August. The S.A.I.N.T.S helped get new freshman and transfer students established by helping them move in and get acquainted with the campus and events. Most of the events held during the weekend were held in the quad.



Many times meetings were spent going over the prayer exercises of St. Ignatius. Along with spending most of the year with the exercises, the group also went to Winter Park for a weekend retreat in October. At the weekly meeting, sophomore Keith Eldredge listens to a club member about the upcoming community service the club is going to do.



During one of the Sunday evening meetings, CLC members listen to Fr. Kevin play the guitar. Meetings were spent going over the last weeks activities and events.

FAITH

Retreat, CLC Week Tops Year's Events

Christian Life community is made up of a group of students who form a close relationship with each other by reflecting on their own life and sharing their success as well as some failures with others. Fr. Kevin Burke who is the group's advisor brings song to listen to, special readings or some other topic the group should cover.

Each meeting on Sunday night focused on an issue the group was involved in. Some of those activities included CLC week during Lent and the Fall retreat in October. Community service was also a major part of the group's yearly activities. The club was involved in such service projects as OXFAM which raises money to help feed the hungry. It also wasn't uncommon to see CLC members asking students to donate meals off their meal plan to help feed the hungry which was a project in cooperation with OXFAM.

Students who are involved with CLC here find it to be a very rewarding experience. Not only can you find ways to help yourself but the community as well.



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GOOD
LOOKS
ARE ONLY HALF THE STORY





[illegible]

With the size and spectrum of the Regis College program and its associated campuses, the administration is a complex order of leaders. With the exception of Colorado Springs, the six satellite schools associated with Regis are each controlled administratively from here at the main campus. It is not enough to handle each different campus as a separate but also to handle 16 different academic calendars. The administration must see to each schedule's needs such as ordering

text books, billing, registration, grading processes, financial aid, and even faculty recruitment. The way in which all this works is called the Matrix Management System. Each satellite campus has what is called a coordinator of administrative services. He, in turn, reports to administration at the main campus.

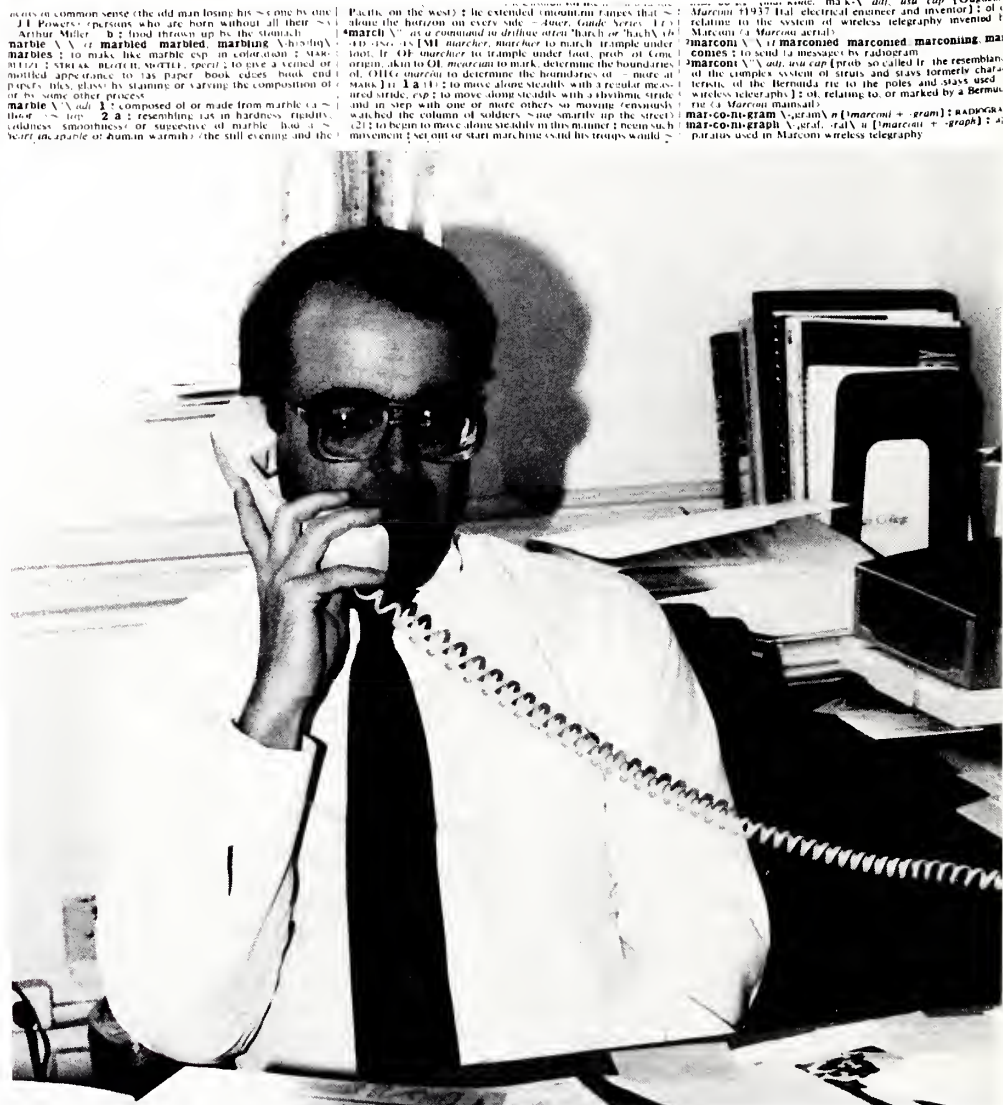
The administration is made up of approximately 70 professional personnel and a support of around 30 office workers. The system is headed by the president. The

president and his staff work closely fitting schedules in and around the campuses and do so all year round.

Assistant Vice-President for Administration, Karen Webber, has been with Regis for ten years and has seen a lot in the workings of the school. She started as Director of Financial Aid and has a lot of enthusiasm for her position. "I enjoy Regis administration because it's dynamic, challenging and anyone involved can make a difference."

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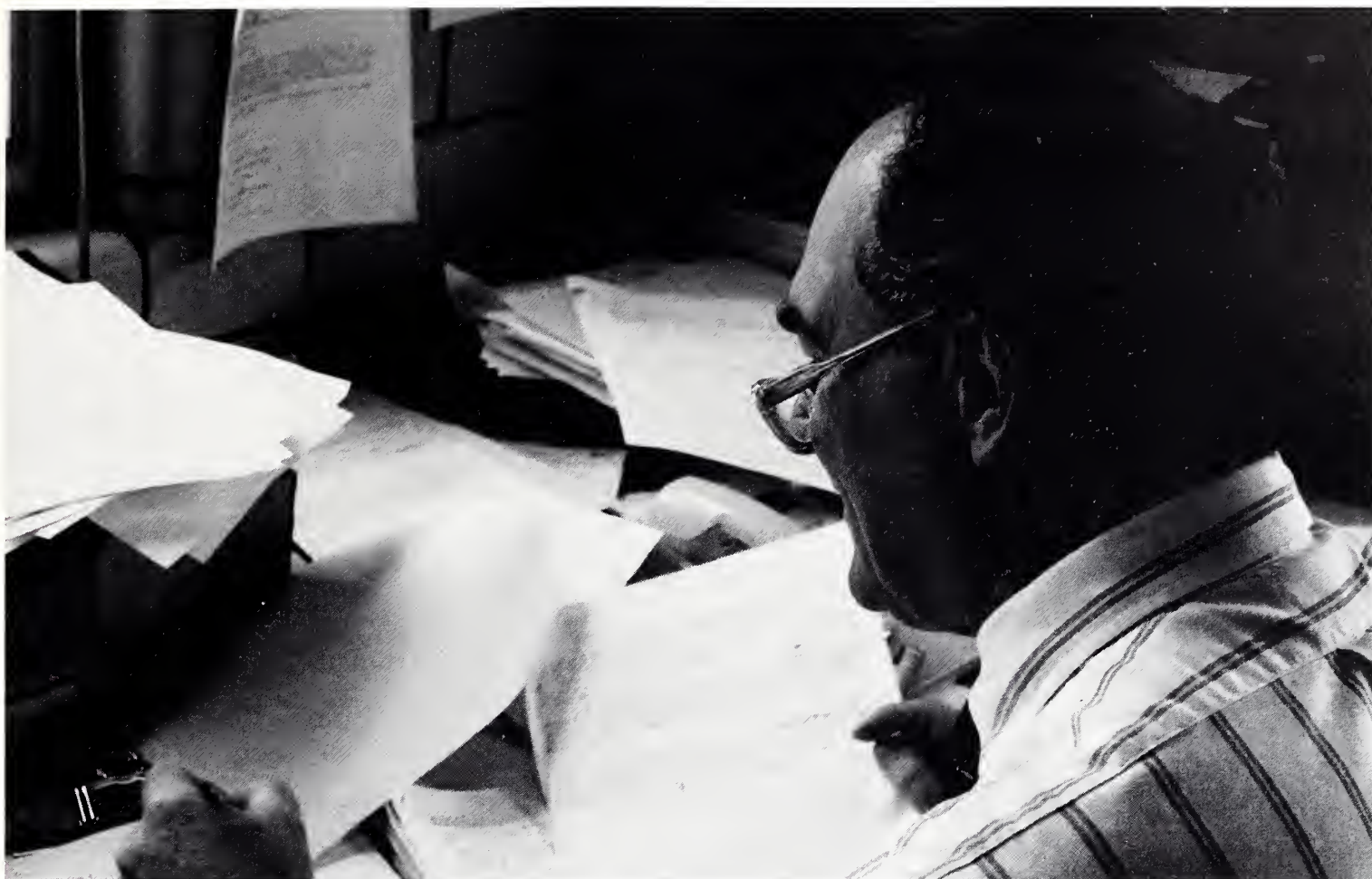
It wasn't uncommon to see Fr. David Clarke's office lights burning into the night. Fr. Clarke who serves as college President often kept busy with the administration aspect of operating the school.



Congratulating a student on his academic accomplishment, Dr. Dan Clayton along with other faculty members attended the Dean's Reception held for the students in the Fall.

Take two. While teaching in his political science class, Dr. Teri Schmidt points out two major topics discussed in the text.





Political Science/History

Almost half the time that professors had throughout the day was spent grading papers. History teacher Dr. Ronald Brockway spent most of his office hours either grading papers and test or advising students.

Although both the Political Science and History classes were part of the core curriculum, many students liked the courses that were designed to make students aware of the political situations as well as our history.

Classes such as Western Civilization, covers such topics as the French Revolution, Industrial Revolution, Scientific Revolution, the Enlightenment and much more.

"History is an entertaining class and it is

fascinating to study. With a good teacher the class can be exciting and you will learn easily," Kelly Madigan said.

Kelly also talked of the analogy that Mr. Brockway used in his class while lecturing on the Industrial Revolution.

"He asked if everyone had seen 'The Wizard of Oz' and then he showed how the tin man related to the Industrial Revolution."

Most of the information taught in the classes are best viewed by the students when com-

pared with something they know. Although not all of the teachers are 100% user friendly, the ones that are student oriented are the favorites.

Those who are involved in Poli Sci majors have the chance to work in internships in the Denver area. Government on both the state and national levels, municipal courts and even the Governors office have positions where the interns can gain real experience.

cherries 2 or maraschino cherry often cap M a ? s usu large cherry preserved in true or imitation maraschino
D ? MARASCA
ma-fas-ma \m'fasm' n s [ll. fr. LL. *marasmus*]; MARASMI
ma-fas-mic \m'fak' adj [marasmi + ic] of, relating to, or
marked by marasmus; MARASTIC
ma-fas-mic-us \m'fak' n cap [NL. fr. LL. *marasmus*]; a
genus of mostly small-sized white-spored mushrooms (family
Agaricaceae) having a tough leathery stem and cap and lack-

marbled polecat n; TIGER WEASEL
marbled sculpin n; CABIZONE 1
marblehearted \m'beil'ad; devoid of and coldly resistant to
kindness, sympathy, pity, friendliness, or affection (a ~ heart)
mar-ble-ize \m'beil-iz; to make marblehearted
mar-ble-ize also mar-bel-ize \m'beil-iz; to make marblehearted
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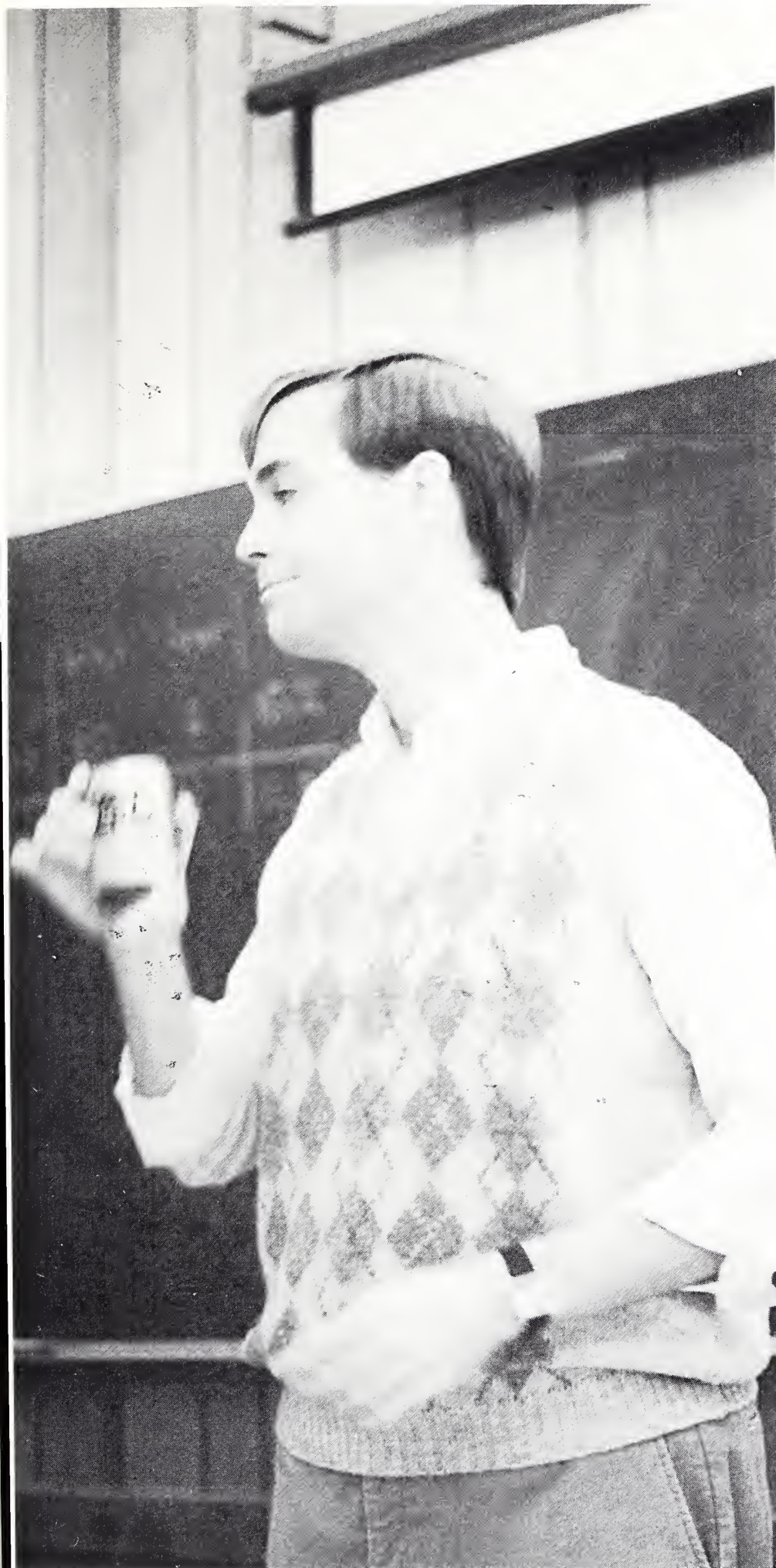
of time by marching (the city was at least a day's ~ away)
(3) a regular measured stride or rhythmic step used in march-
ing (heard the ~ of the soldiers as they filed past); b (1) for
ward movement; stealth; advance; (2) two steps (the ~ of time
and events) (the ~ of science); esp: forward movement of a
marching unit esp. a military unit (could not check the ~ of
troops into their country); (2) direction of movement
; can not (did not like the current ~ of public opinion); 6: a
long usu. time journey usu. on foot (were not happy at a ~



Of the 1000 undergraduate students at Regis College, approximately 10 are under the major of philosophy. Classes range from the Introduction to Philosophy and Straight Thinking to Philosophy of Film, literature and science fiction to aesthetics and senior synthesis. The courses are designed to open the minds of students and get them to ask the questions that will help them to easily find answers to other, education oriented inquirers.

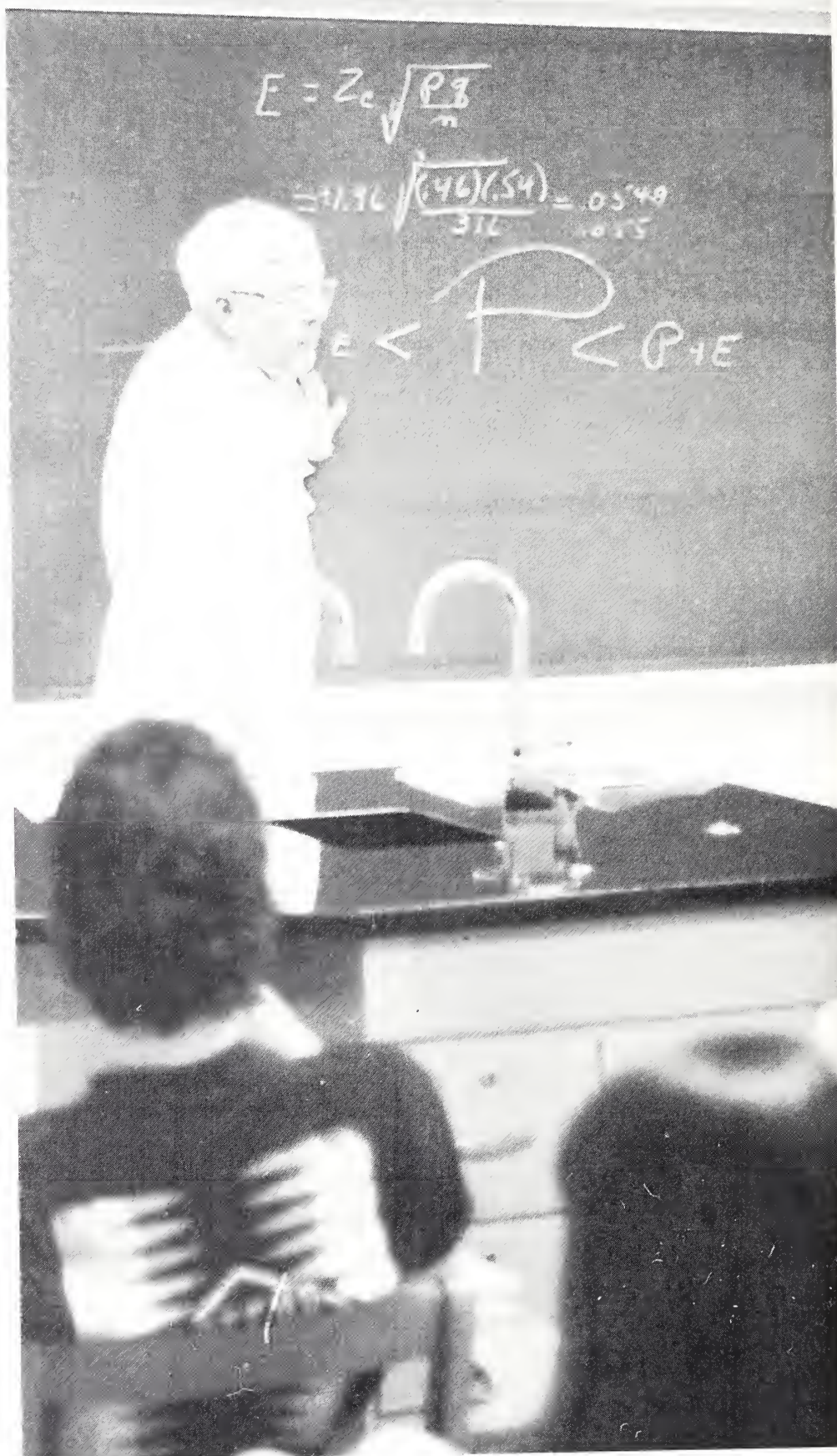
lists", or "Mid-Wives" of the mind. Social Professor Ron Disanto, feels that students gain as much as they put into the course. "I think philosophy is important and want to help others experience what it has to offer. To use a quote from Socrates, 'The unexamined life is not worth living.'"

myths that the students have been inadvertently exposed to are broken and more understandable answers are put in their places. In everyday life, many are exposed to people of other cultures and religions and certain anxieties are naturally drawn to the surface. With understanding and knowledge of their beliefs, those misconceptions are lessened. Religions such as Hinduism, Buddhism, Confucianism, Taoism and Islam are a few religions studied.



Class discussions were often casual and relaxed. Fr. Jim Sampson listens as one of his students answers a question. Religion and Philosophy classes were discussions about varied topics. Many times the topics proved to be somewhat controversial which sparked plenty of class discussion and debates.

During his statistics class, Dr. Magnus Braunagel lectures to his students about probability distribution and standard deviation formulas.



Math and Computer Science

The math and computer science divisions at Regis College are geared high for the students and challenge them to use the better part of their knowledge and learning capabilities.

The Computer Sciences offers two main types of degrees. One, a B.S. degree, aims the student in the direction of what makes the computer itself work in the way that it does, or the inner works. The other, also a B.S. degree, gives the student a more overall view of how the different types of systems work both independently and with each other.

"The students this year are of a better cali-

ber than previous years," says the Computer Science Department Head Wayne Bullcock. "The students this year are truly interested in Computer Science itself where as in other years it was the popularity of the field. Now there is more direct interest in doing the job."

In the next two years, the Computer Science department at Regis is forming a partnership with Arapahoe Community College in Littleton involving programs that will offer a Bachelor of Science degree in computer software engineering. The program will hopefully reach 500 students and will allow both undergraduate and gra-

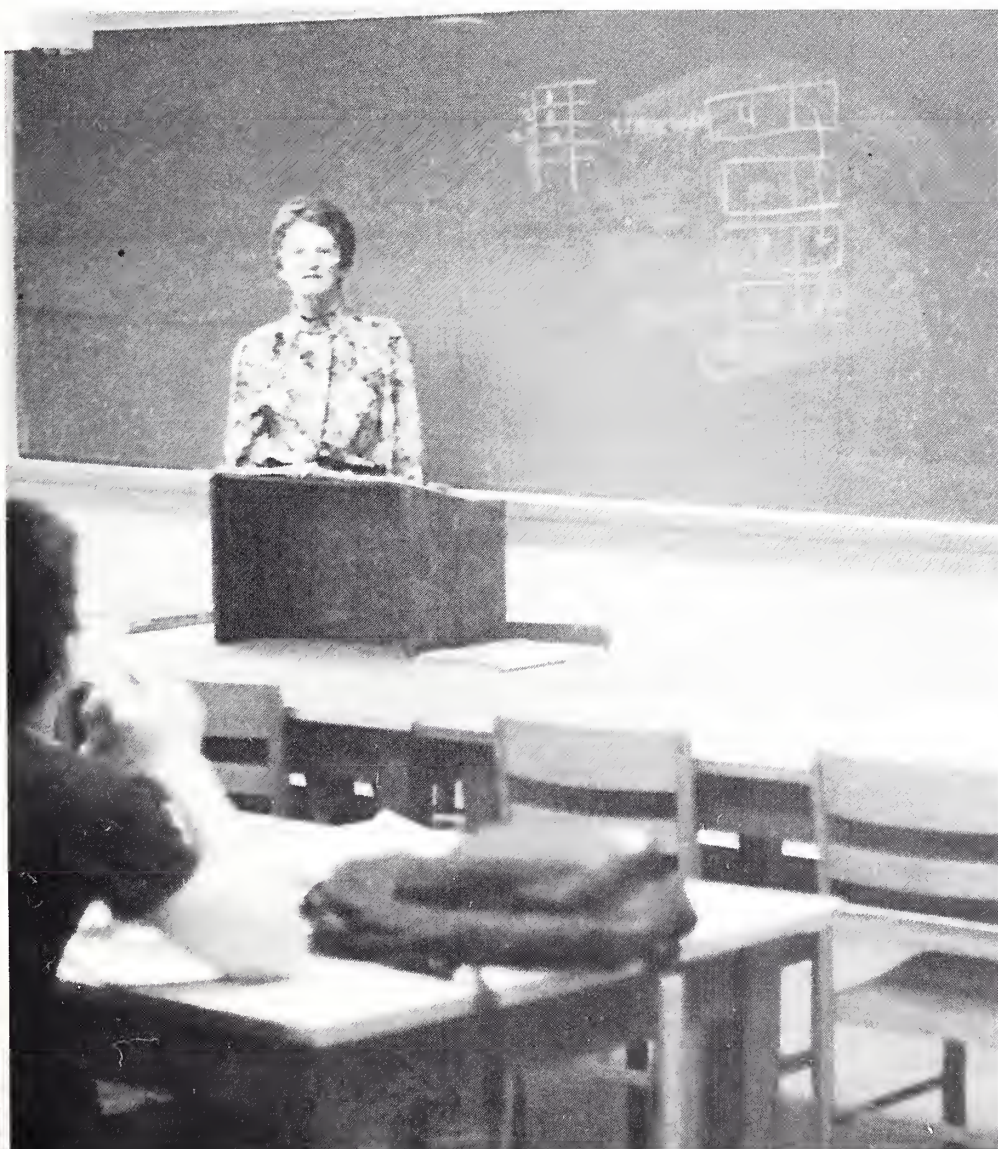
duate students to continue their computer studies without leaving Regis. All over the United States, computer science enrollment has decreased and this program, in hopes, will boost that of Regis'.

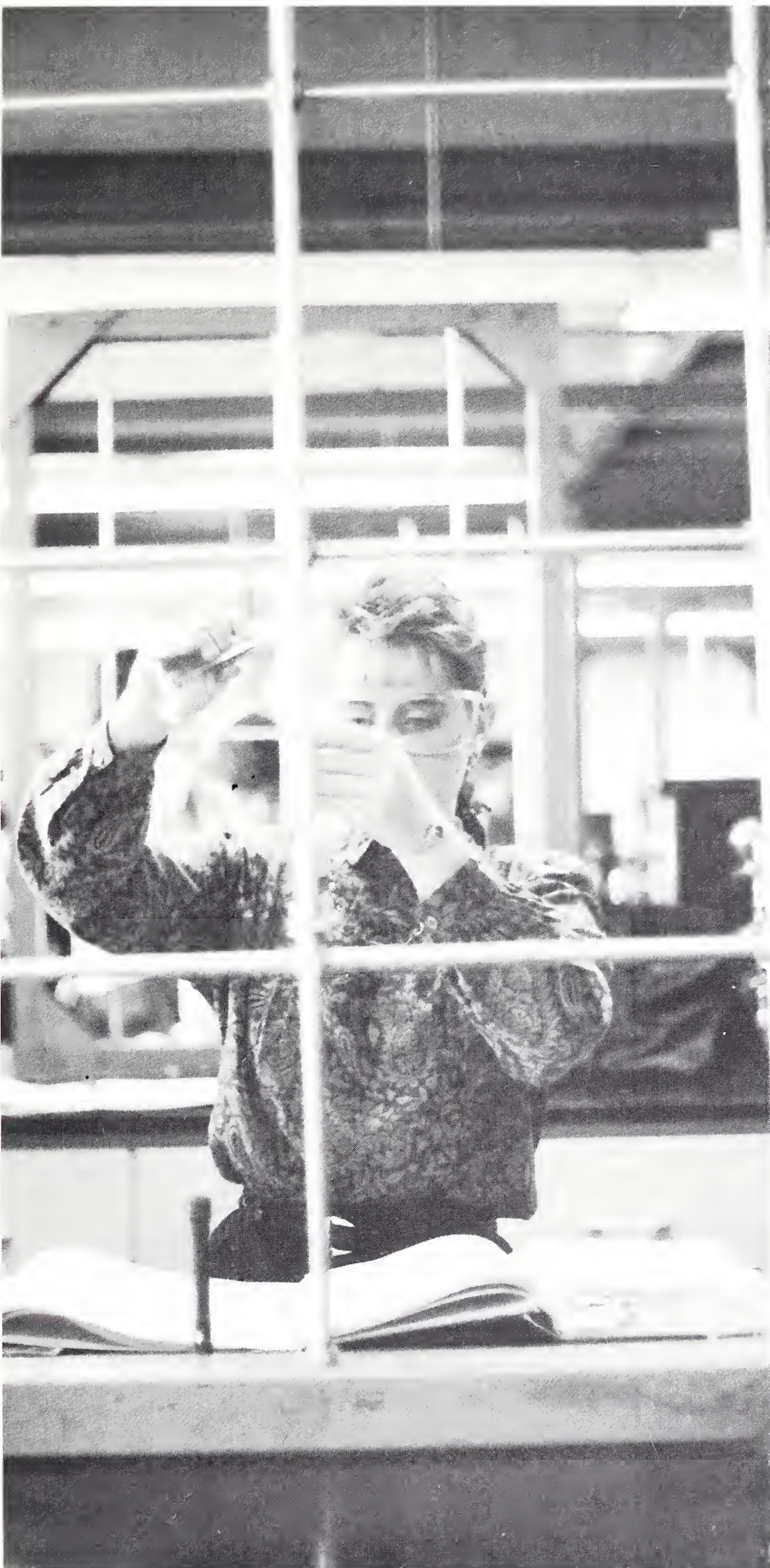
Regis's math department has an impressive listing of the many corporations around America that have taken interest in and found a place in their systems for Regis graduates with Mathematics majors. Wang laboratories, DuPont, Nasa Space Center, U.S. Navy Intelligence and Weapons systems and Hughes Aircraft, are some, just to name a few.

While at the Dean's reception, math professor Dr Charles Brase has a discussion with another faculty member.



Dr. Diane Wagan waits for questions during her trigonometry class. Taking trig was no picnic for many. Often times the questions took a majority of the class time.





Following directions from her text book, sophomore Christina Closken pours liquid into her test tube during her chemistry class. Goggles were often worn to protect the eyes from splats from the different types of acids used.

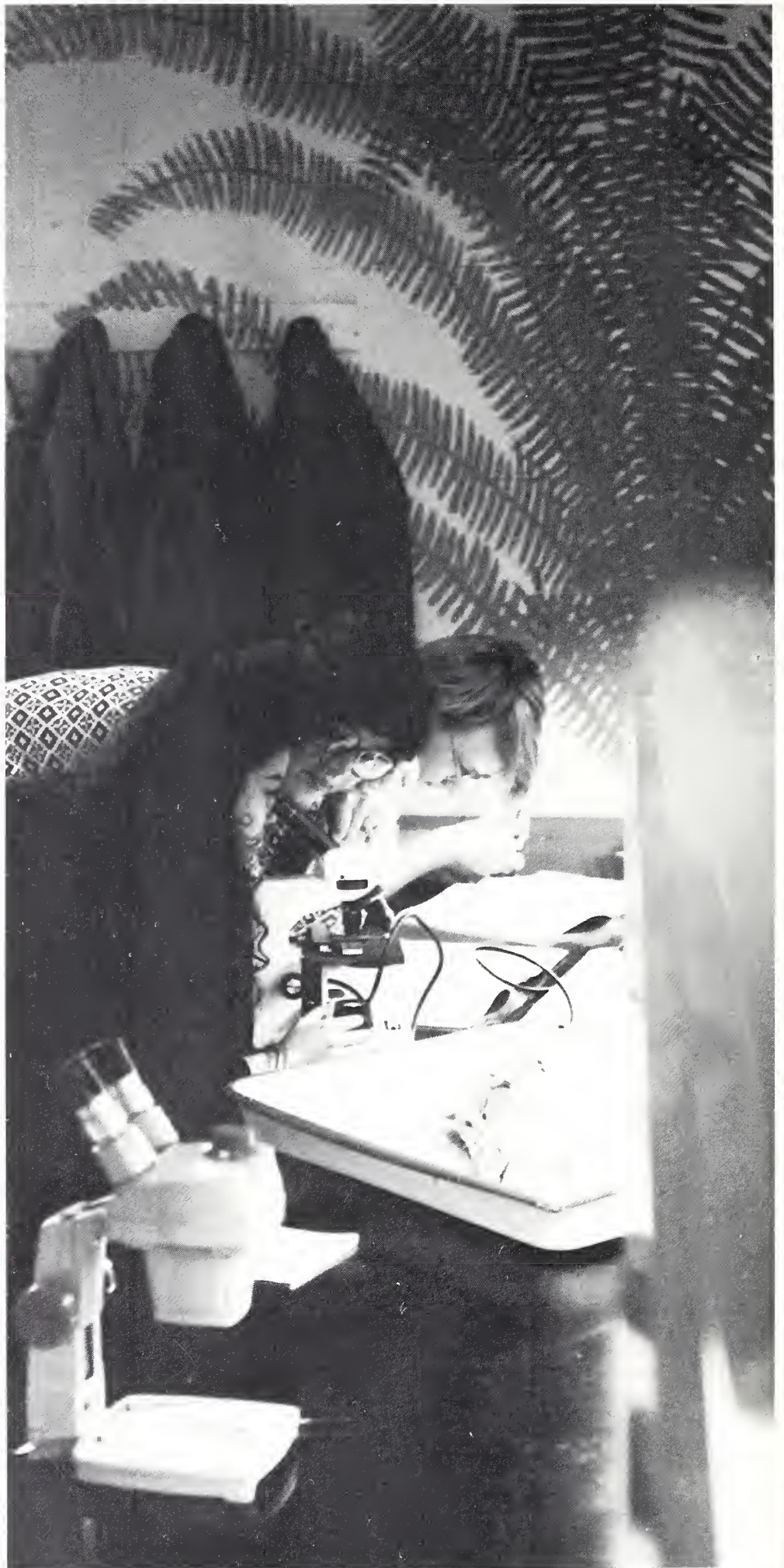
During one of his many science classes, Fr. William Miller helps a student solve a complicated chemistry question.



Making sure everyone has the correct directions, Dr. Gary Ranck looks over the manual to double check on some instructions in his biology class.



Looking at microscopic creatures in the microscope, three biology students watch as they see bacteria multiply under light.



Biology

As do the other majors at Regis College, Biology heads the student in a direction that will adjust into other graduate studies. Areas of study, such as Medical Doctorine, chiropractic and other physical therapies, sports medicine and technical medicine, just to name a few. Currently, at Regis, there are three graduate students doing work on PH D's.

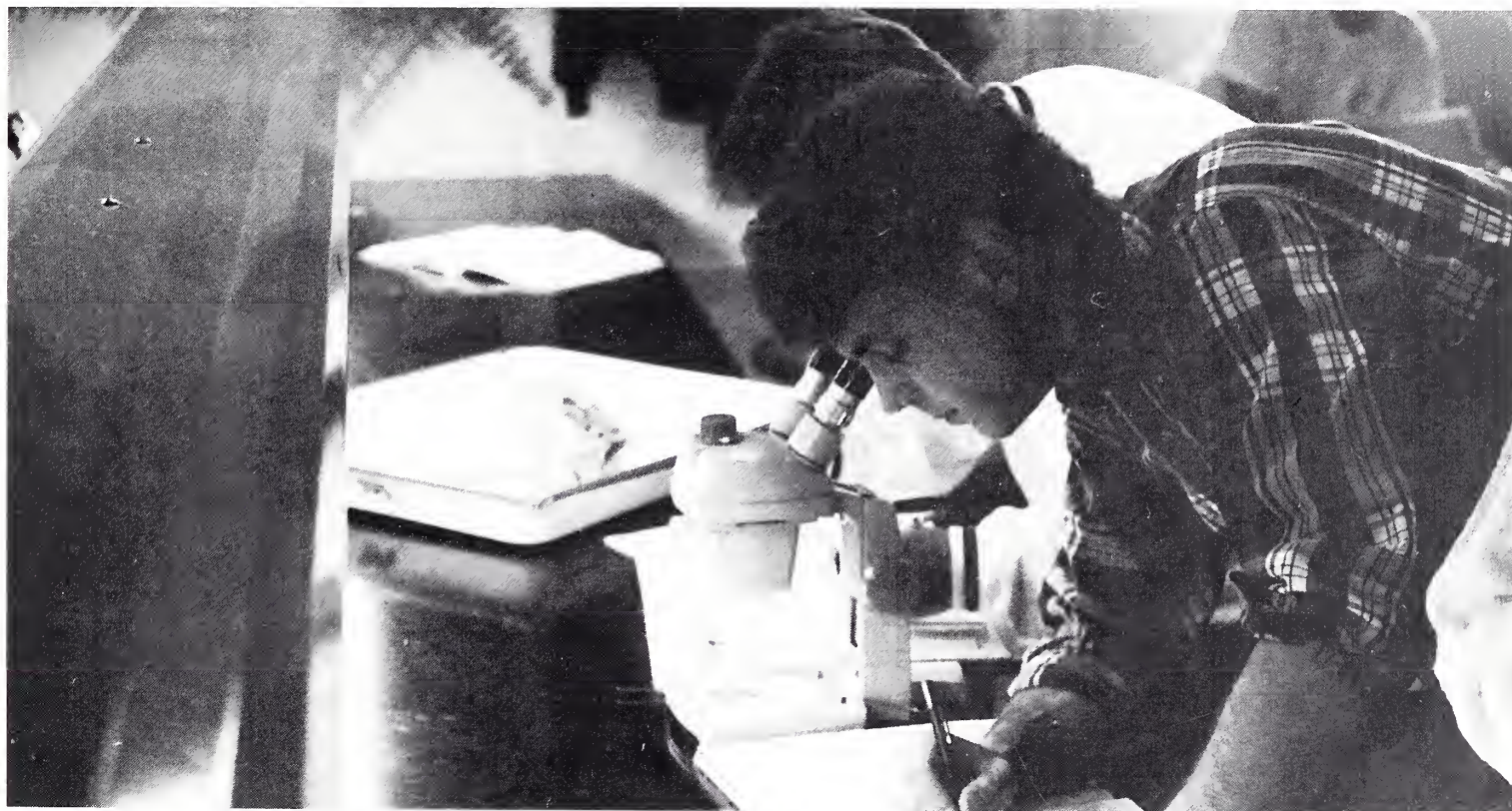
This year, work involving \$160,000 in grant money has been initiated. The money is going to be used to support two new classes de-

signed to give students a feel into the field of investigative biology, and a taste of research work. The courses are being formatted and organized by Harry Taylor, the department head, and Dr. Barbara Finney who feel that the classes should be a shared role. "We would like to pass the courses from teacher to teacher so that the student can gain the most from each of the areas of expertise. We call it team teaching."

The Biology staff feels that the Science Scholarships given out by the

school on basis of testing here at Regis have been a great source of the gifted students taken in by Regis. This year testing ran for three consecutive weekends during the month of February and opened the doors for a few new students. Regis has a few recent graduates doing well in Med. Schools. Shawn Tassoon, Susan Roughton* (daughter of Physics instructor here at Regis), and Amy Stanley are a few who are doing work in the medical field.

The classroom decor was often interesting in the biology lab. One of the more interesting displays was that of a monkey skeleton climbing a tree.

[illegible]

Recording his findings, a biology student looks at his results through a powerful microscope.

Administrative Science / Business

One of the largest and most popular fields for college students to go into is business. The division of Administrative Science and Business here offer programs of study in accounting, business administration and economics. Another area which is just getting started and is growing fast is International Business. Fr. Sheeran decided to increase the international field of study because education must become more globalized. The well rounded liberal arts background along with knowledge of

business allows students to be strong and confident when they begin their careers.

Most students choose to do some type of internship which will give them the ability to use what they have learned and also to provide them with some degree of experience. Accounting graduates are qualified to take the Certified Public Accountants examination. Graduates in Accounting often go to work for the "Big Eight" companies and also find work with smaller private firms. With the emphasis

on International Business, students have an opportunity to get involved with overseas operations.

The success of the Business Administration program has a lot to do with the quality of the faculty members. Each is very well experienced in his or her field and some still are active with their professions. The experience and dedication of this faculty group has fine tuned students views on the business world and has motivated students to be all they can be.

Finishing up before heading back to his office after his economics class, Fr. Jim Richardson stops to talk to a student.

ing both time and volva — see FAIRY KING, THIRAD BUDDE
na-ras-moid \n,mo:d\ adj [marasmus + -oid] ; resembling
marasmus
na-ras-mus \n,mas\ n-as [LL fr Gk marasmus, fr maranai
to waste away — more at SMART] ; proressive emaciation
esp. in the young because of malnutrition due chiefly to
faulty assimilation and utilization of food
na-ra-tia also mah-rat-ta \n,ra:ti-a\ n,ra:ti-a\ n mah-rat-ta
\n,de\ n pl marathas or marathas \n,de\ n [Hindi Marathi
Marathi & Marathi Marathi fr SK Mahirashtra fr mahir

bleezing also marbelizing marbelizes also marbelizes
marbel \n,mar-bel-iz-er \n,li:z-er\ n-s
mar-bler \n,bi:bl-er\ n-s ; one that marbles (as paper, the
edges of a book)
marbles pl of MARBLE, pres 3d sing of MARBLE
marble thrush \n,ma:bl-thrʊ:z\ n
marblewood \n,ma:bl-wood\ n 1 a : a large Asiatic tree (Diospyros
kuzen) that has a hard mottled wood — called also Anhanan
marble 1 b : 1) SATURNIUS 1a (2) : an Australian timber tree
get the ...

thought of a ~ to the top of the mountain — 2 : an instru-
ment or vocal composition that is in duple rhythm (as a
time) or triple compound rhythm (as 3/4 time) with a strongly
accentuated beat and that is devoted or suitable for the ac-
companiment and guidance of marching — 3 : the taking of all
five tracks by one side in the game of euchre — on the march
: moving along steadily — ADVANCE : saw that industrial
improvement was on the march : MAKE UP : troops that were
constantly on the march : steal a march on also get





At the Dean's Reception held in March, Linda Poulson and junior Anne Bonelli discuss business.

After her international management class, Dr. Cathryn Baird talks to sophomore Barry Hall about the topic brought up in class.





Nursing students could never get enough practice when it came to working with mock patients. Kathy Okamatsu takes Mike Manney's blood pressure during one of their nursing classes.

Visiting the doctor's office was never fun but Karen Zimmerman tries to ease the scare a bit for a young patient. The class often practiced on people outside of the Nursing department.



A black and white photograph of a woman with short, dark, wavy hair. She is wearing a jacket with a bold, dark pattern on a light background. She is looking down and to the right, with a slight smile on her face. The background is dark and out of focus.

[illegible]

The Fine Arts core class is a course designed to introduce people to a critical appreciation to music, art, dance, and theatre. Effective in 1989 all students were required to take the class. Each section is divided into three weeks and meets twice a week.

partment,” Director Gene Stewart said. “We instigated a dance program into the core. For example, we’ve essentially tried to have a public performance like displaying art work in the Main Hall Gallery. This gives students a opportunity to have their work exposed.” Although the class was a part of the core many students enjoyed taking the class

"I thought the fine arts core was a good chance to be introduced to the different fields of art, dance, music and theatre. I especially enjoyed the art section and it encouraged me to take further courses in art," freshmen Dan Moore said.





Preparing to transport his artwork to the Main Hall Gallery, an art student along with other students worked hard to have their painting and pictures displayed during the show.

Sophomore Kelly McInerney listens intently to another student in her argumentation class. The argumentation class was part of the Communication Arts department.

With only a few minutes left before the end of class, sophomore Pam Espinosa finishes up on a assignment in her argumentation class.



Communication Arts

Communication plays a very important role in our lives. We use it to interact with our friends as well as to conduct business. No matter how well we think we communicate, there is always some room for improvement, or fine tuning that the communication department offers to students.

Most people think that by the time you enter college, you should already have good communica-

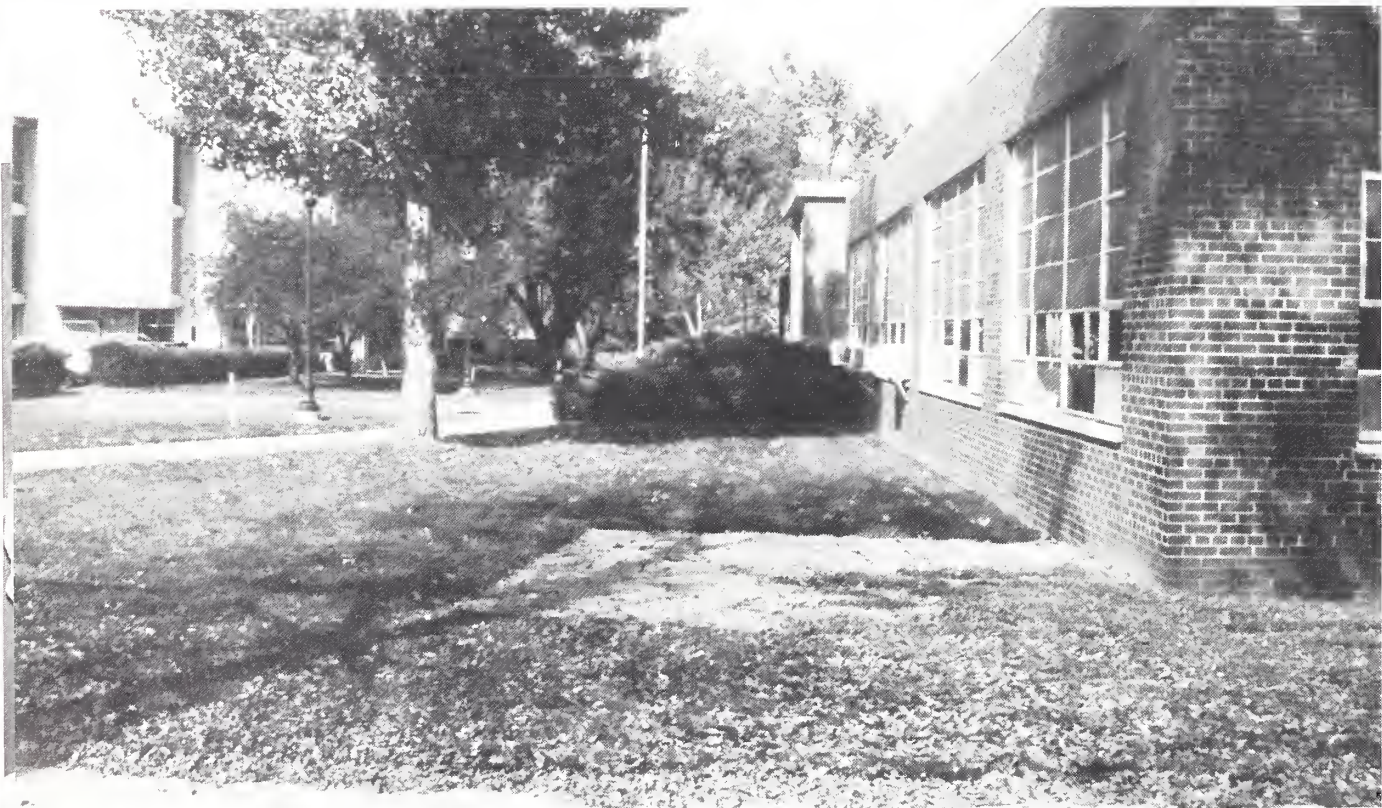
tion skills. It is something that we all take for granted. The fact is that there is still a lot to be learned. Being able to interact with our friends and being able to feel comfortable expressing our ideas in front of others. Communication enhances your employability and also your advancement opportunities. The task of improving and managing interpersonal relationship communication is a

very important part of organizational management, public relations, government, social services, law, sales, and education.

No matter what your major is, you can never get enough experience or assistance. The department here offers the best of both worlds, and this excellence is shown by having a nationally ranked Forensics team.

Because she is on the Forensic's team senior Meghan Stewart was one of the students chosen to evaluate a new teacher who may teach at Regis in the Fall. She observed him on his lecture and speaking skills.







For many students in the education department, teaching is their end goal. It is here that years and years of hard work will pay off. For many, elementary education is their main emphasis. Each education degree requires the students to do some type of field work. Many take this opportunity to go out and actually teach in the grade they one day hope to teach in.

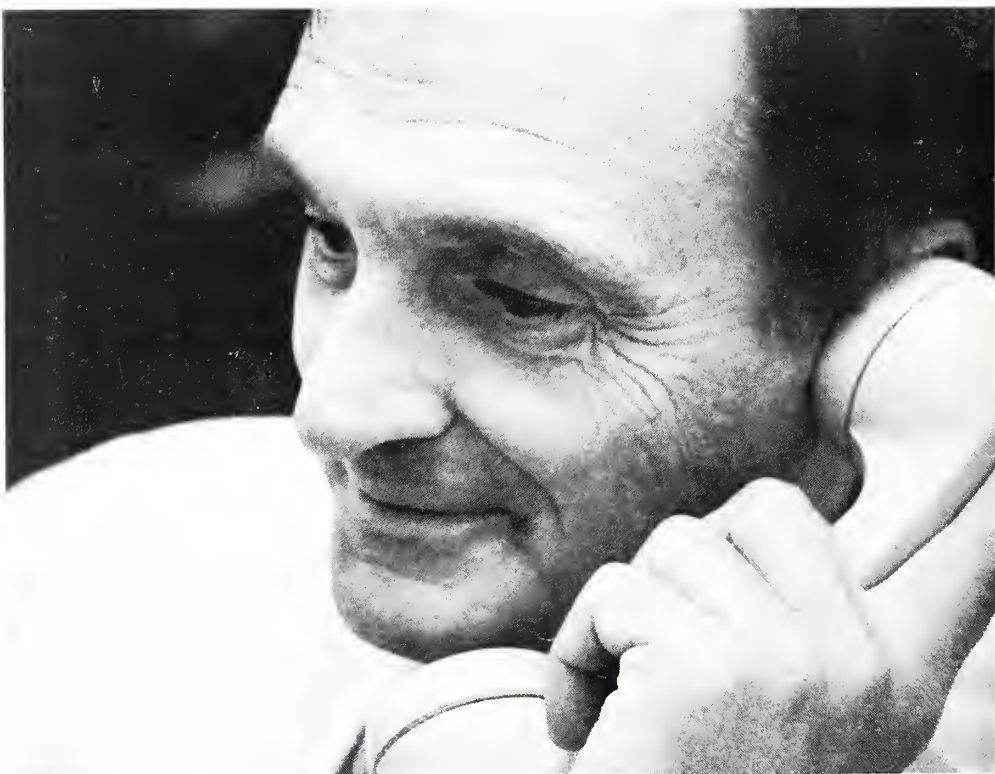
Senior Valerie Dodrill said "I had a great time doing field work. Even though it was a lot of work, it was worth it."

Senior Valerie Dodrill said "I had a great time doing field work. Even though it was a lot of work, it was worth it."

"My internship in coaching has given me valuable experience that I can take with me when I leave. I wouldn't have traded this experience for the world," Junior Elizabeth Tennessen said.

This year Regis started a program in the physical education department that starts students in athletic training as early in their Freshmen year.

In the physical educa-

[illegible]130  Academics



In his physical education class, a student serves the ball to the other team during one of the classes volleyball matches.



GOOD LOOKS ARE ONLY HALF THE STORY

This year's sports spectrum was expanded with the addition of both a women's soccer and softball team. As the teams of Regis College circulated around the immediate area and the country side, experience was gained by the many entering freshman gifted in both academics and athletic ability. The small size of Regis, compared to the Colleges and Universities that we are faced against, shows how the will and determination of our players is tested and nationally observed. As well, the drive and spirit of the players is supported and fueled by the other students and faculty of Regis as, with its small size, the attitudes and forcasted goals are so easily intertwined.

Since most of the teams at Regis are made up of newly entered freshman, next year will see the return of the majority of the talent that saw action in collegiate competition.



During a free throw shoot, Woman's basketball player, Joey Weber attempts to gain a point against the School of Mines. The team went on to win the game.



After the University of Kansas game, swing hitters Paula Hart and Sandy Haynes discuss the game's outcome.

Paula Hart, a freshman from San Pedro, California, says that, "Comming to Denver from the weather and attitude of the Los Angeles area was a real trip. I learned a lot about myself and competition traveling around with the team."

Yet anything written about the sacrafice and dedication of the many athletes who have participated in intercollegiate competition is merely trivial. They have seen the long road trips and the nights of studying before and or after a big game. They spend many hours in early morning practices and late night study sessions.

The athletes who have suffered warm ups in cold foreign locker rooms, and braved the roaring of opposing fans, their efforts have been not only for the common good of the school, but also for the good of the athlete who strives toward perfection.

During a game at home, guard Valerie Sewald applies some ice to her arm while trainer Rick Hendricks continues to monitor her pulled muscle.



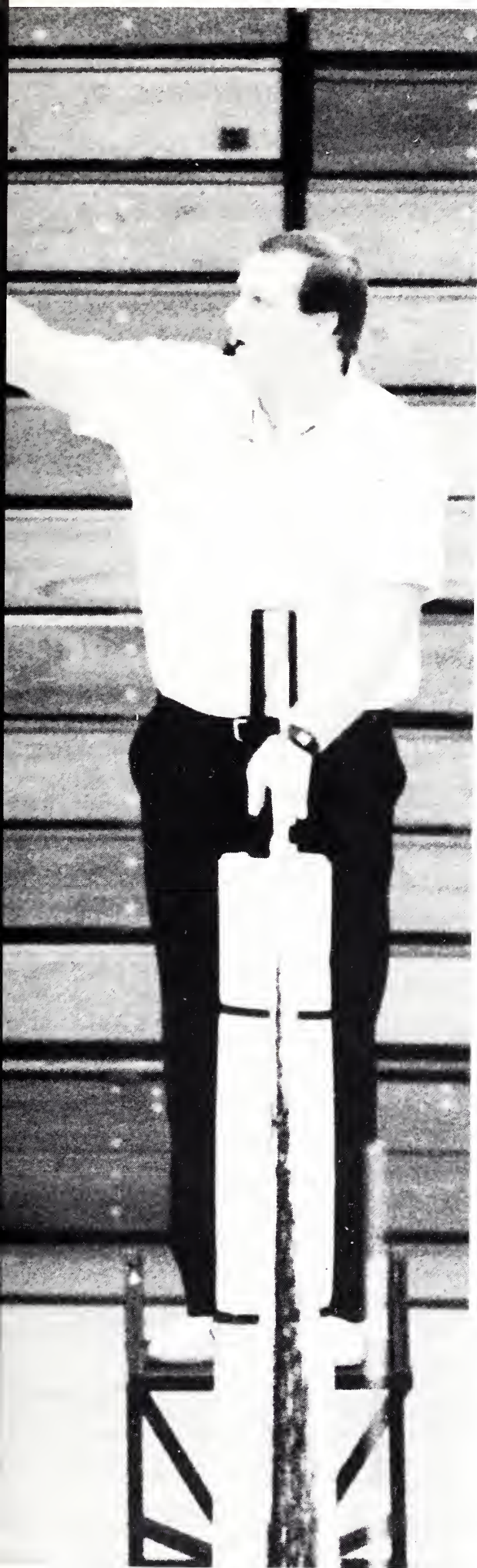
During a time out, Coach Frank Lavrisha discusses his game plans for the match as the team listens intently.

From an official's point of view, a referee initiates the serve to the women's volleyball team.



Team.....	Win.....	Losses,
Eastern Montana	3.....	0
Air Force	3.....	2
Metro State	3.....	1
University of Denver	3.....	0
Alaska-Anchorage	3.....	1
Alaska-Anchorage	3.....	0
Alaska-Anchorage	3.....	0
Alaska-Anchorage	3.....	0
Air Force	3.....	0
University of Denver	3.....	1
Eastern Montana.....	3.....	0
Metro State	1.....	3

Total Wins 32
Total Losses 12
Conference 11-1
Coach: Frank Lavrisha
Assistant: Lou Krauss
Assistant: Candee Broadhurst
Manager: Tim Flaherty



“

This year we tried a lot of new things (3 man passing, swing offense system) with new talent.

**Sophomore
Irene
Arguelles**

Girls Volleyball Team Goes To Nationals

Lead by fourth year Coach Frank Lavrish, the Rangers visited such cities as Portland, Oregon, Anchorage and Fairbanks, Alaska and Bakersfield, California. All trips went smoothly and the girls, for the second time in two years, advanced to the NCAA Division II Championships.

The "Elite Eight" was taken to the California State University campus in Bakersfield. Despite a sudden loss to Florida Southern College in the quarter finals, Regis College was the co-champion of the Continental Divide Conference (CDC). This year marked the fourth year Regis has either won or shared the CDC championship.

The highlights of the season, according to Coach Lavrish, were the wins against Portland State at the tourna-

ment in Portland, and the team from Metropolitan State right here in Denver. Their journeys enhanced the excitement of collegiate competition. The team, led by Senior captains Julie Jazsai and Corrine Donnelly, put fourth the effort it took to capture their share of the CDC championship. Irene Arguelles, the team's second year setter from California, felt that although the team did in fact take a share of the championship, never did the team "spark all at the same time." and that the teams high expectations weren't met 100%. "This year we tried a lot of new things with fresh talent" (and) "what inconsistencies we had will be worked out between now and next season." And next season looks to be a good one.



Corrine Donnelly and Irene Arguelles prepare for a serve receive from Metro State, with whom they tied as Continental Divide Conference Champions.

”

On Or Off The Field, Men's Soccer Team Excels

1989-90 will be the year in Regis soccer history that will be remembered as the year of youth, talent and personality. Coached by 13 year Regis veteran, Marcelo J. Curi, the team's youth, inexperienced in collegiate competition yet talented nevertheless, tackled a season headed off with tough play from strong teams.

It wasn't until the win against Air Force that they really started to play as a well rounded team. "Following the Air Force game, we became a closer group of friends both on and off the field," said team captain senior, Mike Adams. He also said, "The season didn't end up as we had hoped, but we are looking forward to next year as we gain experience."

Junior, Kieth Tie-

meyer, said that in the beginning of the season, it seemed that the team just couldn't get the ball in the net. "The team took a hard blow when Greg Stofac had his leg broken on an attempt to score. The rest of the trip to New Mexico was a real downer after that," he said. However he did feel that the team was very close knit.

The team held on to a record of 11 wins and nine losses. This was the 5th time in five years the Rangers made the play-offs. Next year looks to be an exciting season. Not only are the new additions to the team talented and eager, the Rangers will not loose a single player to graduation. With the balance of talent and friendship and trust within the team, 1990-91 looks goods.

We started off with young inexperienced talent dealing with great teams. Following the Air Force game, we became a closer group of friends on and off the field. The season didn't end up as we had hoped, but we are looking forward to next year as we gain experience.

Junior Keith Tiemeyer



During the season, the men's soccer team warms-up on the field. Many times warm-up consisted of jogging, stretching and other field exercises. Practices were held in the afternoon and progressed into the evening.





During the College of the Southwest game, Coach Marcelo Curi watches intensely as his team fights for a 4-0 victory. Some of the big scorers during the game were Dan Moore and Mike Adams and Paris Loyle.

Playing against Westminster College, freshman Paris Loyle clears the ball out of the goal area. Regis came out to win the game 2-1 in the final minutes of the game after much sweat and hard work.



Wins 11
Losses 9
Coach: Marcelo Curi
Assistant: Santiago Vigil

Rockhurst College 0-1
 Colorado Christian 4-0
 College of the Southwest 4-0
 University of New Mexico 0-2
 Colorado School of Mines 0-3
 Air Force 3-0
 Metropolitan State 2-1
 University of Colorado-CP 5-0
 University of Denver 0-2
 Chapman College 0-1
 Colorado Christian 9-0
 University of Colorado-CP 6-0
 College of the Southwest 4-0
 Oklahoma Christian College 3-2
 Grand Canyon University 1-2
 Metro State College 1-0

Water serves as a thirst quencher for the women's soccer team. Players Molly Firth, Dawn Guildner, Shelly Gagnon and Christi Strickland take a break before they head back to the field.

Coach Roland Sturk watches on as his girls struggle to overcome the women of the University of Denver. Coach Sturk could often be found giving the soccer team much needed advice during the game.



Women's Soccer

Metro State College 1-2
 University of Arkansas 1-2
 Quincy College 1-5
 NE Missouri State 0-2
 University of Denver 0-2
 Colorado Christian 3-2
 Colorado College 0-11
 Saint Marys 4-0
 University of N. Colorado 0-7
 Trinity College 3-1
 College of the Southwest 1-0
 Metro State 0-3
 University of Denver 0-4
 Creighton University 0-1
 College of the Southwest 1-3
 Wartburg College 4-0
 Colorado Christian 4-2

7-Wins

12-Losses

Coach: Roland Sturk

Assistant: Debbie Morales





“

For being a first year team, we came together pretty quick. Our Coach was the greatest. We did well for a first year team, and next year we can only go up.

Freshman Stacy Varney

Women's Soccer Season Plagued With Injuries Turns Out Decent Season

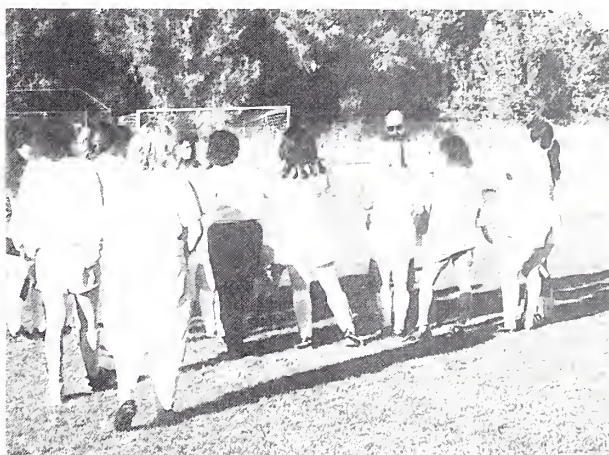
"For being a first year team, we came together pretty quick." said the first captain of the first ever Regis women's soccer team. For the first time in 102 years, Regis College has sent out into competition a team of talented young women.

At the first tournament the team entered, the Northeast Missouri State University Tournament (NMSUT), the girls took a terrible beating losing to three teams in three days of competition. In fact the team lost 7 of the first 9 games of the season. However, at the next tournament, the Chevron Invitational Tournament (CIT) in New Mexico, the girls won the tournament.

Two of the strongest players, Debbie Drieling, a freshman from Dallas, Texas, and Angie Kimura, a freshman from

Federal Way, Washington, both have had experience in regional and state competitions. They were seen as leaders in both moral and skill and gave a lot of inspiration to the other players.

Towards the end of the season, the team was working with a total of 13 players. 11 players are needed on the field at all times and of the 11 on the field, 7 of those were injured. The teams two 14 hour road trips were new experiences for them as well. The trip to NMSUT seemed to put two strikes against the players. But the trip to CIT was handled much better as they walked away with a victory. Coach Sturk said of the next year, "It looks real promising. The new recruits will be able to add some depth to the team."



The women's soccer team takes a break and listens to Coach Roland for advice for an upcoming play.

”

Men's Basketball Tackles Season To Reach District Playoffs

As the 1989-90 men's basketball team traveled, the infamous "people mover" carried them through long ten hour trips over endless stretches of Nebraska plains and New Mexico hills. Their last trip was to Phoenix Arizona as they played in the district 7 NAIA playoffs. Though they lost in overtime to Grand Canyon in the first game, they played hard and strong.

Thirteen year Regis coach veteran Lonnie Porter said that the players were "very together both on and off the court."

The team had seven new players this year, four of which transferred from small junior colleges.

Losing Senior players John Andrew, Brian "Newt" Webb, Pete Louree and Brian Jones will be challenging as

next year brings new members and new strategies. With the return of top players such as Darren Greer and Danny Newton, the team has a lot to look forward to. The other Seniors leading the team will be Wes Horton, John Carlson, and Brian Scherer. According to Porter, it's never predictable as to how a new group of players will perform. It takes a full year to come to terms both with each other and with their potential within collegiate competition.

"Just as with any team, you have a few adjustments or obstacles, but together you learn how to work through them," Freshman Jason Arosteguy said.

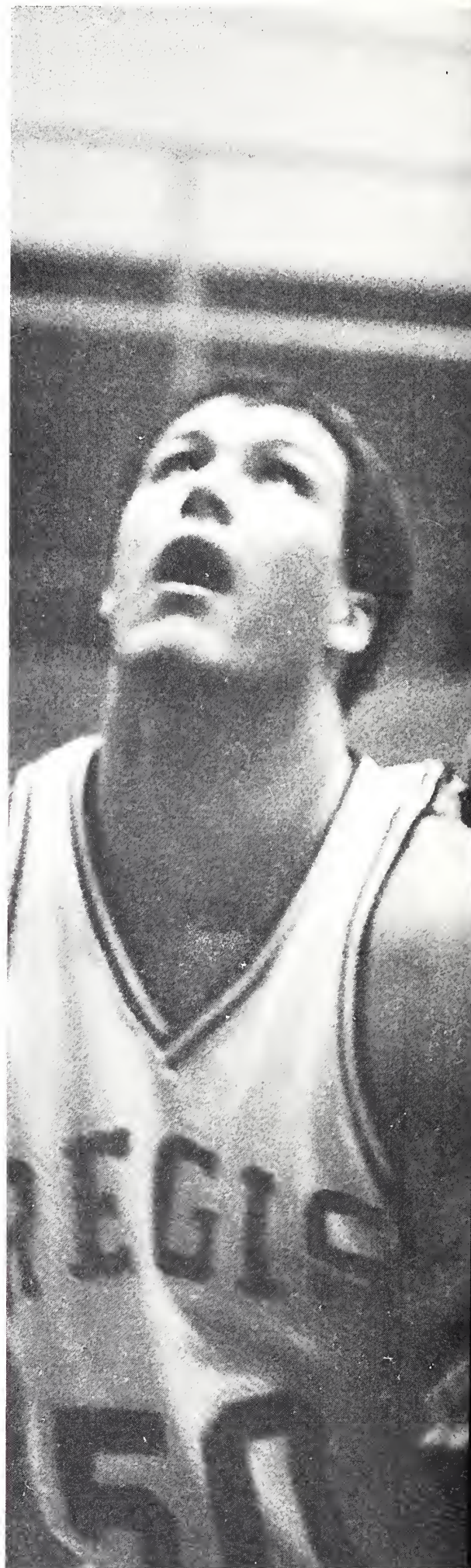
The 1990-91 season will introduce this team as active members of the Colorado Athletic Conference.

All the players were very together even though half of the team was new this year.

Coach Lonnie Porter



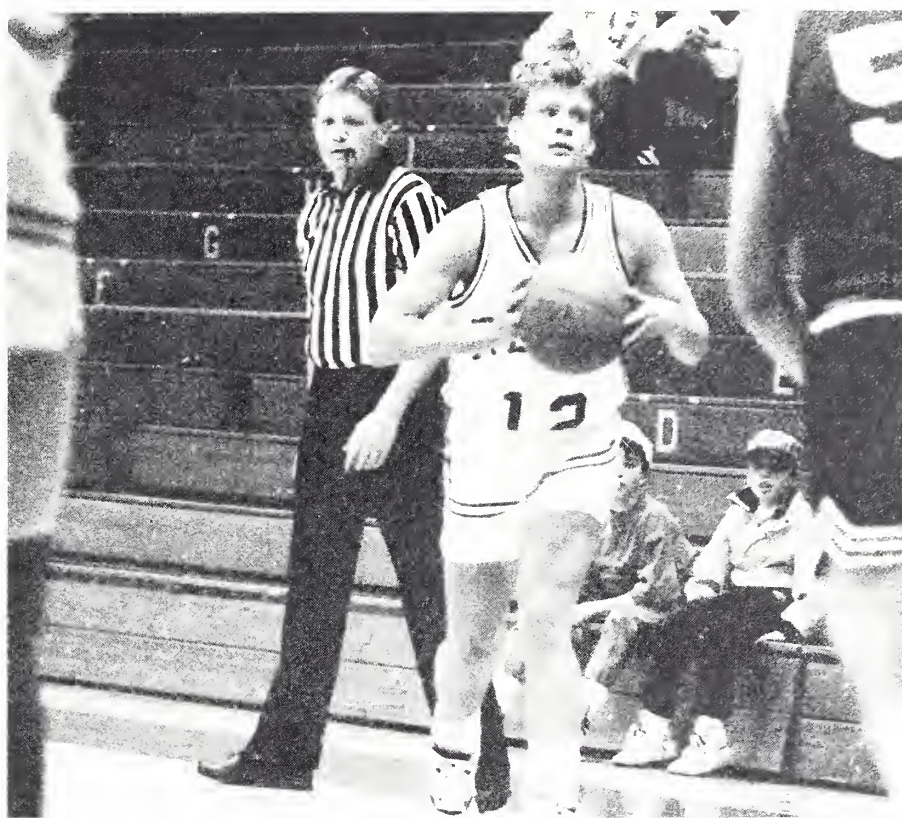
Senior J. D. Andrew speeds down court with the ball. He lead the team with an amazing 21 shot blocks with the next being nine.





Junior Wes Horton boxes out an opponent during a battle for a rebound. Wes played in all of the Ranger's 29 games and averaged nearly six points per game.

Senior Brian Webb sets up the offense and passes the ball to a fellow teammate. Although only averaging ten minutes per game, he contributed much to the squad.



Total Wins 14
Total Losses 15
Coach Lonnie Portr
Asst. Doug Farley
Asst. Simon O'Hanon
Mgr. Janette Ortiz

Wayne State	83-72
Sterling Coll.	67-71
Loras Coll.	57-54
St. Mary's	81-50
Colorado Mines	70-61 / 73-79
Cameron University	73-78
Ft. Lewis	69-72 / 95-80
Air Force	64-88
Cal State L A	46-59
Colorado Coll.	86-83
Metro State	53-84 / 60-74
University of Denver	58-80
RPI	59-67
New Mexico Highlands	71-83 / 92-83
Kearney State	57-78 / 78-95
Denver	82-67 / 73-52
Chadron State	88-77 / 94-98
Colorado Christian	68-76 / 73-66
Colorado-Co. Springs	59-58 / 65-56
Grand Canyon Univ.	72-74

Senior Val Seawald plants and pivots giving Joey Web time to set up an offense. She led the team with 115 points, 88 three point shots and 111 steals. She also started in every game the Rangers played in 89-90.

Through a wall of hands, Corinne Deters puts one up as Shay Kitchens looks on. As a Freshman, she has performed well with 110 points, 14 shot blocks and 21 steals.



WOMEN'S BASKETBALL

New Mexico Highlands.....	53-51
Colorado Mines	65-48/67-42
Northern Colorado	50-69/63-61
Colorado Christian	89-52/67-45
Fort Hays State	73-80/75-59
Sonoma state	57-52
UC Davis	61-67
Mesa State	76-71/79-70
Western State	74-64/85-86
Alaska-Anchorage	81-82/84-77
Metro State.....	59-60/68-66
Colorado Colo.Springs	66-45
Denver	75-80/93-66
Air Force	84-77/71-87
Alaska-Fairbanks	70-80/71-62
Eastern Montana	78-70/62-56
Colorado Coll.	73-60

Wins 20
Losses 9
Coach Barbara
Schroeder



“

I was surprised since the last few years haven't been so strong. It helped that the team gave it 100% from the start of the season and not just toward the end.

Senior Val Seawald

Women's Basketball Pulls Together For Powerfull Season

Two losses with one point spreads made the difference between taking first place in the Continental Divide Conference, and giving it to Air Force. Their overall record, 20-9, was quite an improvement over last years record of 10-18. Their conference record this year was 7-5. The final game of the 89-90 season marked the last game in which Regis will play in the CDC. Next year will see competition in the Colorado Athletic Conference with teams such as Metro State, University of Denver, Colorado Christian and University of Colorado at Colorado Springs.

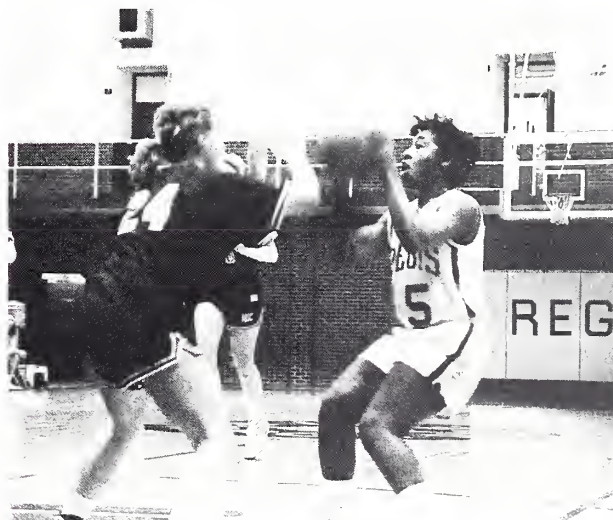
For the second year in a row, Senior Val Seawald made the All-Continental Divide Conference Team. Not only is she in the top of the NCAA Division II list in three-point shots, she led the Rangers with 12.1 points, 5.1 assists and 3.8 steals per game. She also made the second team Academic All-

Conference squad with a gpa of 3.3 in Math and Accounting.

Senior Joey Weber was named to the First Team Academic All-Conference Team for the second year in a row. In Public Relations and Marketing, she has earned a gpa of 3.72.

Joey Weber now ranks third in career scoring with 1044 points. Val Seawald is second with career assists at 420 and Tamara Clair is fifth in rebounding with 567. Their overall record of 20-9 is at a tie with the 1983-84 squad. Their conference record, however, is an all time at 7-5.

"I was surprised since the last few years haven't been as strong," said senior Val Seawald. "It helped that the team gave it 100% from the start of the season and not just toward the end," she said. "The trip to California gave us better teams to play against and prepared us for the conference games."



LaShaa Ross, a Junior, faces off with an opponent. She supported the team with 43 steals and 93 rebounds. She has been a consistent player with the rangers since 1987.

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WOMEN'S TENNIS





GOLF







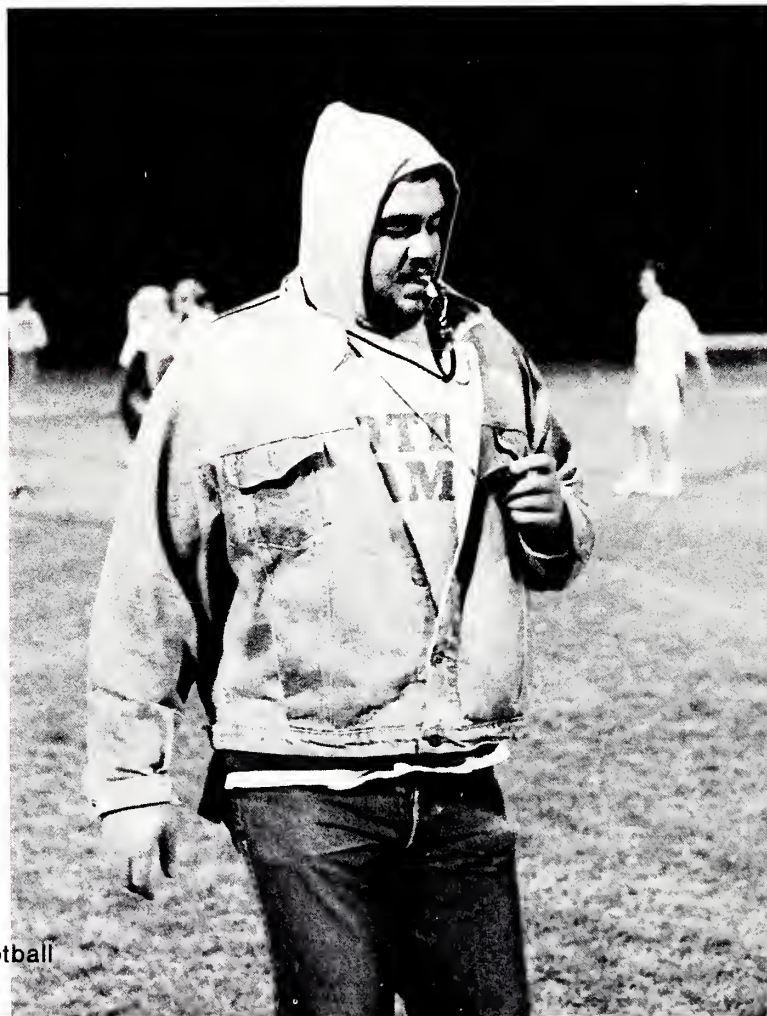
GOOD LOOKS ARE ONLY HALF THE STORY

Good Looks Are Only Half the Story for Intramural Sport players, nice girls by day turned into vicious competitors by night. For the Guys, playing on the field brought back many high school memories. The Intramural Sports department headed by Campus Life Director Jim McCormick, has provided inner campus sporting events including football, softball, basketball, soccer, field hockey, volleyball, and racquetball.

"Intramurals gives the students a chance to play the sports they like without having to be great players" Intramural Sports Coordinator, Shellie Dyman said.

Aside from the actual sports event, the competition between students was often heated, but all in fun.

"For many students, intramurals is a great way to get out and meet other students."



During the women's intramural flag football game, referee Karl Scheib looks at his stop watch and prepares to blow his whistle signifying the end of the first half. The game often got a little rough as both intramural teams pushed and kicked for touchdowns.



The sideline was often as active as the field. Football player David Maude gets some help with stretching by Jeff Harris.

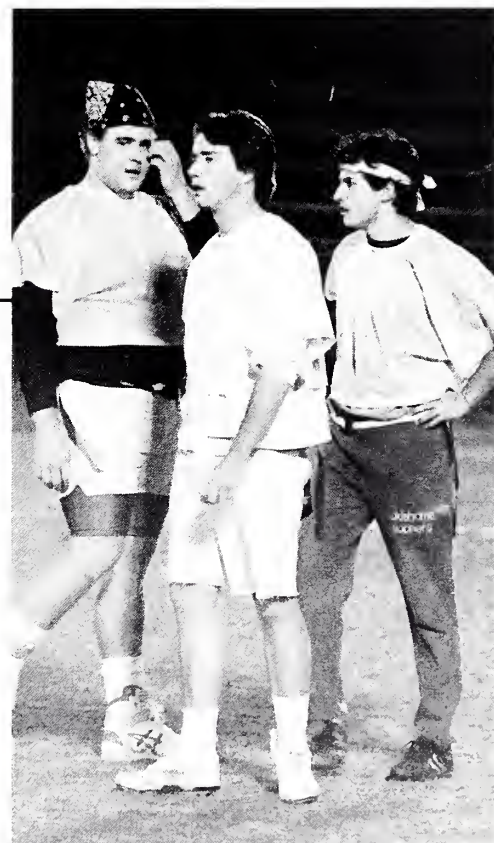
"It's hard not to get to know someone when they are plowing you over," Junior Melissa Coram said. "The intramural programs run throughout the year, so students always have something to play and are always active."

Although the competition was held within the school, that didn't alleviate any fan participation.

"Last semester I went to the intramural football game, even though it was about 15 degrees and at night, there were about 20 extremely excited people present to cheer on their team. The screaming and yelling offered the support the team needed to do their best." Sophomore Nick Jackson said.

While the games were often nasty but fun, they did say, "Good Looks Were Only Half The Story."

While waiting for a call on a play, intramural football players Richard Hanousek, Bill Hassett and Chris Kaiser take a few quick breathers before heading back on to the field. The teams played flag football on the Regis football and soccer fields in the fall and early winter.



Brutal But Fun Women's Football Proves To Be Vigorous

Give it whatever title you like; "Intramurals," "Touch Football," "Flag Football," or even "Powder Puff. So be it. But the women of the teams are a very serious bunch. As O'Connell Hall gathered up thier women (simply called "Outta Control), some other students decided to represent an off campus team. J.J. Ramsey's team won the championship, but as Beth Bauer from O.C. stated, "We put up a good fight."

These games also allowed fellow students to watch our Regis women in rare form. Dressed in long johns, big brother's XL sweatshirt, grubby tennies, ear muffs and mittens, these women conquered 15 degree weather and the exact mud holes that mother always told us to stay out of.

Kelly McInerney, another O'Connell Hall resident says, "It didn't matter the conditions, we just wanted to play."

And that is just what they did. Beginning in late October, teams of energetic young women are formed and with makeshift locker room "John Madden" style pep talks, the teams faced off on the gridiron.

Jamie Hogan, team member of Outta Control fame, said, "It was a lot of fun, only I wish that more girls would have created more teams." She felt that the weather wasn't too much of a problem, "It was real cold one day. But even when the weather got really bad it was no big deal." As for thier rival team, J.J. Ramseys, "Sometimes things got pretty mean, but that was the fun part!"



Girls will be girls, except on the football field. The girl's intramural teams play vigorously in flag football.

“

It didn't matter the conditions, we just wanted to play.

**Sophomore
Kelly McInerney**

”





Disputing a call, senior Katina Tsapakis argues with referee Dave Long during a game of flag football.

No helmets required but there was plenty of action. The women's intramural teams played heavily in flag football.



Champions
J.J. Ramsey

Women's Football Stats

O'C Outta Control.....	2-2
J.J. Ramsey	4-0
Wally's Women.....	0-4
<u>Playoff Game</u>	
O'C Outta Control.....	13
Wally's Women.....	12

Contemplating what he did wrong on the last play, junior Bill Hassett heads to the sidelines to think things over. The sidelines provided a place for the players to analyze previous plays and to plot up-coming plays.



During one of their teams time-outs, senior Andrew Scott gives his team mates, seniors Matt Gagnon and John Mitchell a pep talk. Pep talks given by coaches weren't uncommon on the field to try to improve plays.



Playoffs
Mac Attack 28-26
Team 10
A/D 28-6 Team 9
Penetrators 20-6
Lords of Discp
Mac Attack 28-14
Appeltte/Dest.
Crypts 20-6 Lads
Champlonship
Mac Attack 20-19
Crypts



“

Men's Football
 Mac Attack-Champs 6-1
 Crypts 8-0
 Appetite for Destruction 7-1
 Penetrators 4-3
 Lords of Discipline 5-4
 Team 9 4-5
 Team 10 3-6
 Heavy Unit 1-5
 Team 8 1-6
 WWT 0-8

Most of our team graduated, but next year we will do our best to put together a team as well as this year.

Freshman John Gehan

”

The tension begins to increase as members of both teams including seniors Bill Hassett, Joe Stohl, Don Theilen, and Pete Augon meet at the line and wait for the snap



Men's Intermural Teams Fight To Finish As Mac Attack Wins Play-offs

At one time, men's intramural football was known as a brutal sport that divided the men from the boys. But since 1987, with the help of Jim McCormick as Intramural sports director, the injuries have lessened.

Jim recalls saying, "If it doesn't change, we'll discontinue the program. Although a few scrapes, bumps and bruises still hobble their way off the field, Jim feels that the sport is "now manageable."

Nevertheless, team names like "Penetrators" and "Appetite for Destruction" do exist.

Dave Long, a junior who participated in the games and who plans to do so again, says that, "We should stop worrying about who gets hurt. It's a physical sport. That's why we sign a waiver.

Despite contradicting viewpoints, and the varying degree of injury, the participation is overwhelming and the season ended with the team "Mac Attack" as the 1980-90 champions.

John Gehan of the season champion team, "The season was great. We had trouble with the Crips (no-no people . . . the team..), and lost the game seven to six. But the rest of the season went real well." He went on to say, "It was a real blast coming from California and playing in the snow." "Most of our team graduated. But next year we will do our best to put together a team that will succeed as well as this years. Next year I will be playing for sure."

They met the Crips in the championship game and held on to win it 20-19.

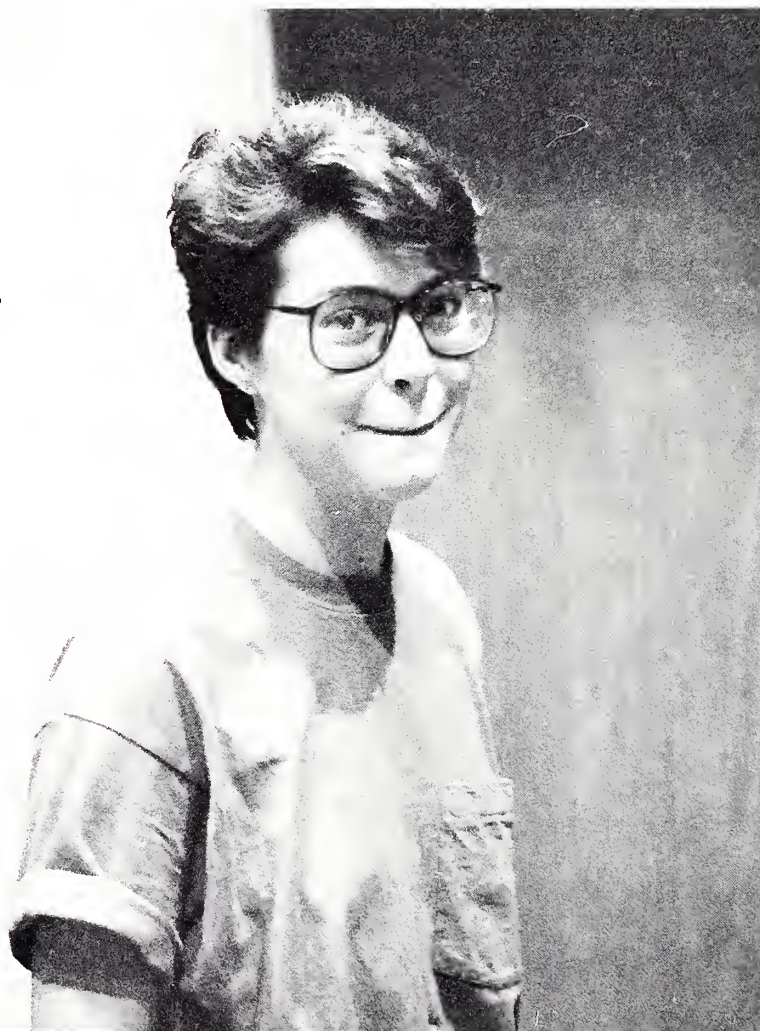




GOOD LOOKS ARE ONLY HALF THE STORY

The new faces walked in at the beginning of August. Some of the new faces were freshmen while the others were transfer students. For those that were unfamiliar with the campus, it was a sight to see. For those who transferred getting used to a new school was sometimes hard. For the seasoned student they quickly got used to the way Regis worked, and slowly but surely the routine began, like previous years.

For some students whether they were new or not they had some individual stories and events that touched their lives. For some freshmen, getting involved was a big priority. One of the first events to mark the new year was the freshman elections. But along with freshman elections several events were held such as Fall Frolic and Resident Olympics were perfect opportunities to get to know fellow students.



Along with CLC and other campus events, junior Heather Beran proceeds to work on her homework before a Sunday night meeting. Many students had to juggle their classwork and social life to get everything done within the week.



At the Circle K sponsored Casino Night, junior Paul Otterbine and Shannon Kerr prepare to deal the hands at the poker table.

But along with getting to know other students, each of the individual residence halls held events to promote unity within the halls. DeSmet held a barbeque while O'Connell went to a park for a picnic and a game of softball.

Aside from knowing fellow students just in the residence halls, off campus parties were very popular. The famous party places-Knox street and the Club House across the street were perfect places to get to know the whole campus within one room.

For the seniors who were sometime "above" the party atmosphere, they had more important things to worry about such as graduation and its preparations. Having the grades weren't the only important factors. Making sure one had the cap and gowns and graduation announcements also took up a lot of time.

The computer labs weren't the only places that papers could be processed. Many students had personal computers in their room. Many said that having a computer in their room meant they weren't constrained by the computer lab hours.



Stressed Out Weeks Lead To Frizzled Nerves

Monday morning, three major research papers due, two exams and a load of reading, not to mention the girlfriend (or by odd chance, boyfriend) who is mad or displeased about something. When are students to find the time to deal with it all? Stress is a typical diagnosis.

Paula Hart, a freshman from the notorious stress free environment of L.A., says that for some reason, the city of Denver itself seems to give cause to a lot of the stress.

"At home I dealt with stress by going to the beach, friend's houses and other familiar things. But now that I am so far away from home and nothing is that familiar, the stress just sort of levels off at a certain level and you just deal with it."

Paula Hart sits in a room that reflects her un-nerving schedule. With the lower lip stuck out and hands folded she assumes the position of the stressees.



Antonio Adams
Joseph Adducci
Renee Allan
Elaine Allen
Rick Andron
Lisa Andrews



Gregory Arana
Irene Arguelles
Steve Arnot
Jason Arostegay
Rola Award
Chario Baillargeon



James Ballington
Angie Baranko
Christina Barela
Doiran Barnes
William Barnes
Karen Barton



John Beaston
Christi Beikel
Michael Bell
Terri Bell
Christina Beloud
Robert Bennett





Heather Beran
Kori Bernards
Linda Berner
Steve Biggs
Jeff Bishop
Robert Blanchard

Robert Blanchard
Corla Blue
Christopher Bohn
Chris Bollinger
Mark Bonacci
Anne Bonelli

Francisco Borquez
Angela Boyd
Reid Bozak
Chris Brennan
Le Ann Briggs
Mike Brockway

Lawerence Brooks
Paul Brown
Mike Brungardt
Dennie Bryant
Jennifer Buchheit
Douglas Burkhardt

Robert Burkey
Robert Burton
Derek Buschman
Gia Canzoneri
Thuy Cao
Emily Carborough

Dave Carp
Stephanie Carktead
Eric Carlson
Marla Carroll
Mike Casper
Cecilio Cereceda

David Cesenal
Charine Chase
Micheal Chase
Julie Chauvin
Robert Cillessen
Kimberly Ciurej

Julie Clayton
Jim Cleppe
Tina Closken
Julia Coffey
Christene Cole
Rob Collins

Donald Connor
Chris Cooley
Melissa Coram
Cynthia Counterman
Tom Courchene
Cheryl Cox



Laura Crane
Michael Crawford
Aaron Crouts
Mary Cunningham
Jami Cullan
Lisa Dalaha



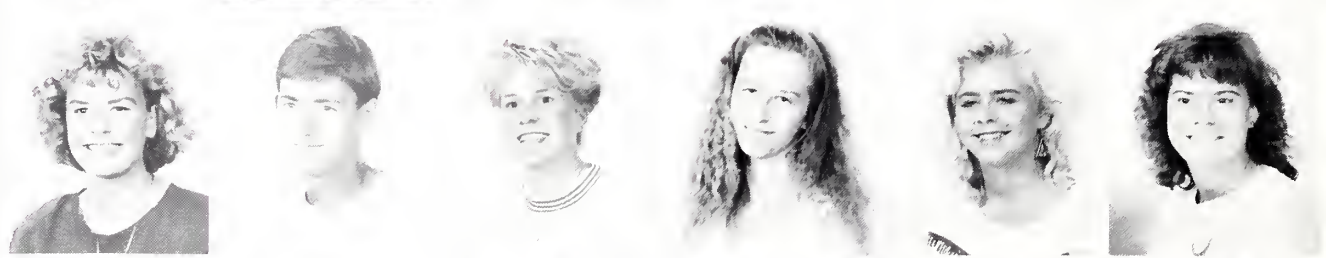
David Dearment
Michelle De Santis
August Dennig
Corinne Deters
Dana Dian
Luis Diaz



Craig Dinan
Matt Donnelly
Amande Donner
Tracee Dowdle
Jennec Dugert
Geoff Duianey



April Dunafon
John Dye
Mary Dyer
Michele Echeverria
Sarah Eads
Robben Edelman



Karl Eichelberger
Carolyn Elam
Keith Eldredge
Jeff Ellerbick
Brent Elston
Janet Emlich



Pam Espinoza
Pablo Estevez
John Farley
Francine Feldman
John Fennel
Eric Flonowich



Gus Findoff
Amy Flaherty
Corey Flanagan
James Flannagan
Andrew Flynn
Edward Fuentes





Elizabeth Forbes
Mark Forbes
Colette Freeman
David Frees
Deana Freudenstein
Taryn Frutes



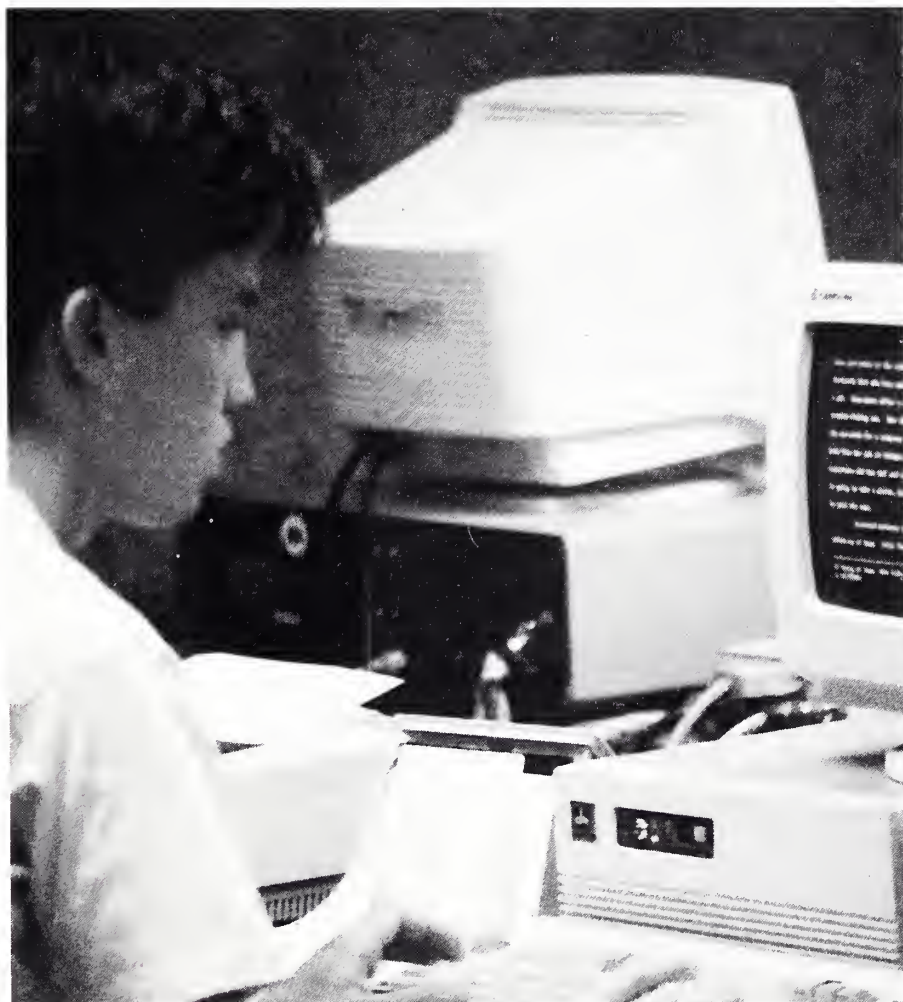
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Shelly Gagnon
Chris Gainer
Mark Garcia
Joy Garczynsla
Matthew Garofalo



Brad Gaskill
John Gehan
Jason Geno
Sean Geyot
Frederick Givins
Peggy Gladbach



Tom Glasel
Glen Glorioso
Brenda Godfry
Anthony Godoy
John Goeken
John Golinavx



Computer Labs Prove Popular Among Students

Labs. Computer Labs, Science Labs, Language labs. All three were utilized by students. Perhaps the most activity used were the computer labs. The labs opened at 8a.m. and were open until 11p.m. usually packed with students typing out last minute papers.

The three computer labs located in the library, the science hall and the newly opened lab in Carroll Hall were easily accessible by students.

"Sometimes I went to the library lab and it was full but I usually found a open computer in one of the other two labs," freshman David Lowe said. "The smaller labs in the residence halls were also convenient."

While the labs were easily accessible, when students had to do papers they also provided games and simulations including a political science simulation of the presidency.

The library computer lab was one of the more popular 'computer hang-outs'. A student finishes up on an English paper.



Weekends Revitalize Tired Students

The word 'weekend' means a lot of different things to a lot of different people. But one universal meaning was a break from the monotony of classes during the week. Agendas to work for a little extra cash or to pay rent or to head for the mountains to go skiing or to get close to nature were major events for many on the weekend.

For students who live on campus, finding ways to pass the time were difficult but not impossible. During the Spring, volleyball nets were in place in the quad for those who wanted to play and frisbee or hacky-sak was also popular. Although most students did what they could to escape their academics, many also took advantage of the (usually) quiet Residence Halls and library to study for that big exam early Monday morning.

"I try to do some work in the early hours of the afternoons. It seems it's a lot quieter because people are still asleep from partying the night before or they're off campus," junior Carlos Muhletaler said.



It was Friday and no time to stick around the Residence Halls, junior Tom Newton heads for the park on Lowell and I-70 to take a break from his weekly routine.

Terri Gomez
Dolores Gonzales
Rita Gonzales
Greg Godnell
Rick Gramhill
Susan Grandgenett



Lachelle Greager
John Greene
Darron Greer
Craig Grover
Lawrence Gutierrez
Trisha Haase

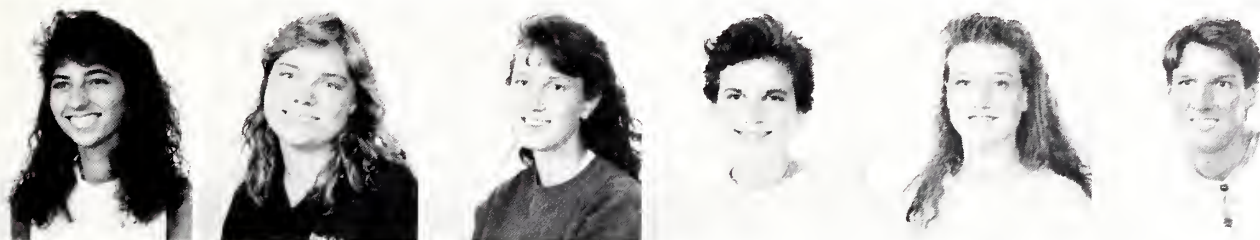


Barry Hall
Russell Halpine
Elizabeth Harding
Matt Hardwick
Jeff Harris
Lauri Harris

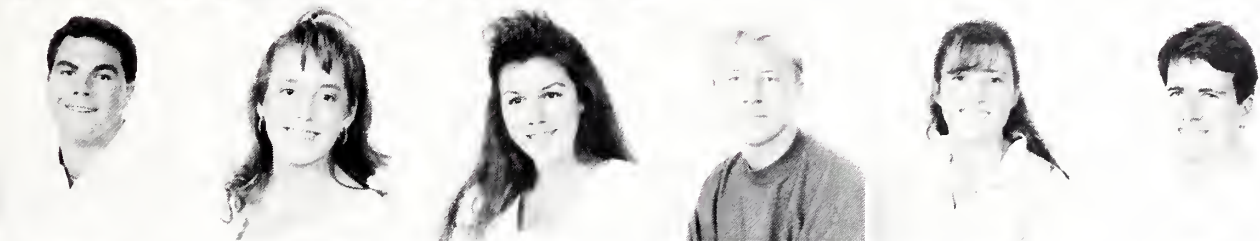


Paula Hart
Greg Hartman
Anzonio Harzer
Jennifer Hacall
Mark Hastings
Sheila Hatch





Andrea Hayes
Wendy Hayes
Sandra Haynes
Rachel Heaton
Julie Heddies
Kenneth Hedrick



Jim Hellman
Kathryn Heiss
Shawn Heit
Eric Heimmer
Sarah Hemming
Dan Heneghan



Glenn Henkel
Jenee Herra
Heather Hienen
Steve Higgins
Monica Hill
Libbi Hintze



Merton Hirsch
Noel Hoblit
Art Hodgdea
Dia Hollenbeck
Tim Horn
Wes Horton



Alliana Howard
Michelle Hubert
Tara Huffman
Troy Hunt
Holly Hunzicker
Michelle Hyman



Dennis Ilczyszyn
Mike Imhof
Nicholas Jackson
Jill Janney
Lisa Jeffries
Michael Jelen

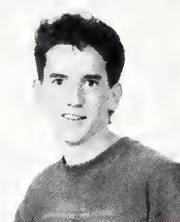
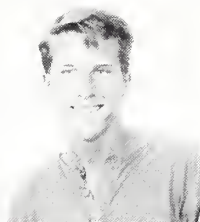


Daniel Jenkins
Brian Johnson
Ernie Johnson
Scott Johnson
Chris Johnston
Mark Jones



Roberta Jones
Stephent Jones
Veronica Jordan
Jonah Kahan
Linda Kasel
Patti Kato

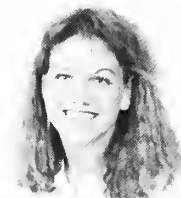
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 Brian Kearney
 Kevin Kearney
 Jennifer Keese
 Chris Kelly
 Thomas Kelly



Tyler Kelsch
 David Kemp
 Michael Kerr
 Shannon Kerr
 Elizabeth Keyser
 Dan Kim



Joy King
 Mike Knudson
 Marc Koblesky
 Bret Koester
 Kara Kolomitz
 Adrian Korosec



Kimberly Kos
 Katie Kozal
 Scott Kramer
 Kathleen Kreiger
 Chris Kropp
 Scott Krueger



Cheryl Kubat
 Dawn Lamb
 John Lamke
 Scott Landen
 Jim Landry
 John Lane



James Lanssmaw
 Todd LaSala
 Heather Latwhiler
 Terrence Leff
 Chrissy Leff
 Brett Lee



Christina Lee
 Tammy Lee
 Cherie LeMay
 Sean Lemkuale
 Robyn Lievens



Sarah Love
 Paris Loye
 Robert Lung
 Mike Lynch
 Paul Mack
 Kathleen Mackin





Kendell Megers
Shannon Mahoney
Jerry Melie
Kevin Maloney
Stephen Meloney
Tare Mensuetti

Meureen Merte
James Marsh
Jenelle Martin
Terese Martinelli
Jill Martinez
Katie Mesterson

Gule Matero
Neomi Matsoshime
Mary Ellen Meurer
Nore McAndrew
Steven McCartney
Mike McClellon

Charlie McClusrey
John McDondel
Kelly McInerney
Kathleen McKee
Dan McMehon
Kelly McMehon



Freshman Success Improves Students Academic Performance

The Freshman Success program offered here at Regis College is designed in order to improve the academic performance of college freshmen. With the start of the new year, a retreat was organized to gather everyone in the program together for a weekend. The retreat itself was a success as was the school year for many of the students. These freshmen are students who have shown some evidence of sufficient ability to succeed in college, even though this ability may not have been demonstrated clearly in high school. The program is organized to give these students structure, guidance, and support necessary for a strong academic start. Regis College searches for these students who are ready to make such a commitment to their education.



Tutoring Program Aids Students

It was often a last resort. The tutoring program was a place where students went for help in various subject including economics, English, chemistry, and other subjects that sometimes proved to be difficult. While many students used the services many said they often had asked their professor or another classmate for help first before thinking of the tutoring program.

"When there was no one else in the halls or in my class I went to the tutoring lab for some extra help in my statistics class," sophomore Kathy Charles said. Although the tutoring program was helpful for miffed students, the writing lab served equally beneficial for students who had papers that needed to be evaluated in terms of content and grammar.

In the tutoring lab, which was a part of the computer lab, sophomore Robert Lung and John Finnley discuss a computer program.



Michael McMannis
Matt McMochan
Jody Meckley
Susan Melly
Jennifer Merkel
Melanie Merle



Matt Middendoff
Saroan Miller
Mark Miller
Wendy Miller
Ron Mills
Patrick Minogue



April Mitchell
John Mitchell
Mary Monazym
Carol Mondragon
Dawn Montano
Tony Montez



John Moolton
Noako Mori
Jeff Mortland
Dan Morton
Jennifer Moshez
Carlos Muhletaler





Mike Murrie
Vicki Mulhern
Ian Nal
Mike Napoli
Jason Nelson
Tom Newton

Kathryn Neuwirth
Michael Newquist
Jon Micogra
Kevin Nolan
Moury Notoury
Carmeliza Obana

Nancy O'Brien
Tim O'Connor
Jennifer O'Gara
Paul Otterbine
Brian O'Laughlin
David Olguin

Jeanine Olguin
Brian O'Neill
Remie Onyshczak
Chad Osborn
Jeff Owens
Jennifer Pagel

Patrick Paiuso
Jason Palecek
Deanne Parker
Jeff Pass
Lisa Pastore
David Patterson

Sam Patterson
Dave Patton
Michelle Peacock
Tim Pearce
Stephanie Pearson
Peter Perkins

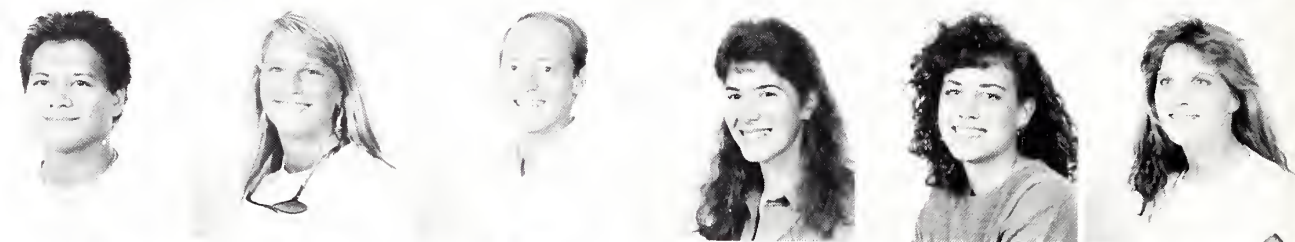
Gary Perry
Jennifer Perry
Sarah Pewitt
Michael Phillipart
Hung Pham
Laura Picon

Brian Pinder
Demi Pinello
Brian Pokorny
Brian Politz
Chris Pondella
Bridget Porter

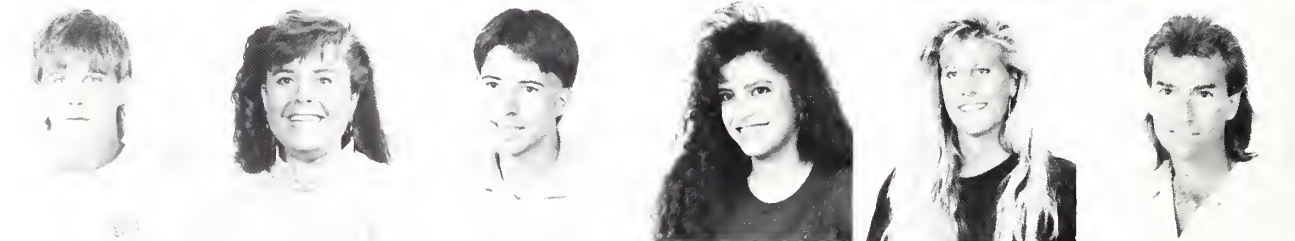
Joe Quadhamer
Gregory Quinones
Patti Quintero
Jennifer Radcliffe
Gayle Rafferty
Alfredo Ramirez



Javier Ramirez
Jennifer Ramsi
Arther Rea
Mary Redfern-White
Victoria Reuter
Anna Rice



Stan Richard
Kerrie Riley
Steve Rios
Claudia Rivero
Patricia Roach
Robert Roberts



Kristl Robertson
Keith Robinson
Dominick Rodriguez
Debbie Rohr
Stephanie Roller
Michael Rosenbach



Karen Roughton
Kathleen Rozmiarek
Ronnie Russell
Scott Ryan
Shannon Ryan
Deborah Saiz



Osmany Salas
Molly Samsan
Kristen Schasesing
Patty Schiesinger
Stefanie Seifer
Maggie Shanks



Cherylynn
Shaughnessy
Bill Sherman
David Shifo
Katherine Skarber
Regina Slaughter
Steven Smith



Will Smoak
Christle Snyder
Brian Sondire
Brendan Sommers
Mike St. John
Joseph Stall



son Special



Mary Beth Stalp
Scot Stevens
Greg Stofac
Debbie Stoffel
Brooke Stoyer
Eric Strange



Derek Strauss
Walter Stroesser
Wndy Strowbridge
Brian Stulfe
Karen Suy
Alicia Swanson



Brigid Swanson
Melissa Sweatt
John Sweet
Shannon Tacy
Charlie Tate
Bob Taylor



Miles Taylor
Paul Taylor
Tanette Terry
Derek Teter
Trang Tran
Keith Tiemeyer

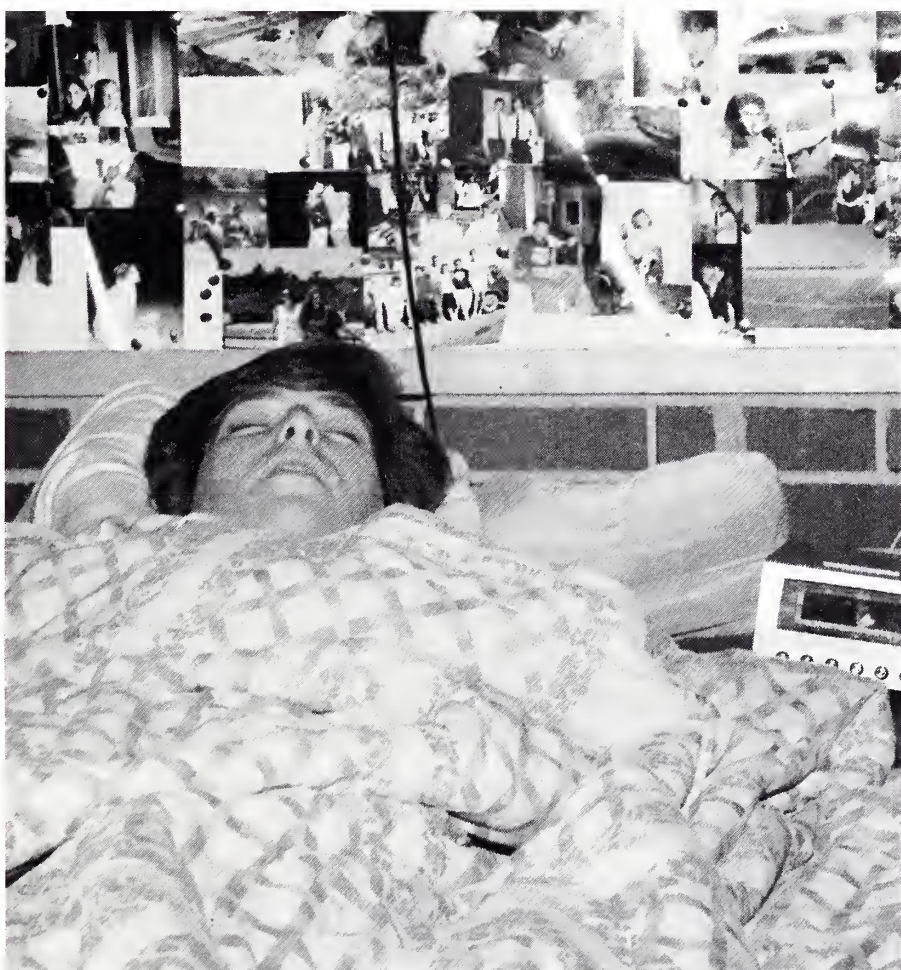
Students feel pressures of Z-policy

For some getting up and going to class on a Monday morning was no problem, but for others, the task was sometimes impossible. Many instructors this year used the Z-policy to entice students to come to class every week.

"I usually put off my homework until Sunday night, so when Monday morning rolled around a would over sleep and get counted absent," sophomore Mike St. John said. "Those absences add up unfortunately."

While most students eventually roled out of bed to catch class there were some students who were forced to drop the class because of scheduling conflict or they were afraid that they might get Z'd out.

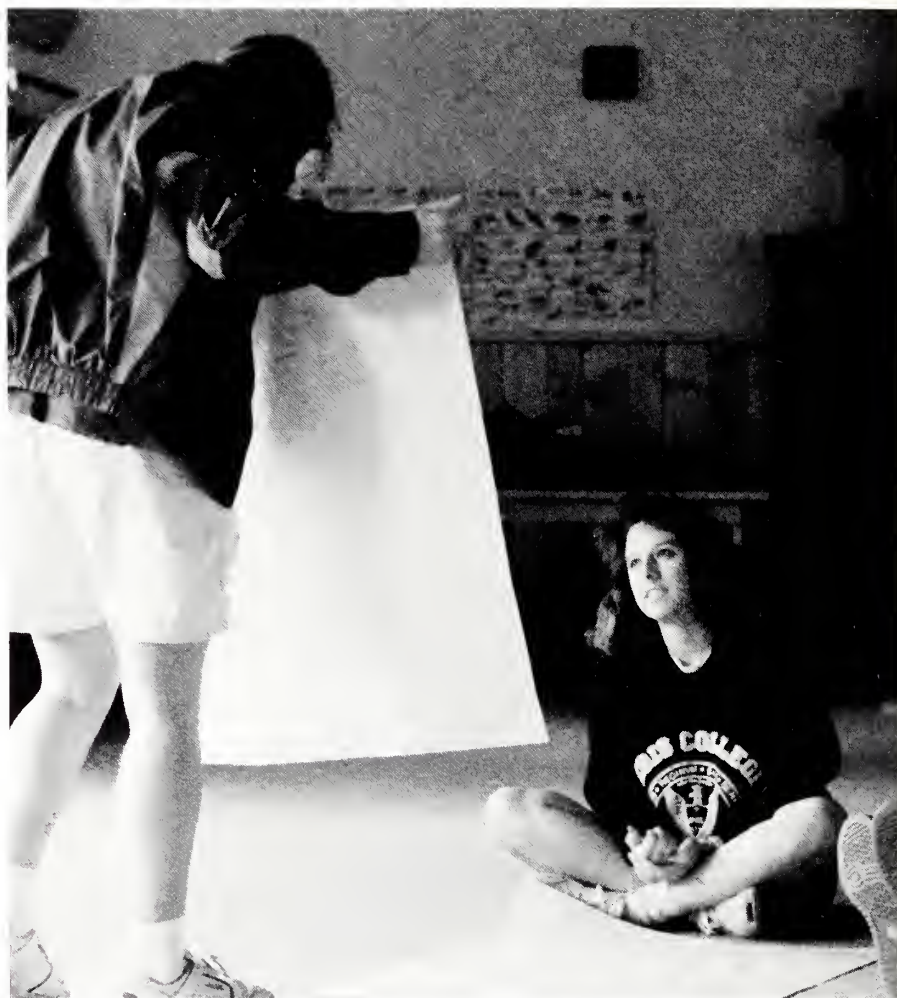
Completely unaware that his political science class is in the middle of an exam, sophomore Mike St. John ignores his alarm and oversleeps.



Retreats Offer Organizations a Chance to Plan and Reflect

Call it just another Jesuit tradition but Regis has been successful with quite a variety of retreats. The Executive Board and Campus Life structured a retreat at the start of this school year for all the leaders of our campus. Designed to set specific goals for this new year, the staff and students that attended were 'psyched' for Circle K International, Christian Life Community, and Forensics also held retreats in the mountains to kick off the school year. "It's nice to escape to such a beautiful part of the country and reflect on what I want to accomplish this year and to relax after such a busy and hot summer in Texas," Sophomore Kelly McInerney said. "These retreats are a nice break and it's great to see friends again from over the summer," Junior Joe Adducci said.

During the all campus leadership retreat held in August sophomore RA Patti Quintero listens to another student about an upcoming project to be presented to the rest of the group.



Jonathan Todd
Angie Toka
Amy Tolan
Kitty Tolkam
Heather Tovrea
Christopher Torres



Kenneth Torres
Whitney Taylor
Dianne Treat
Kimberly Treat
Michelle Treat
Christopher Trautmann



Chris Trost
Alisa Troaalo
Diana Tudor
Joseph Turok
Dan Vaguire
Elenore Valeruz



Steve Varhola
Jennifer Vandoren
Stacy Varney
Jill Vaughan
Ben Veltien
Daniel Vinnola

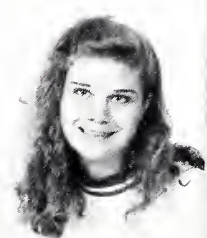
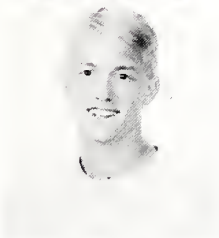




Kelly Vinnola
Shauna Vollmer
Jeannine Voss
Stacy Waichler
Annie Wallingford
David Walsh



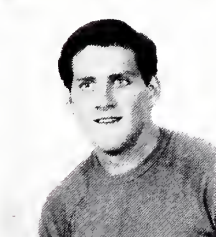
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George Ward
J.P. Weatherford
Paul Weil
Marie Welseth
Bret Weiler



Jeff Wentworth
Tim Wieser
Suzie Wiier
Sara Wilkiws
Maribeth Winston
Katie Winker

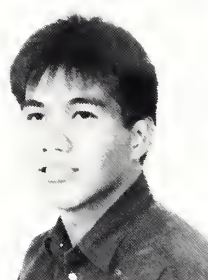


Jody Wissel
J.D. Winter
David Woessner
Shantel Woonsue
Erin Zastrocky
Rena Zompanis



Thomas Zummach
Craig Prentice
John Power
Stael Porter
Elizabeth Tennesen

Mary Jo Acke
Mike Adams
Peter Aguon
Christy Alonzo



Lee Anderson
Alex Argamasilla
Arden Baranowski
Aillen Barker



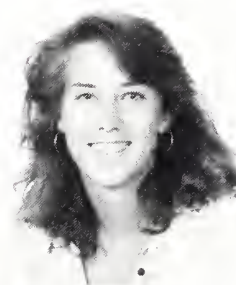
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Brian Boley
Christy Boone
Karron Brancio



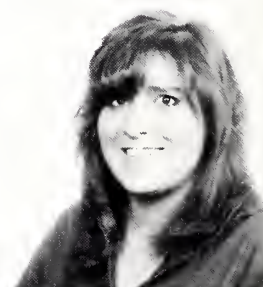
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Katie Browne
Kari Card
Kelly Carruthers

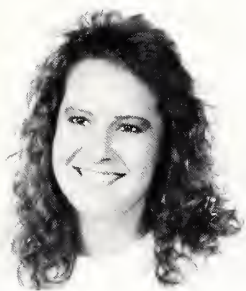


Mike Cavataio
Bob Chopyak
Tamara Clair
Steve Clemente

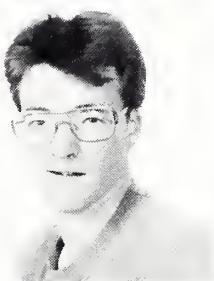


Dean Conley
Pat Crotty
David Cummings
Melissa Dito

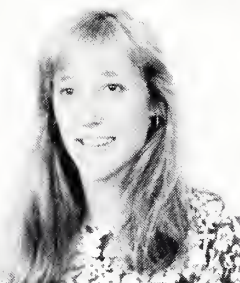




Valerie Dodrill
Andrea Dougherty
Marletta Eccher
Shellie Dyman



John Fannan
Gina Ferraro
Tim Flaherty
James Fleshe



Julie Ford
Lisa Gentile
Hilda Gomez
Kimi Glascock



Seniors Seniors Seniors Seniors Seniors Seniors Seniors Seniors Seniors Seniors Seniors Seniors Seniors Seniors Seniors Seniors

In A CLASS By Itself

Class of '90 Class of '90 Class of '90 Class of '90 Class of '90 Class of '90 Class of '90 Class of '90 Class of '90 Class of '90

Gabriela Gonzales
Liane Gould
Sue Granneman
Michael Hansen



Tim Hartigan
Andy Harris
James Hasegawa
Lisa Heaston

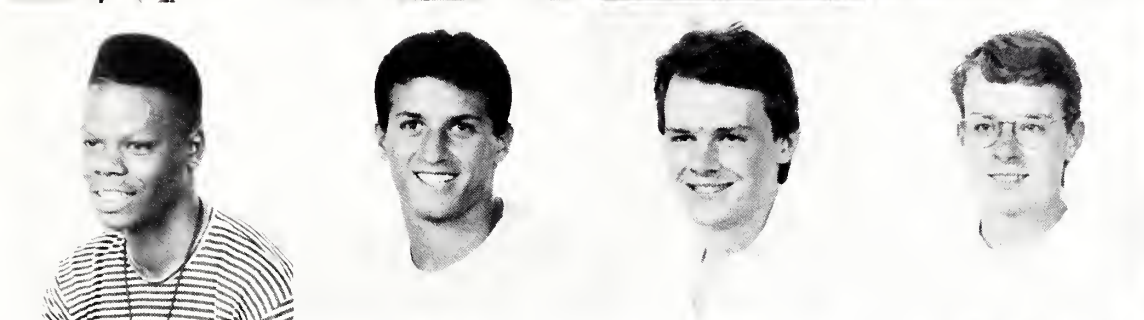


Tim Heiser
Joseph Hepp
Alan Hersefeld
Elisabeth Howard





Hrolf Avey
 Jeff Hoschitt
 Julie Jaszal
 Jeff Jacobucci



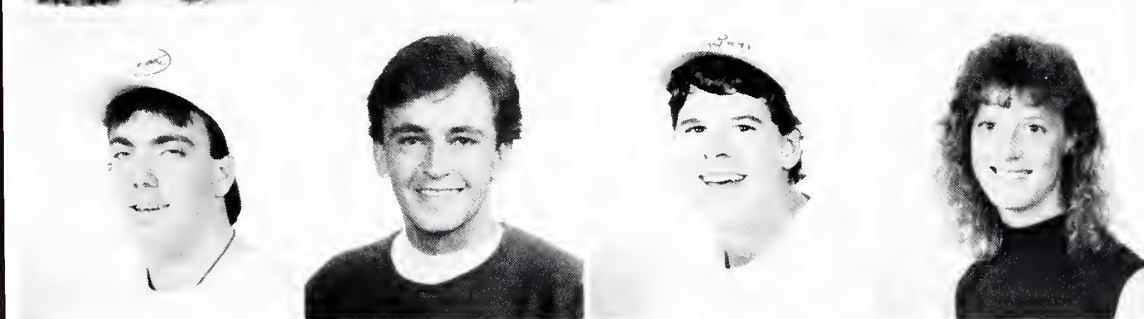
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 Chris Kaiser
 Kurtis Kelly
 Jeffrey Kelsh



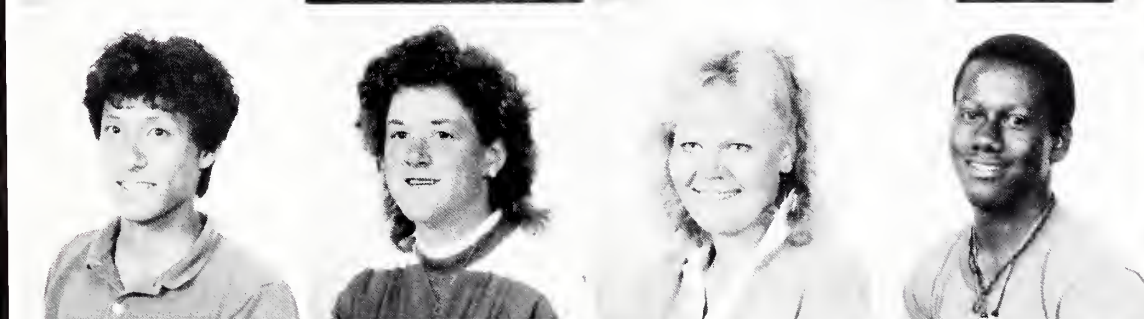
Kenneth Kirwin
 Elizabeth Kopecky
 Linda Lawinger
 Chris Lewis



Julie Lindhorst
 Pete Louree
 Renae Marschman
 Angelo Martinelle

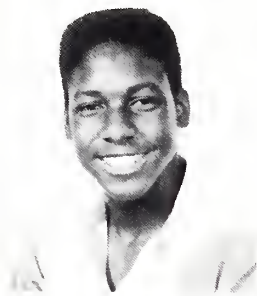


David Maude
 Brian McCrink
 Nicholas Meitjh
 Joanna Michaels



Etsuya Misawa
 Ann Mize
 Lisa Moore
 Crios Munnings

Darryl Ng-A-Qui
John Neuroth
Mike Newton
Christopher Nichols



Melissa Noon
Liz O'Flaherty
Janette Ortiz
Jeffrey Piburn



Chris Pieroni
Tammy Rolloff
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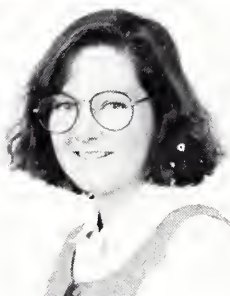
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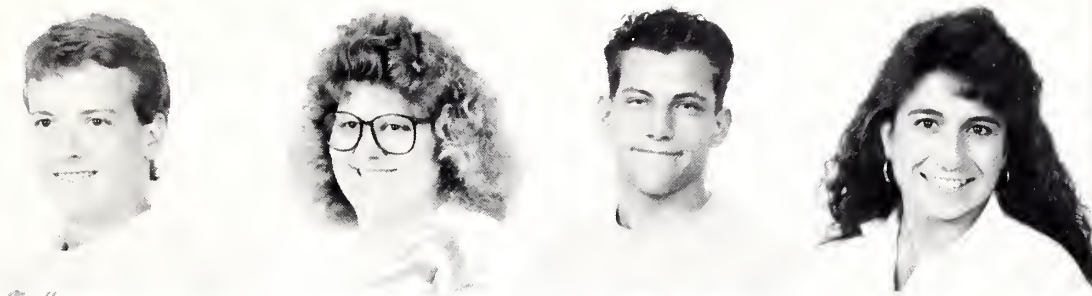


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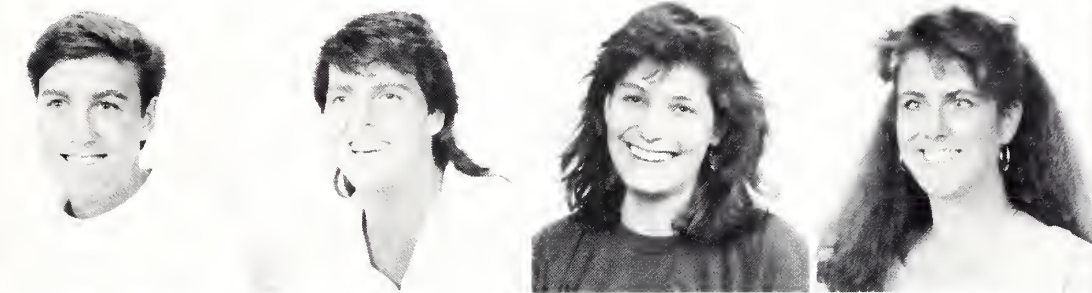


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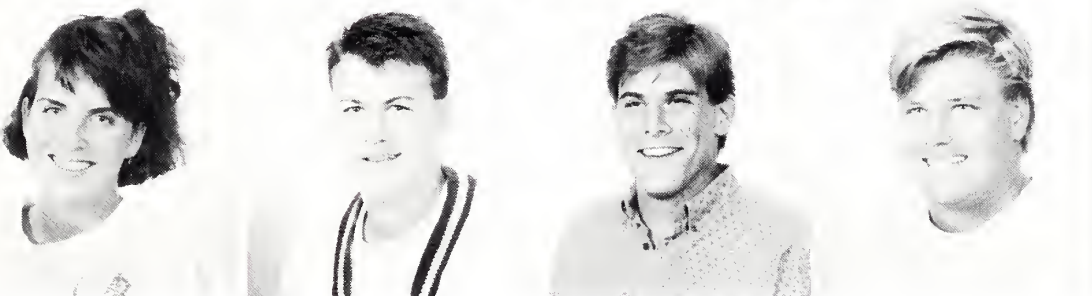




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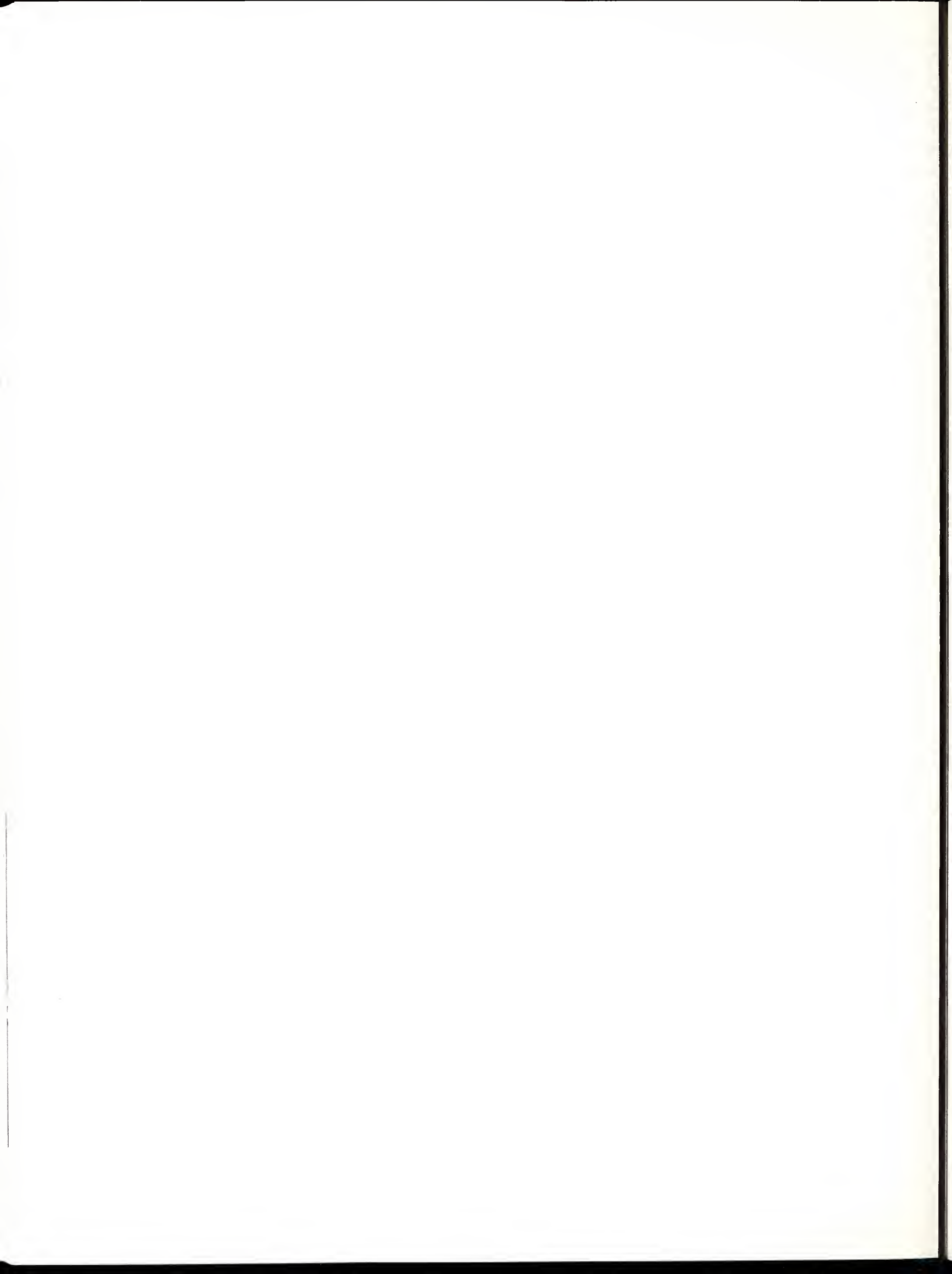
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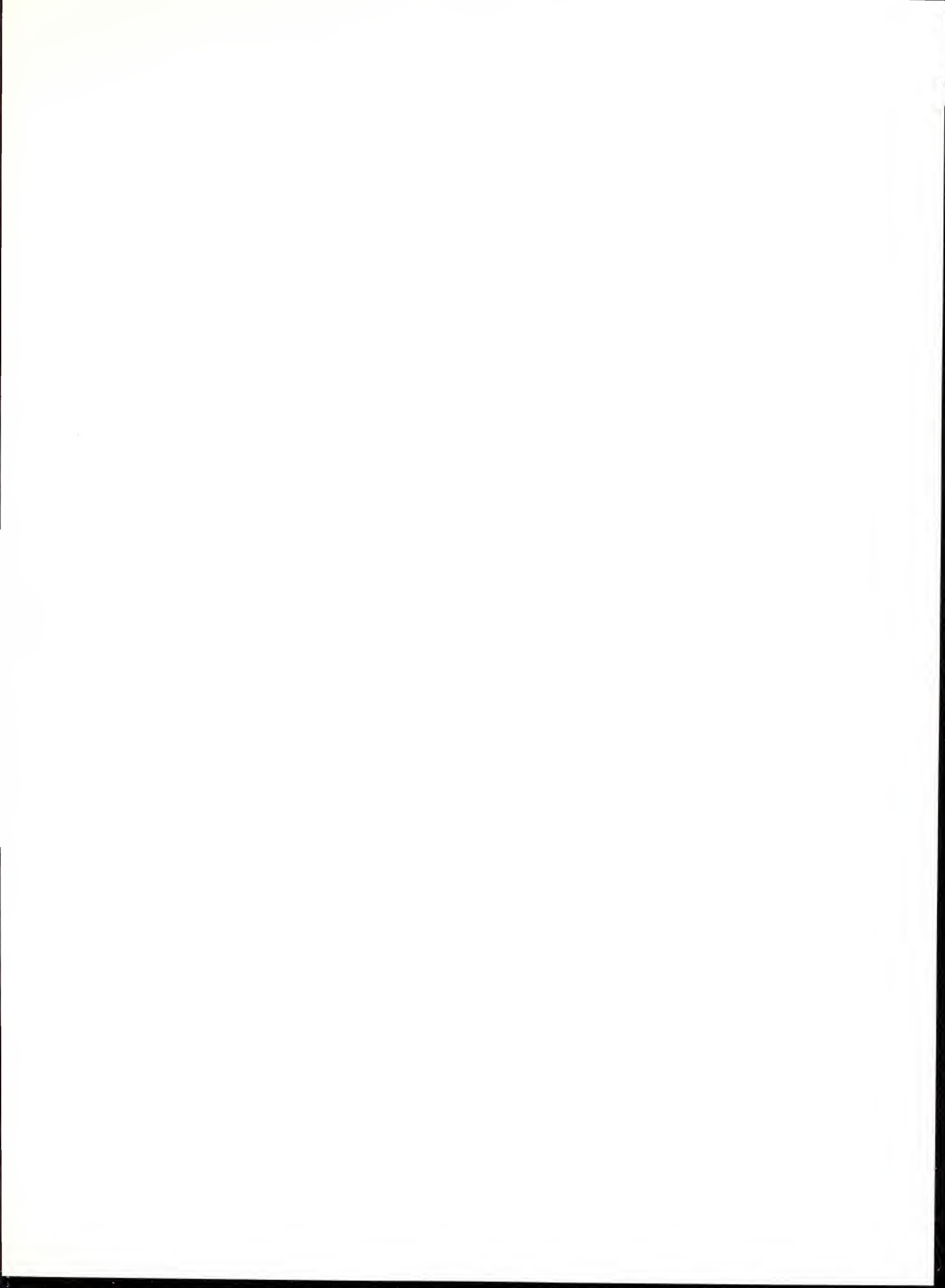
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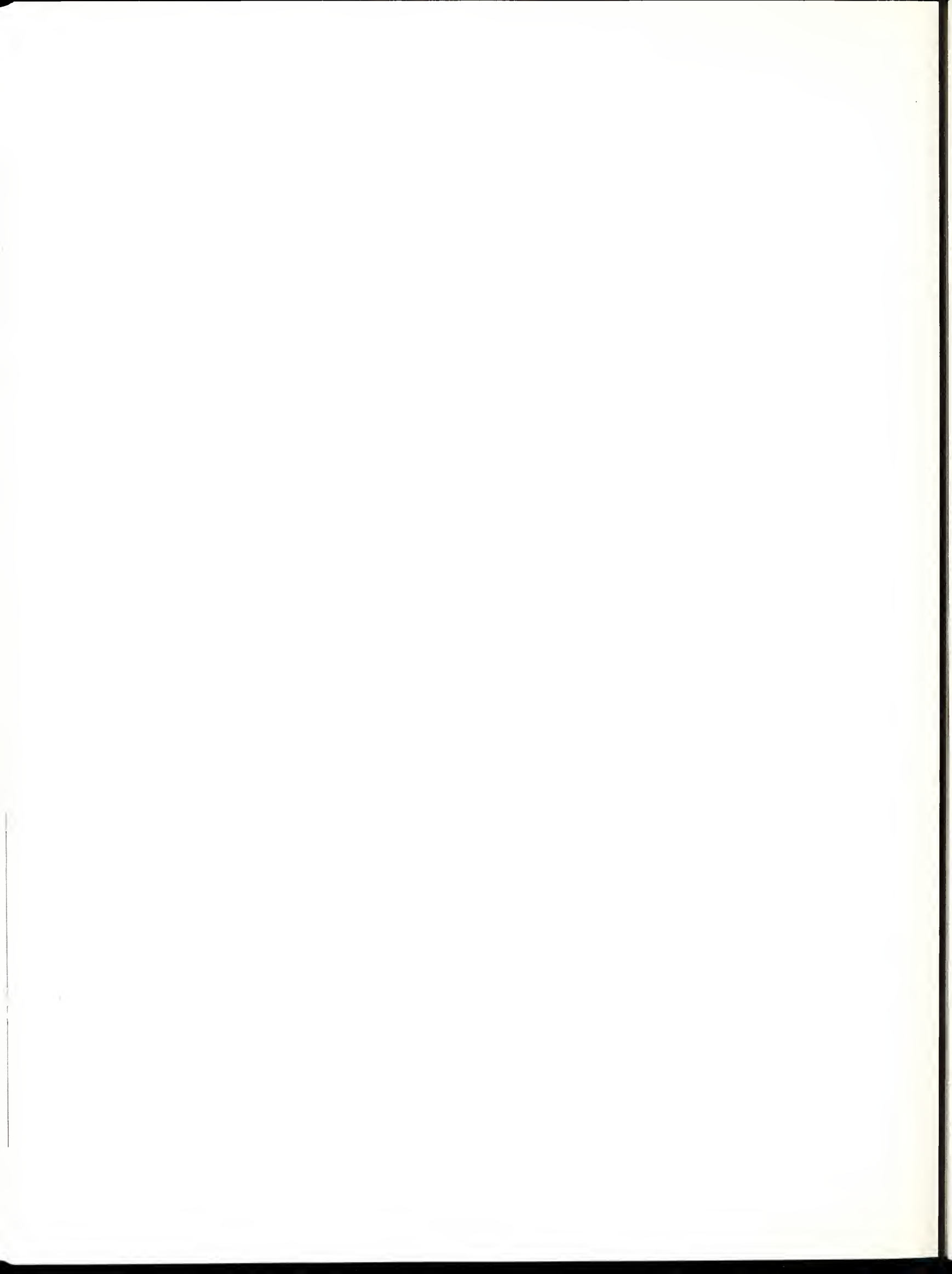
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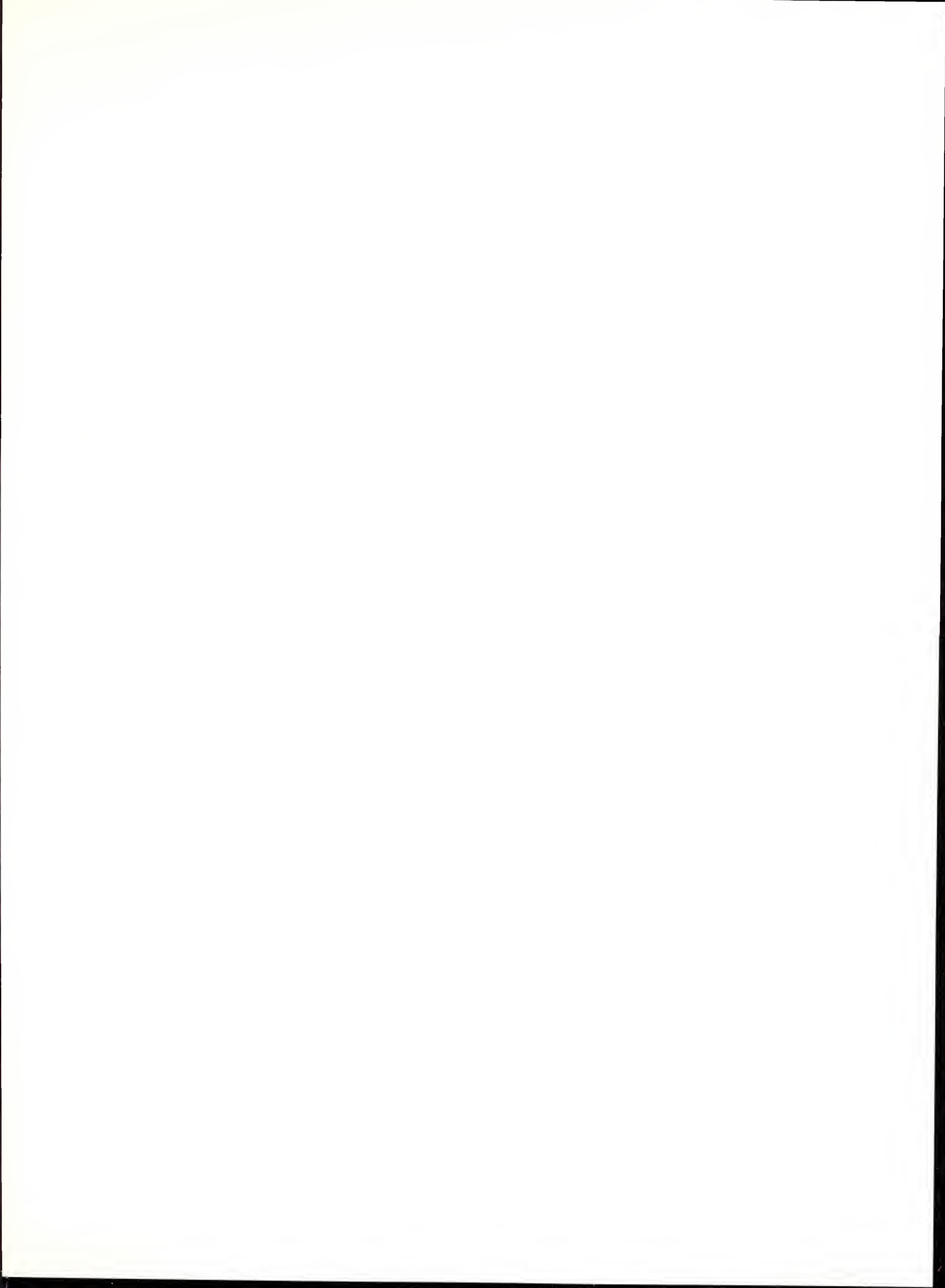
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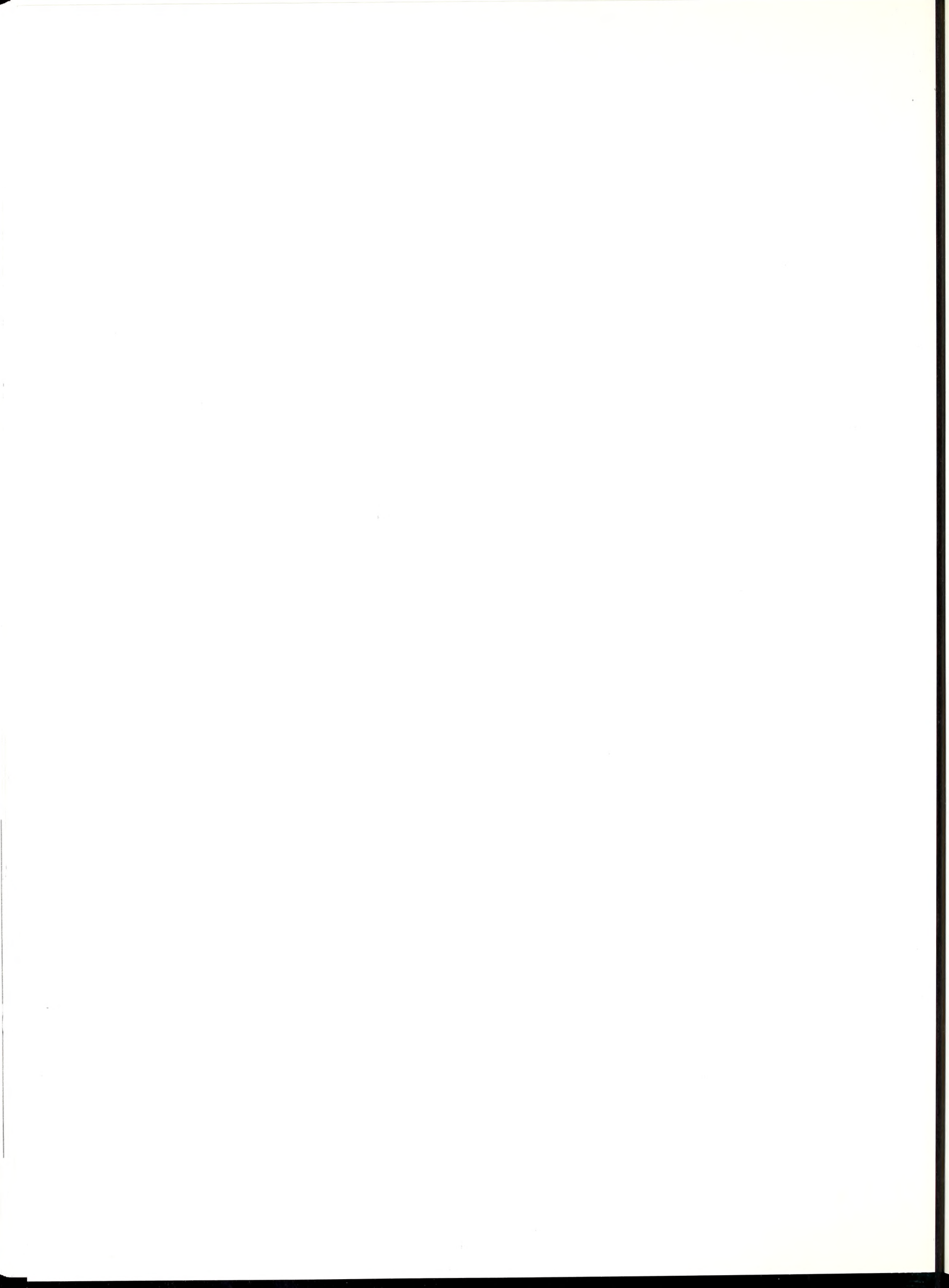
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